



AARUPADAI VEEDU MEDICAL COLLEGE AND HOSPITAL

Kirumampakkam, Puducherry-607 403.

Vinayaka Mission's Research Foundation (Deemed to be University)



Volume 2, Issue 2

Mar-Apr 2019



AVMC - Newsletter



International Women's Day was celebrated at Annapoorani hall, Aarupadai Veedu Medical College & Hospital

**Greetings from
the AVMC Newsletter Desk**

All suggestions to improve
AVMC - Newsletter are welcome.

Thought for the month

The pessimist sees difficulty in every opportunity.
The optimist sees the opportunity in every difficulty.

-Winston Churchill

Guest Lecture – Furtherance in Management of Myocardial Infarction

Vinayaka Mission's College of Nursing, Department of Medical Surgical Nursing organized Guest Lecture on “furtherance in management of myocardial infarction on 8th March 2019. The resource persons were Dr. R.N. Sechassayana, Assistant Professor, Department of General Medicine, and Dr. Raja, MD., Assistant Professor, Department of Accident & Emergency Medicine Emergency Medicine both from Aarupadai Veedu Medical College & Hospital, Puducherry.



Guest Lecture on Normalcy in Management of Pregnancy Induced Hypertension

The guest lecture was organized by Department of Obstetrics and Gynecological Nursing, Vinayaka Mission's College of Nursing on 10th March 2019 between 2- 4 pm. DR. DEEPA. S., MD., FMAS, Professor, Department of O & G, AVMCH, Puducherry gave a Guest lecture on “Normalcy in management of Pregnancy Induced Hypertension”.



The second internal meeting of Scientific, the scientific society of AVMC was held on 14.03.19. The programme started with welcome Address by the president and this was followed by the Secretary's report on “First internal meeting”. Med quiz was conducted by Dr. R. Niranjjan, Assistant Professor of Community Medicine. Dr. Niranjjan also presented his research paper on “Mobile phone usage and willingness to receive health care tips among patients with non- communicable disease. Dr. Suganya, Postgraduate from the Department of Dermatology demonstrated a novel procedure “Derma roller for acne scars” with a video. 3 case reports were presented by Dr. Partiban, Assistant Professor from Department of Psychiatry, Dr. Pratheep karthick, Postgraduate from the

Department of Surgery and Dr. Siva Narasimha reddy from the Department of Orthopaedics The Academic session was chaired by the President and judges, Prof. Dr. Raghupathy, HOD, Paediatrics, Prof. Dr. K. R.Srinivasan from Anatomy, Dr. Asokan, Associate Professor, Department of Pharmacology. University Exam toppers were felicitated at the end of the program and 2nd Scientific meeting concluded with vote of thanks by Dr. S. Deepa.



FDP on “How to teach AETCOM Module” & “How to conduct an effective FDP” was conducted by the MEU on 18th March 2019. Dr Asokan B R, Associate Professor, department of Pharmacology was the Resource person and Dr Mahalakshmi, Dean-HPE facilitated the program. Dr.Asokan.B.R, Associate Professor, Dept of Pharmacology detailed the tips and tricks of how to make lectures more interesting followed by a workshop by Dr.V.N.Mahalakshmi, Dean HPE.





CME on “WHAT IS NEW IN HAEMATOLOGY WITH SPECIAL REFERENCE TO BONE MARROW TRANSPLANTATION” was conducted by the **Departments of General Medicine and Pathology** on 20th March 2019. Dr. P. KOTESWARY, M.D., Professor & HOD of Pathology welcomed the gathering. Dr. S. VITHIAVATHI. M.D., Professor & HOD of General Medicine, introduced the Guest Speaker Dr. REVATHI RAJ, DCH, PLB, MRCP, FRCPath, Consultant Pediatric Haematologist, Apollo Hospitals, Chennai. PADMASHRI Professor Dr. T.V. DEVARAJAN M.D., FRCP, DSc, FICP, presented a short talk on “WHAT IS NEW IN HAEMATOLOGY WITH SPECIAL REFERENCE TO BONE MARROW TRANSPLANTATION” and inaugurated the program.



Faculty Development Programme on “How to teach AETCOM Module” & “How to conduct an effective FDP” was conducted on 22nd and 23rd March 2019 by the MEU. The resource person was **Prof. Dr.K.R. Sethuraman, MD,PGDHE, Dean, Faculty of Medicine, AIMST University, Malaysia.** Prof. Dr. K. R. Sethuraman explained the tips and tricks of “How to teach AETCOM Module” and “How to conduct an effective FDP” involving the participants with various active and interesting group activities .





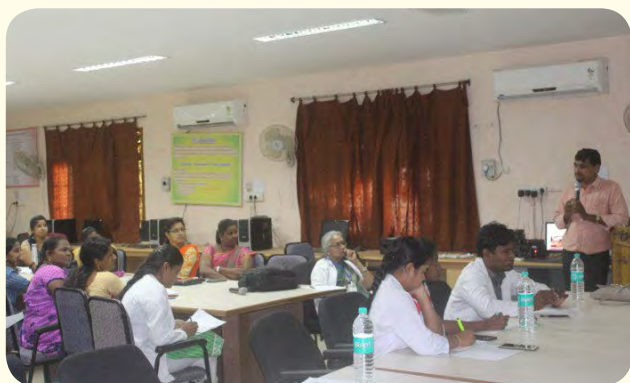
CME on “Neurophysiology of pain-Modern concepts” was organized on 23rd March 2019 by the Department of Physiology in collaboration with the Department of Anaesthesiology.





The program started with invocation song and lighting of lamp. Welcome address was delivered by Dr Lakshmi Jatiya, Professor, Department of Physiology and Presidential address was given by Dr V N Mahalakshmi, Dean-HPE this was followed by inaugural address by Dr Jayasingh, Medical Superintendent. Dr Gopinath, Associate Professor, Department of Physiology introduced the Guest Speaker Dr Neelambikai Natarajan, Professor, Department of Physiology, Meenakshi Medical College Hospital and Research Institute, Kanchipuram. Dr. Shanmugavalli, Assistant Professor, Department of Anaesthesiology; Dr. Suresh Rajkumar, Associate Professor, Department of Anaesthesiology were the other two speakers. Felicitation of the resource faculty was done by Dr Madanmohan Trakroo, Director-Center for Yogic Sciences, Dr Ezhilrajan, Professor and Head, Department of Anaesthesiology and Dr Susmita Mahapatra, Lecturer, Department of Physiology. Dr Madanmohan Trakroo also gave away the prizes to the academic achievers in Physiology. Program concluded with vote of thanks by Mrs. Hemlatha, Tutor, Department of Physiology and National Anthem.

Faculty Development Programme on “Microteaching” for FAHS Faculty was conducted on 1st April 2019. The resource person was Dr. Asokan B.R, Associate Professor, Dept of Pharmacology and was facilitated by Dr. Vijayalakshmi Lal, Prof, Emeritus, Medicine.



On behalf of Community Medicine Department IAPSM World Health Day 2019 Quiz competition was conducted all over India on 08/04/2019 and Dr. N. Nishanthini was the nodal person for our college. The theme for this year is Universal Health Coverage: Everyone, Everywhere. Elimination round was conducted on 02/08/2018 among MBBS students, in which 17 teams consisting of three students in each team participated. Four teams were selected for final round. Team A (Saravana Kumar, Seetharaman, Stanley.V.A.P) won the quiz competition.



The Department of Forensic Medicine organized a C.M.E. titled 'Consent in Medical Practice' on 09th April with Capt. Dr. B. Santhakumar, Guest faculty at Tamilnadu State Judicial Academy as the guest speaker and Dr. G. Shrikanthan, Professor and Head, Department of Forensic Medicine, AVMC&H, Puducherry, as the Internal Speaker.

The function was officially inaugurated by the Dean, Dr. M.K. Muralitharan. Members of the audience included faculties and clinicians from AVMC&H, guest faculties and residents from other Medical Institutes and the second-year MBBS students of AVMC&H.

The guest speaker and the Internal speaker spoke on the Principles of Consent, highlighting the history of consent and evolution of consent, transition from blanket consent to Informed Written consent, the component of the consent and the types of consent. They also explained how a valid consent should be obtained. The importance of taking consent, with respect to ethical and legal principles were also discussed.



The program concluded with a vote of thanks proposed by Dr. Ashok Nagaraj, Assistant Professor, Department of Forensic Medicine, AVMC&H, Puducherry, following which, the National Anthem was played.

Intern's orientation and training program was conducted in two phases on 26th March and 3-5th April 2019. The program was focussed on various aspects of internship viz. Hospital and infection control policies for Interns, Roles & responsibilities of an intern, health centers and camp activities, principles of written and verbal communication, rationale prescription of drugs and investigations, medicolegal issues and ethics.

The resource persons were Dr Muralitharan, Dean; Dr Jayasingh, MS; Dr Mahalakshmi, Dean - HPE; Dr B Kanchana, HOD, Surgery; Dr Prabhushanker, Professor, Medicine; Dr Vijayalakshmi, Faculty MEU, Dr Arunachalam, HOD, CM; Dr Sasmita Misra, HOD, Biochemistry; Dr Umadevi, Associate Professor, Pathology; Dr Kavita, AP, Microbiology; Dr Satish, MRD Medical officer; Dr Asokan, Faculty I/C MEU; Dr Shrikanthan, HOD, FM; Dr Narayanasamy, AP, Pharmacology.



Guest Lecture on “RECENT ADVANCES IN SURGICAL GASTROENTEROLOGY” was conducted by the Department of General Surgery on 22nd April 2019. Dr. R. Chandrasekaran, Professor & HOD of General surgery welcomed the gathering and Dr Jeyasingh, Medical superintendent gave the Presidential address. Dr. Mahalakshmi, DEAN- HPE , introduced the Guest speaker. Operative



procedure DVD album was released from department. Guest Speaker Dr. KALAYARASAN, Associate Professor, Surgical Gastroenterology, JIPMER gave a lecture on “RECENT ADVANCES IN SURGICAL GASTROENTEROLOGY”. He enlightened us with a knowledge on Robotic surgery.

Internal meeting of Scientific was organized on 25th April 2019. The meet started with Presidential address and Secretary’s report. Dr Deepa, Professor, Department of O&G conducted the Mediquiz. This was followed by presentation of 2 case reports by Dr Vikram, PG, Department of Surgery and Dr Varadharajaperumal, Assistant Professor of Pathology. Dr A Krishnamurthy, Faculty from the Department of Anaesthesia presented an interesting talk on Polypharmacy. Mr Deepak Kannan, MBBS student presented his research work.



International Women’s Day-19 was celebrated at Annapoorani hall, Aarupadai Veedu Medical College & Hospital on 8th Dr. M.K. Muralitharan, Dean, AVMC&H inaugurated and presided over the program.

Special speech was given by Dr. A. Agila, S.R. Pediatrics on Bharathiyum pengalum and Miss. Darmepriya Mahendran, Iyr MBBS student spoke on Bharathidasan and pengal. Around two hundred faculties and students participated in the program.

Dean also honored the women faculties and students of AVMC&H on this occasion. The faculties honoured were Dr. B. Kanchana, Professor & HOD, Surgery; Dr Koteswary; Professor & HOD, Pathology; Dr. Lakshmi Jatiya, Professor, Physiology, Dr Vijaya K, Professor & HOD, O&G; Dr. S. Vithiavathi, Professor & HOD, Medicine, Dr. Sasmita Mishra, Professor, & HOD, Biochemistry; Dr. G. Kalaiselvi, Assistant Professor, Department of Ophthalmology; Dr. Susmita Mahapatra, Tutor in Physiology; Dr. A. Agila, SR, Pediatrics; Dr. Deepthi, PG from Medicine; Miss. Vishnupriya, IV yr MBBS student and Miss. Darmepriya Mahendran, I I yr MBBS student.





The first monthly celebration of Thirukkural Semmal Na. Manimozhiyanar Muthamizh Aayam was held on 28.03.2019 from 3:00 pm to 4:00 pm at Annapoorani Hall under the Presidency of our Dean Dr. M.K. Muralitharan. Cultural programme was presented mainly by second year medical students. a song by Ms. Dharmapriya on Bharathiyar's "Chinnanajchiru Kiliye". Mr. Muralitharan gave a speech on "Tamil & Discipline". A skit was presented by Mr. Vignesh and group on "Manunithi Chozhan" and the protection of justice was done. This was followed by Tamil-Tanglish-English translation class on common words and sentences; 10 each was taught by Mr. Vignesh and Mr. Muralitharan to the students. Ms. Sreekanathal compered the whole program. Dean gave a short speech.



An intercollegiate quiz program for medical students on the topic of "Tuberculosis" was conducted on 29th March 2019 at AVMCH. The event was planned and organised by the Scientific society of AVMCH in association with the Departments of Pulmonary Medicine, Community Medicine and Microbiology under the auspices of Revised National Tuberculosis Control Program (RNTCP). 37 teams from colleges in and around Pondicherry participated including JIPMER, AVMCH, IGMCRI, SLIMS, SMVMCH, Venkateswara, SSSMCRI, PIMS. There were 3 participants per team. A preliminary round - MCQ based was conducted and the 5 top scoring teams were selected

for the finals. The finalists included 2 teams from JIPMER, one each from AVMCH, IGMCRI and PIMS. The final round of the quiz had 7 rounds ranging from Microbiology, ATT drugs, clinical features, radiology, history of the disease and rapid fire. The quiz was hosted by Dr Madan, Associate Professor of Pulmonary Medicine and Dr Niranjana, Assistant Professor of Community Medicine. The program saw enthusiastic participation from the finalists as well as from a houseful of audience. JIPMER bagged the first prize followed by IGMCRI and PIMS. The winners received cash prize and textbooks in Chest Disease and trophies. Dean HPE, AVMCH - Dr Mahalakshmi and Dr Oudeakumar, President, Scientifique forum presented the awards to the winners.



Students wellness programme was inaugurated by Dr.M.K.Muralitharan,M.S.,M.Ch.,(Neuro) Dean, on 13.04.19. **Dr.Vijaya. K. MD. Professor and Head, Dept. of Obstetrics & Gynaecology** presented the key note address. **Dr. M. K. Muralitharan, Dean** gave presidential address about the programme and explained in detail about the student's difficulties in the medical profession and how to face all the challenges.





VIP visit to AVMC Campus

Two senior dignitaries from Naresuan University, Thailand, with whom we have signed an MoU, visited our campus on 12th April,2019.

Dr. Sukruedee Sukchai, Advisor, SGtech, and Dr. Tawat Suriwong, Vice Director for academics., SGtech,

They visited the Central Research Laboratory, Audiology and Speech therapy departments.

Discussions took place with Dean, Dr Muralitharan, Dean- HPE, Dr Mahalakshmi, Medical Superintendent Dr Jaya Singh, RMO, Dr Prabushankar and Vice Principal, Dr Rajan regarding possible student and staff exchanges in future. Other areas and avenues for collaboration including academic exchange programs and multicentric research opportunities were also discussed. The team from AVMC was led by Dean - HPE, Dr Mahalakshmi accompanied by Dr Ravikumar, Research scientist, AVMC, Dr Giri from head office, and Dr Ratan from AVIT.



AVMC organizes Book Fair

The book fair was organized for three days from March 14th to 16th '19 at first floor of Library between 9 a.m and 6 p.m every day. The book fair was inaugurated by former Dean Dr. B. Kanchana, Professor & HOD, Department of Surgery. Books of various genres and publishers were displayed in the hall and provision for elaborate browsing and on-spot purchasing at attractive discounted prices was programmed. The publishers of special mention who decorated the book fair included JAYPEE publishers, Wolters Kluwer, New India book house and South India book stalls, Elsevier publishers, Scholastic, Nanmozhi Padhipagam and various regional books from renowned vendors. Over 600 readers including students (medical, FAHS and nursing), faculty and staff visited the book fair.



Glaucoma Awareness Rally

Department of Medical Surgical Nursing, VMCON organized Glaucoma awareness rally on account of glaucoma week in collaboration with Aravind Eye Hospital and JIPMER, Puducherry on 10.03.2019. The rally was flagged off by Dr. Ashok Badhe, Medical Superintendent, JIPMER.



Earth Day Celebrated





From the Editor's Desk...



Dear Readers,

I am very happy to bring out the 2nd issue of the year 2019. This is the second year for our newsletter. It would not have been possible but for your help and guidance. At this juncture I would like to thank all the contributors for their continued support. Our heartfelt congratulations are also due to all the award winners, researchers and faculty members attending various Workshops and Conferences as resource person. We are eager to hear more good news along these lines.

Best Wishes and thank you in advance for your contributions.

Warm regards

Dr Lakshmi Jatiya

Patrons

Dr. A. S. Ganesan, Chancellor
(VMRF, Deemed to be University)

Dr. Anuradha Ganesan, Director
(VMRF, Deemed to be University)

Advisor

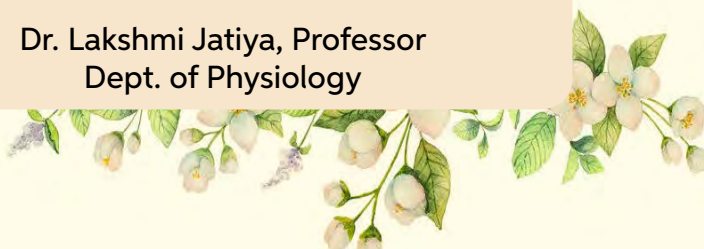
Dr M K Muralitharan, MS, MCh (Neuro)
Dean, AVMC & H

Dr Mahalakshmi VN, MS, MCh (Paed. Surgery)
Dean-HPE, AVMC & H

Dr Jayasingh K, MD (Medicine)
Medical Superintendent, AVMC & H

Editor

Dr. Lakshmi Jatiya, Professor
Dept. of Physiology





Awards & Achievements

1. Padmashri Dr T V Devarajan, Emeritus Professor, Department of Medicine was interviewed by THE DENTCARE magazine and published his article.
2. Padmashri Dr T V Devarajan, Emeritus Professor, Department of Medicine has been invited as a Key Speaker by Global Tamil Entrepreneurs Network (GTEN) being held at Illinois, USA on 6th July 2019.
3. Dr. R. Sivaraj, Prof and HOD, Department of Pharmacology received Life time achievement award 2019 on 8th March 2019.
4. Dr. R. Sivaraj, Prof & HOD, , Department of Pharmacology received Life time education achievement award 2019 on 08.03.2019.
5. Dr. R. Sivaraj, Prof & HOD, Department of Pharmacology published a book titled “Modern Pharmacology.”
6. Dr. R. Balaji, Assistant Professor, Center for Yogic Sciences participated as resource person in the Yoga Certification Examination Preparatory Workshop 2019, held on 10 March 2019 at Yoganjali Natyalayam, City Center of Ananda Ashram, Pondicherry.

UPCOMING EVENTS



AARUPADAI VEEDU MEDICAL COLLEGE & HOSPITAL
 Vinayaka Mission's Research Foundation
 (Deemed to be University)
 Puducherry - 607 403.



With the divine blessings of the Founder Chairman and with the benevolence of Honorable Chancellor, Madam Chancellor, Management, Dean, Faculty and staff of AVMC

Preclinical Departments Organize Intra Collegiate Competition on Model Making

in Anatomy, Physiology and Biochemistry

Prize and Medal

Over all

1st prize :Rs 2000/-

2nd prize :Rs 1000/-

3rd prize :Rs 500/-

Subject wise

Medal for Winner and Runner in each subjects other than over all first three winners.



Venue: Dissection hall - Anatomy Dept, Practical Lab - Physiology and Biochemistry, AVMC&H

Date: 27.05.2019

Time: 11.00 AM to 01.00 PM



**AARUPADAI VEEDU
 MEDICAL COLLEGE & HOSPITAL**
 VINAYAKA MISSION'S RESEARCH FOUNDATION - Deemed to be University



HANDS ON TRAINING IN REAL TIME PCR & ITS APPLICATION IN MOLECULAR DIAGNOSTICS

July 3rd - 4th 2019
 Venue: Center for Biomedical Research, AVMC, Puducherry

Jointly organized by
 Multi-disciplinary- Center for Biomedical Research, AVMC, Puducherry
 & Helini Biomolecules, Chennai

The two-day workshop focuses on the basis of quantitative PCR (qPCR) followed by their application in early clinical diagnosis of viral/ bacterial/ fungal diseases and Human Single Nucleotide Polymorphism detection.

In this workshop, technical talks and the hands-sessions will be conducted by experienced specialist. This workshop is suitable for clinicians, scientist, researchers and students.

Day
 1

Real time PCR or Standard PCR based early diagnosis of viral/ bacterial/ fungal diseases

Day
 2

Human (SNP) Single nucleotide Polymorphism detection

REGISTRATION DETAILS

2
 Days

Early Bird registration
 ₹ 3500

Normal Registration
 ₹ 4 500

Early bird registration
 deadline
 17th May
 2019

Register online

Register online

Email ID

principalscientist@avmc.edu.in

Organizing Committee

Dr. Sambandam Ravikumar
 Organizing Chairman
 8754764770

Dr. R. Jawahar
 Co ordinator

Mr. R. R. Kumar
 Organizing Secretary

2
 Points
 CME credit hours will be awarded by Tamilnadu Medical Council & CME credit points by Tamilnadu Dr. MGR Medical University

REGISTRATION ON FIRST COME FIRST SERVED BASIS