



AARUPADAI VEEDU MEDICAL COLLEGE & HOSPITAL

(Vinayaka Mission's Research Foundation - Deemed to be University)

Cuddalore Main Road, Kirumampakkam, Puducherry - 607 403.



Volume 1, Issue 6

Nov-Dec 2018



AVMC - Newsletter



Graduate Reception Day celebrated on
14th November 2018.

**Greetings from
the AVMC Newsletter Desk**

All suggestions to improve
AVMC - Newsletter are welcome.

Thought for the month

Together Everyone Achieves More

Dr. A. S. Ganesan, Chancellor, VMRF, Dr. Anuradha Ganesan, Director, VMRF, Dr Poonavaiko - Provost, VMRF, Dr. P.P. Mathur – Chief Guest and Dr Chokalingam – Guest of Honour were the luminaries at the Graduate Reception Day Function.

Other guests who were present for the program were Mr Rajavelu, Ex-Government Whip, Puducherry, Mr Suresh Samuel, Advisor, VMRF, Salem; Dr Aditya, CTO; Dr Meenakshi Sundaram- Dean, FAHS and Dr Shanker, Principal, AVIT, Chennai.

Dr Kaveri Sharma was the Master of Ceremony.

The dignitaries on the dais headed by Dr Anuradha Ganesan lit the lamp.

Dr Jayasingh welcomed the dignitaries, parents, graduates and Faculty members.

Dr PP Mathur gave the Convocation addressed. He was introduced by Dr Vithiavathi, HOD, Department of Medicine. Dr Mathur stressed on Good medical care practices and need for quality research and innovations. He enthused the graduates with new hope and passion for the profession.

Dr Chokalingam gave an interactive video presentation on lifestyle modifications for a healthy living. His talk was well appreciated by all.

Dr PP Mathur and other dignitaries on the dais presented the scrolls to the graduates. 10 Postgraduates and 115 Undergraduates from the 12th and 13th batch of MBBS graduates received their degrees. Dr Lakshmi Jatiya, Professor of Physiology administered the Hippocratic pledge onto the Graduates.

Achievers in University Examinations received Gold and Silver Medals from Dr Anuradha Ganesan, Director, VMRF, Salem.

The Best outgoing student was Dr Sargunan from 13th batch.

The program came to an end with vote of thanks by Dr H Palaniswamy, Vice Principal and National Anthem.



Alumni Meet was organized on 14th November 2018 at 3PM.

Dr. A. S. Ganesan, Chancellor, VMRF, Salem and Dr Anuradha Ganesan, Director, VMRF, Salem were welcomed by Dr B Kanchana, Dean. Dean also welcomed the Dignitaries on the dais – Dr. Jayasingh, Medical Superintendent, Dr. R. Maharaja, MCI Co-ordinator, Dr. P. Chellapillai, Professor, Medical Oncology and Dr. Poongothai, Assistant Professor and Secretary, AVMC Alumni Association.

Dr. A. S. Ganesan, Chancellor, VMRF, Salem gave the presidential address. He shared the nostalgic memories about his Alumni Meet. He also emphasised the importance of Alumni meets as it provides a platform for academic exchange and excellence. He also announced that soon a website will be launched where the alumni will be able to update their details from time to time.

Dr. Anuradha Ganesan, Director, VMRF, Salem gave Chief Guest address. She also announced that next meet will be planned in a grand manner with both academic and cultural program.

Both Dr. A. S. Ganesan and Dr Anuradha were very much excited to meet the graduates and their families.

Dr Vithiavathi, HOD, Department of Medicine was thrilled to share her memories about this batch of alumni. She also expressed her happiness by announcing that AVMC students are doing well in academic arena where few students have already joined AVMC as faculty while others are pursuing post graduation and post doctoral courses in Institutes of repute.

Dr Aditya and Dr Shobana were very much exhilarated and moved when they came to the dais to share their student days in AVMC and thanked the faculty members for shaping their carrier.

Dr Poongothai thanked the gathering.





CMEs & Workshops organized at AVMC

Department of Dermatology, Venereology & Leprosy conducted a CME on “Acne & its management” on 4th December. Dr. P. Oudeacoumar, Professor and Head, Dept of DVL addressed the gathering. Presidential address was given by Dr Jayasingh, Medical Superintendent.

Dr. Govardhan J, Associate Professor, AVMC delivered a lecture on “CLINICAL TYPES OF ACNE” and Dr. K. Damayandhi, Assistant Professor, AVMC spoke on “BIOLOGY OF SEBACEOUS GLAND”. The guest speaker Dr. C. Udayashankar, Professor and Head, Department of DVL, IGMC & RI gave a presentation on “MANAGEMENT OF ACNE”. The program concluded with an interactive session.



Department of Biochemistry organized CME on the topic ‘Approach to Acid Base Disorders’ on 12th December 2018. The guest speakers were Dr. H. Nandeesh MD, DNB, Additional Professor, Dept of Biochemistry, JIPMER who spoke on the topic ‘Essentials of Acid Base Balance’ and Dr. Sandeep Kumar Mishra, MD, Additional Professor & HOD, Dept of Anesthesiology, JIPMER and Dr. Ajay Kumar Jha, Assistant Professor, Dept. of Anaesthesiology, JIPMER who gave a lecture on “Approach to Acid Base Disorders.”



Departments of General Medicine & General Surgery conducted a CME on “HEART – LUNG TRANSPLANTATION” AN UPDATE on 6th December 2018. **PADMASHRI Professor Dr.T.V.DEVARAJANMD.,FRCP.,DSc.,FICP.,** presented a short talk on History of Cardiology. Dr. T. SUNDER [MS (Gen) FRCS (Eng) FRCS (Cardiothoracic) FCCP (USA) FIMSA], Senior Consultant Cardiothoracic & Heart Lung Transplantation Unit, Apollo Hospitals, Chennai shared his impeccable knowledge in the field of transplant surgery. Highlights of his lecture included the history of transplant surgery.



FDP

Medical Education Unit organized and conducted A FDP on “Assessment Tools in Medical Education” on 13th and 14th December. Dr. V. N. Mahalakshmi, Dean HPE in the inaugural speech requested active involvement of faculty in MEU activities. She emphasized that Medical education is trending towards a scientific approach in curricular development, teaching Learning activity and assessment methods. Group dynamics and ice breaking was done by Dr. Shrikanthan, HOD, Department of Forensic Medicine. This was followed by talk on “Principles of Assessment” by him. “BLUE PRINT OF ASSESSMENT” was taken by Dr. V. N. Mahalakshmi. “Principles of question paper setting” was taken by Dr. Sasmita Misra, HOD, Department of Biochemistry. The talk on “The principles of OSCE & OSPE” was delivered by Dr. B. R. Asokan, Associate Professor, Pharmacology. Dr. V. N. Mahalakshmi also took the session on “Setting up of OSCE”. “Principles of Microteaching” was taken by Dr. Ilankathir, Associate Professor, Department of Anatomy. Dr. Umadevi K. P. enlightened on the topic of “Long answer questions–Do’s and Don’ts” and Dr. J. Govardan delivered a lecture on “Short answer questions–What and HOW”. 28 faculty attended and were benefitted from the FDP.



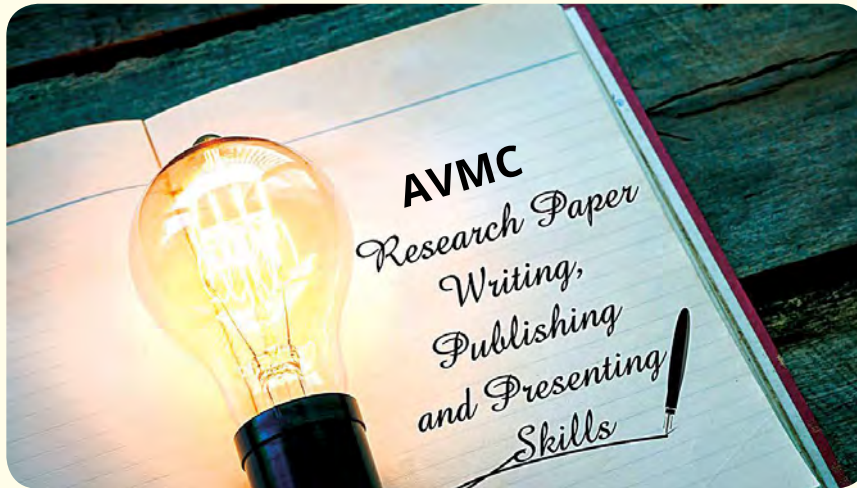


New Facility created

Yoga therapy program was inaugurated at OPD block of Aarupadai Veedu Medical College and Hospital on 28th November. Professor Madanmohan, Director, Center for Yogic Sciences addressed the gathering. He said that yoga is an ideal means to improve non-communicable chronic disorders that account for more than 60% of health care budget and whose incidence is increasing by the day. Stress and stress disorders are the bane of modern man and yoga is the most effective means to prevent and manage daily stress and stress disorders. Dr. Aditya, Chief Transformation Officer also took part in the event. He said “Perfect health includes physical, mental, social and spiritual well being and this can be achieved by combining yoga and modern medicine.”

Professor Jayasingh, Medical Superintendent highlighted the role that yoga can play in chronic disorders like diabetes and hypertension. Professor Vijaya Koothan, Head of the Department of Obstetrics and Gynecology informed the patients that yoga therapy sessions would be held in the Department of Obstetrics and Gynecology daily from 10 AM – 1 PM. Highlight of the program was demonstration and practice session on Jattis, the preliminary yogic techniques by Dr. Balaji and Artchoudane.





Papers published

1. Evaluation of the Impact of an Additional Teaching Module Developed for Issuing Wound Certificate. Dr. G. Shrikanthan, Dr. Senthil Kumaran M. Journal of Indian Academy of Forensic Medicine. July - Sep 2018. Volume 40, Issue 3. ISSN: 0971-0973.

Faculty as Resource person in Conferences

1. Dr. G. Shrikanthan, Professor & HOD, Department of Forensic Medicine was the chairperson for the Horizontal and vertical integration teaching on the topic of 'Food Poisoning' organized on 10th November.
2. Dr. Prasad T, Dr. Harsha Vardhan Reddy, Dr. G. K. Poongothai, Dr. Benjy Tom Varghese Assistant Professors from the Departments of Community Medicine, General Medicine, Microbiology and Forensic Medicine respectively were the resource persons in Horizontal and vertical integration teaching on the topic of 'Food Poisoning' organized on 10th November.
3. Dr. P. Koteswary, Professor & HOD, Department of Pathology chaired a session at IAPM conference in Salem on 17th and 18th November on the topic "Squash cytology in CNS tumors and histopathology.
4. Dr. R. Balaji, Assistant Professor, Center for Yogic sciences was invited as a Jury for 33rd Pondicherry State level Yogasana Competition organised by Pondicherry Yogasana Association (PYA) on 17 & 18 November.
5. Dr. M. K. Muralitharan, Dean and Dr. Mahalakshmi, Dean-HPE participated in BOS meeting at VMRF, Salem from 10th to 11th December.
6. Dr. T Rajan, Prof & HOD - Anatomy, Dr. H Palaniswamy, Prof & HOD - Physiology, Dr. Lakshmi Jatiya, Professor - Physiology, Dr. Prabhushanker & Dr. Ramya, Professors - Department of Medicine, Dr. Latha, Professor - Microbiology, Dr Srikanthan, Prof & HOD - FM, Dr. Vijaya, Prof & HOD - Obs & Gynae, Dr Asokan, Associate Professor - Department of Pharmacology, Dr. Kotiswary, Prof & HOD - Pathology, Dr. Venkatachalam, Associate Professor - Surgery participated in BOS meeting at VMRF, Salem from 10th to 11th December.
7. Dr. Mahalakshmi, Dean-HPE was resource Person for conducted FDP Workshop on 'Assessment Tools in Medical Education' on 13th and 14th December.
8. Dr. Mahalakshmi, Dean-HPE conducted a program for students on "Value of doing ICMR-STs projects" on 13th December.



9. Dr. G. Shrikanthan, HOD, Department of Forensic Medicine was a resource person in Medical Education Unit conducted FDP Workshop on 'Assessment Tools in Medical Education' on 13th and 14th December.
10. Dr. Madanmohan was invited as special guest for International Symposium on Yoga therapy organized by Centre for Yoga Therapy Education and Research, Sri Balaji Vidyapeeth on 11th and 13th December.
11. Dr. R Balaji spoke on "Adjuvant yoga therapy may be renal protective in patients of diabetes: a randomized control trial" at International Symposium on Yoga therapy organized by Centre for Yoga Therapy Education and Research, Sri Balaji Vidyapeeth from 11th - 13th December.
12. Mr. S. Artchoudane spoke on "Effect of yoga therapy on pulmonary function and quality of life of COPD patients" at International Symposium on Yoga therapy organized by Centre for Yoga Therapy Education and Research, Sri Balaji Vidyapeeth from 11th - 13th December.
13. Dr. Mahalakshmi, Dean-HPE organized Enrichment Program for clerical staff on effective use of MS office tools from 26th – 31st December.
14. DR M K Muralitharan, Dean, Dr. Mahalakshmi, Dean-HPE, Principals of Nursing- Mrs. Muthamilselvi, Physiotherapy – Mr. Muralishankar & Audiology – Dr. Amirthavarshini, attended the Governance Workshop organised by the Human Resource Development cell of CMRF at Salem on 17th December.
15. Dr. Mahalakshmi, Dean-HPE participated in BOS for PG Studies on 18th December.
16. Dr. Mahalakshmi, Dean-HPE took part in PG Training committee meeting on 21st December.

New appointments



Dr M K Muralitharan, MS, MCh (Neuro) was appointed as Dean, AVMC & Hospital on 26.11.2018.



Dr Jayasingh K, MD (Medicine) was appointed as Medical Superintendent AVMC & Hospital on 31.10.2018.



Dr Mahalakshmi VN, MS, MCh (Paed. Surgery) was appointed as Dean-HPE AVMC & Hospital on 05.12.2018.

Additional Responsibilities

Dr T Rajan, HOD, Anatomy was given the additional charge of Vice Principal.

Dr H Palaniswamy, HOD, Physiology was given the additional charge of Academic Officer.

Dr Prabhu Shankar S, Professor, Department of Medicine and **Dr Bharath**, Associate Professor, Department of Orthopedics were appointed as RMO and ARMO respectively.

'Reflexes Rudhra 2K18'- College Day

College Day function was celebrated on 14th November 2018. The college and hospital wore a festival look with highly eclectic youth in beautiful attire. The entire campus was decorated in a grandiose manner with LED light show on the College dome. The Campus was lit up in an extraordinary striking manner for 4 days.

College magazine 'PEGASUS RUDHRA 2K18' was launched by Honorable Chancellor Dr. A. S. Ganesan in a curtain raiser event and the first copy was presented to Dr. Anuradha Ganesan, Director, VMRF, Salem. Mr Vighnesh - Pegasus Editor did a commendable work in a short time.

There was a colorful, enthralling and palpatating cultural program featuring 2 musical bands, 10 dance performances and thappattam dance by a renowned professional group in Puducherry.

Annual Day culminated with DJ Night and fireworks. The entire responsibility of this event was taken by the organizing batch – Zenforians.



Student achievements

Kerala University of Health Sciences conducted 12th National Conference on Student's Medical Research which was held on 9th and 10th November 2018, at Government Medical College, Thiruvananthapuram. Our Undergraduate students participated and presented papers in the conference under the guidance of Dr. Deepa, Professor, Department of Obstetrics and Gynecology. Mohamed Syed Moosa of Third year MBBS presented a research paper on "Assessment of birth preparedness and complication readiness among pregnant women". Deepak Kannan of Third year MBBS presented a research paper on "Magnitude of Thyroid dysfunction among antenatal mothers".



Dean Dr. Kanchana appreciated the participants



Awareness programs conducted

Vinayaka Mission's College of Nursing and Youth Red Cross Society conducted Dengue awareness programme which was organized by GOVT of Puducherry on 8th November. Mr. Sivaraman, Senior Accounts Officer along with Dr. Sasi, HOD, Mrs. Gothai Nayagi A, Lecturer and Ms. Maria Antony Anitha from the Department of child health nursing actively participated. Mr. Sivaraman delivered a introduction on dengue awareness programme. Nilavembu kashayam was prepared and distributed by the Youth Red Cross Society on 8th - 10th November. 415 students participated.

From the Editor's Desk...



Dear Readers,

I am very happy to bring out the 6th issue of AVMC Newsletter. I would also like to thank all the contributors for their support without which it is impossible to publish these newsletters.

Our congratulations are also due to all the award winners, researchers and faculty members attending various Workshops and Conferences as resource person. We are eager to hear more good news along these lines.

Best Wishes and thank you in advance for your contributions.

Wish you all a very Happy and prosperous NEW YEAR.

Warm regards

Dr Lakshmi Jatiya

Patrons

Dr. A. S. Ganesan, Chancellor
(VMRF, Deemed to be University)

Dr. Anuradha Ganesan, Director
(VMRF, Deemed to be University)

Advisor

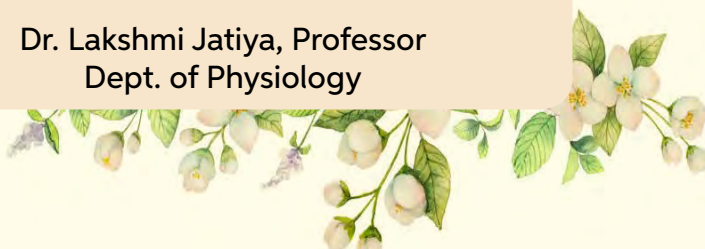
Dr M K Muralitharan, MS, MCh (Neuro)
Dean, AVMC & H

Dr Mahalakshmi VN, MS, MCh (Paed. Surgery)
Dean-HPE, AVMC & H

Dr Jayasingh K, MD (Medicine)
Medical Superintendent, AVMC & H

Editor

Dr. Lakshmi Jatiya, Professor
Dept. of Physiology





Awards & Achievements

Dr. Madanmohan was invited as special guest for International Symposium on Yoga therapy organized by Centre for Yoga Therapy Education and Research, Sri Balaji Vidyapeeth on 11th and 13th December, 2018.



Dr. R Balaji spoke on “Adjuvant yoga therapy may be renal protective in patients of diabetes: a randomized control trial” at International Symposium on Yoga therapy organized by Centre for Yoga Therapy Education and Research, Sri Balaji Vidyapeeth from 11th - 13th December, 2018.

Mr. S. Artchoudane spoke on “Effect of yoga therapy on pulmonary function and quality of life of COPD patients” at International Symposium on Yoga therapy organized by Centre for Yoga Therapy Education and Research, Sri Balaji Vidyapeeth from 11th - 13th December, 2018.

Dr. R. Latha, Professor, Department of Microbiology successfully passed SWAYAM ONLINE course “Health Research Fundamentals” - NIE online e- certificate course. NPTEL Online certification is funded by MHRD, Govt of India.

GLIMPSES Graduate Reception Day





GLIMPSES

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