



**AARUPADAI VEEDU MEDICAL COLLEGE & HOSPITAL**

(Vinayaka Mission's Research Foundation - Deemed to be University)

Cuddalore Main Road, Kirumampakkam, Puducherry - 607 403.



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## AVMC - Newsletter



**Vinayaka Mission's College of Nursing (VMCON) celebrated Graduation Day.**

**Greetings from  
the AVMC Newsletter Desk**

All suggestions to improve  
AVMC - Newsletter are welcome.

**Thought for the month**

There is no elevator to success. You have  
to take the stairs.



Vinayaka Mission's College of Nursing (VMCON) celebrated Graduation Day on 25<sup>th</sup> October. Mr. Suresh Samuel, Advisor, VMRF presided over the function. Dr. B. Meenakshi Sundaram, Medical Director of FAHS, VMRF and Chief Guest addressed the gathering and presented scrolls to the Nursing graduates. Dr. G. Muthamilselvi, Principal, VMCON administered the oath to the graduates. Dr. B. Kanchana, Dean and Dr. P. Chellapillai, Medical Superintendent, Aarupadai Veedu Medical College and Hospital were other important guests.



Surgical Strike Day was celebrated on 29<sup>th</sup> September in our campus. Dr Govardhan, Associate Professor, Department of Dermatology, a retired Army Officer gave a speech and Oath was administered by Dr Lakshmi Jatiya, Professor, Department of Physiology. The students also wrote letters to the army jawans.



Alumni meet of VMCON was held on 25<sup>th</sup> October. The alumni were welcomed by Mrs. Berttle Priya, D, Assistant Professor, Dept of OBG. Dr. Sanju Thomas & his team from London were the chief guests for the meet. Dr. Sanju Thomas in his presidential address talked about dental nursing, scope of dental nursing abroad and benefits of being a dental nurse. Dr. Sanju Thomas also conducted the carrier guidance, counselling and job prospects in UK for dental nurses.





## CMEs & Workshops organized at AVMC

### World Suicide Prevention Day Awareness Programme - 2018

Suicide Prevention awareness program was held on 10<sup>th</sup> September. The resource persons were Mrs. Elizabeth Rani, Thannambikkai Kalai Kuzhu and Mr. Francis Kulandhai Raj, Trust for Youth & Child Leadership, Mr Ramesh Krishnan, Psychiatric Social Worker, AVMC & H. Candle lighting was done in support of suicide prevention, remembering a loved one and for the survivors of suicide. Mrs. Elizabeth Rani along with her colleagues presented a puppet show highlighting the pain and agony that a family of the suicide victim goes through. This was followed by an interactive session.



Essay writing competition was also held on the topic "Suicide prevention among students- Ideas & Innovations". Mr Naveen, 3<sup>rd</sup> yr MBBS Student got the prize for the essay.

Vinayaka Mission's College of Nursing also took part in the rally organized by GOVERNMENT OF PUDUCHERRY at IGGGH on 26<sup>th</sup> September. 57 students from VMCON participated in the rally. The students under the able guidance of Mr. Gnanasekar, Assistant Professor and Mr. Thirumoorthy, Nursing tutor also organized an awareness talk on suicide prevention day theme "**Working Together to Prevent Suicide**".

Department of Pathology organised a Continuing Medical Education programme on '**Laboratory Haematology**' on 22<sup>nd</sup> September.

Dr. R. Tamilselvi, Professor and Head, Department of Pathology, Vinayaka Mission's Kirupananda Variyar Medical College, Salem spoke on – 'Approach to Hemolytic Anemia'. Second talk was on 'Introduction to flow cytometry and applications in Hematology', and the third talk was on 'Role of flow cytometry in Hematopoietic Neoplasm, both talks were delivered by Dr. S. Sri Gayathri, Assistant Professor, Department of Pathology, Sri Ramachandra Medical College, Porur, Chennai. Dr. Varadharajaperumal, Assistant Professor, Department of Pathology, Aarupadai Veedu Medical College spoke on 'Approach to Lymphoma'.



The lectures were followed by an interactive session. Handouts were also distributed.

The Department of Forensic Medicine organized a C.M.E. titled '*Doctors and Criminal Law*' on 05<sup>th</sup> October. Dr. K. Thangaraj, Professor and Head, Department of Forensic Medicine, SRM Medical College, Chennai as the guest speaker and Dr. G. Shrikanthan, Professor and Head, Department of Forensic Medicine, AVMC&H, Puducherry, as the Internal Speaker. Dr. K. Thangaraj, spoke on the various aspects of Indian law and its importance in the medical field. Dr. G. Shrikanthan, who spoke on the changing trends in Medical Practice. This was followed by a panel discussion.

Department of Anatomy organised 'Workshop and hands on training in Sheet Plastination' on 10<sup>th</sup> October. 45 delegates registered for the CME. Delegates were professors, associate professors, assistant professors and PGs from various reputed Institutes like JIPMER, Stanley Medical College,



Kilpauk Medical College, K. A. P. Viswanatha Government Medical College, Tiruchirapalli, Villupuram Government Medical College, Mahatma Gandhi Medical college, Vellamal Medical College has participated. Few anatomy technicians and curators also attended the workshop.

Department of General Surgery conducted a CME on “CARCINOMA BREAST AN OVERVIEW” on 13<sup>th</sup> October. Dr. Bharanitharan, MS, MCH; Assistant Professor & Consultant Surgical Oncologist, Govt. Villupuram Medical College gave a talk on “Carcinoma Breast An Overview”. This was followed by an interactive session.



Department of General Surgery conducted a CME on “PALLIATIVE CARE SENSITISATION” on 16<sup>th</sup> October. Speaker was Ms Gilly Burn. She is International Pioneer of Palliative care. Ms Gilly Burn was Project Director of the Indo-British palliative care project (Collaborative project between Macmillan Cancer Relief and WHO) from 1993-96. Ms Gilly Spoke on the theme of CME.

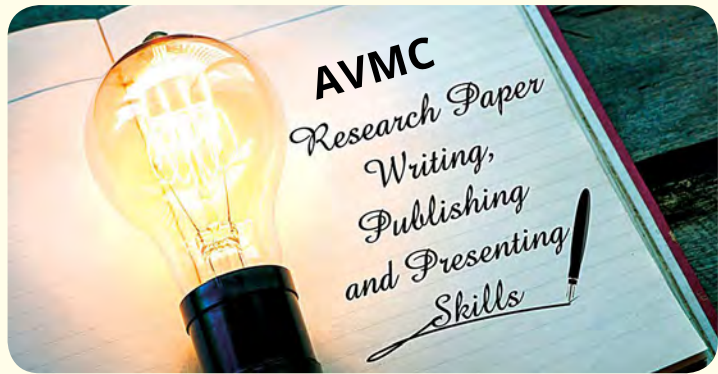


TEACHERS DAY CELEBRATED AT VMCON



## Undergraduate & Postgraduate students presenting papers in Conferences

1. Dr. Disha Dutta Chowdhury, Post graduate student from the Department of OG, presented an E-poster on “A rare case of Partial mole with co-existing fetus with hydrops fetalis” at YUVA FOGSI-South zone on 7<sup>th</sup> September at Vijayawada.



2. Dr. Harshini Jayakumar, Post graduate student from the Department of OG, presented an E-poster on “Intra operative difficulties encountered in women undergoing repeat caesarean section” at YUVA FOGSI-South zone on 7<sup>th</sup> September at Vijayawada.
3. Dr. Shalini, Postgraduate student from the Department of OG presented an E-poster on “Cancer cervix with abdominal wall metastasis” at YUVA FOGSI- South zone on 8<sup>th</sup> September at Vijayawada.
4. Dr. N. Sindhu, Postgraduate student from the Department of OG participated in Quiz programme conducted at YUVA FOGSI – South zone on 7<sup>th</sup> September at Vijayawada.
5. Ms. Archana, Intern, BASLP presented a paper on “Teacher’s Attitude and Awareness Toward Voice Health Care: Highlighting the Barriers” at FLASH Conference held at Trichy on 21<sup>st</sup> September.

## Papers and posters presented by Faculty

1. Ms. Malathy, BASLP presented a paper on “The Effective Methods for Writing Skills in Early Transition” at the State Level Conference on “Transition and Preparedness” held at Kancheepuram on 8<sup>th</sup> September.
2. Dr. Partheeban, Assistant Professor, Department of Psychiatry, presented a poster in International Perinatal Psychiatry Conference held at NIMHANS, Bangalore from 26<sup>th</sup> to 28<sup>th</sup> September.
3. D.Gnanasoundar Iraiyan, Asst. Professor, Optometry presented a paper titled “Preventing Ocular Problems By Understanding The Basics Of Lighting” at All Nepal Optometry Conference at Kathmandu on October 5<sup>th</sup> & 6<sup>th</sup>.
4. Mrs. S. Vennila, Senior Optometrist presented a paper titled “Visual Problems Among Children In Special School Compared With Children In Regular School” at All Nepal Optometry Conference at Kathmandu on October 5<sup>th</sup> & 6<sup>th</sup>.
5. Dr. Sasmita Mishra, Professor and Head, Department of Biochemistry presented a poster titled ‘Association of microalbuminuria and serum magnesium level in patients with hypertension’ in the National Conference ACBICON 2018 held at Kala Academy, Panjim, Goa from 24<sup>th</sup> – 27<sup>th</sup> October 2018.

6. Dr. Manju M, Associate Professor, Department of Biochemistry presented a poster titled 'Association of lipid levels and lipid ratios with CKD and its correlation with eGFR' in the National Conference ACBICON 2018 held at Kala Academy, Panjim, Goa from 24<sup>th</sup> – 27<sup>th</sup> October 2018.
7. Dr. Suryapriya R, Assistant Professor, Department of Biochemistry presented a poster titled 'Comparison of serum bilirubin and liver enzymes in type 2 diabetes mellitus cases and control' in the National Conference ACBICON 2018 held at Kala Academy, Panjim, Goa from 24<sup>th</sup> – 27<sup>th</sup> October 2018.

## Papers published

1. Soccalingam Artchoudane and Dr Madanmohan Trakroo, Center for Yogic Sciences published a paper titled "Effect of Adjuvant Yoga Therapy on Pulmonary Function and Quality of Life Among Patients with Chronic Obstructive Pulmonary Disease : A Randomized Control Trial" in SBV Journal of Basic, Clinical and Applied Health Science - Volume 2 | Issue 3 | July - September 2018.
2. Dr. Suryapriya R, Assistant Professor, Department of Biochemistry published an original research article titled 'Prevalence of metabolic syndrome and its components among young adults at a tertiary care hospital in Puducherry' in Medpulse International Journal of Biochemistry. 2018; 8(1):1-6.
3. Dr. S. Senthil Kumar, Dr. S. Vithiavathi, Dr. P. Parameswaran, Department of Medicine published a paper titled "Prognostic value of ambulatory blood pressure in chronic kidney disease" in International Journal of Advances in Medicine; Dec;5(6) ISSN 2349-3925 | eISSN 2349-3933.
4. Dr. S.Vithiavathi, Dr. Sindhu, Department of Medicine published an original research article titled 'Study of correlation between hypomagnesemia with the clinical and other biochemical parameters on admission in patients admitted to a Medical Intensive Care unit' in Indian Journal of Basic and Applied Medical Research; September 2018: Vol-7, Issue- 4, P .283 - 286 www.ijbamr.com P ISSN: 2250-284X , eISSN : 2250-2858.
5. Dr. S. Senthil Kumar, Dr. S. Vithiavathi, P. Parameswaran, Dr. S. Rakesh Kumar, Department of Medicine published an original research article titled 'Measures of generalised and central obesity among medical students in a tertiary care teaching hospital.' in Int J Adv Med. 2018 Oct; 5(5): <http://www.ijmedicine.com> pISSN 2349-3925 | eISSN 2349-3933.
6. Dr. Manju M, Dr. Sasmita Mishra, Dr. S. Vithiavathi, Departments of Biochemistry and Medicine published an original research article titled 'Relationship between serum Vitamin D and insulin resistance in pre-diabetic and diabetic states- A comparative study.' in International Journal of Clinical Biochemistry and Research, January-March, 2018;5(1): 91-96.
7. Neelakandan Ramya, SethuPrabhu Shankar, Department of Medicine published an original research article titled 'Life style characteristics of hospital paramedical healthcare professionals: a study from a tertiary care hospital, Pondicherry' in International Journal of Research in Medical Sciences | January 2018 | Vol 6 | [www.msjonline.org](http://www.msjonline.org) pISSN 2320-6071 | eISSN 2320-6012.
8. Dr M Gopinath, Dr Lakshmi Jatiya, Department of Physiology published an original article titled 'Effects Of Different Phases Of Menstrual Cycle On Short Term HRV In Young Women'

in International Physiology (IP) Vol.6 No.2 MAY-AUG 2018.

9. Dr M Gopinath, Department of Physiology published an original article titled 'Effect of Cardiac Autonomic Axis Maturation on Heart Rate Variability Indices in Pediatric Population: Gender Based Study' in International Physiology (IP) Vol.6 No.2 MAY-AUG 2018.

## Faculty as Resource person in Conferences

1. Prof. Amirtha Varshini M J, Principal, Audiology & Speech – Language Pathology delivered a guest lecture on “ Speech – Language Pathologist Service Delivery Models in Transition” at the State Level Conference on “Transition Skills and Preparation” at Kancheepuram on 8<sup>th</sup> September.
2. Ms. Malathy, Occupational Therapist, Department of Audiology & Speech – Language Pathology, delivered a guest lecture on “Preparation for Handwriting Issues in Early Transition” at the State Level Conference on “Transition Skills and Preparation” at Kancheepuram on 8<sup>th</sup> September.
3. Dr. Partheeban, Assistant Professor, Department of Psychiatry delivered a guest lecture on “Working Together to Prevent Suicide” on World Suicide Prevention Day conducted by National Mental Health Programme (NMHP) Puducherry at Indira Gandhi Govt General Hospital, Puducherry on 11<sup>th</sup> September.
4. Dr. Sasmita Mishra, Professor and Head, Department of Biochemistry participated as chair person in the conference ISARCON 2018, under the auspices of Indian Society for Atherosclerosis Research, 11<sup>th</sup> -13<sup>th</sup> October at JIPMER, Puducherry.
5. Dr. Lakshmi Jatiya, Professor, Department of Physiology participated as chair person in the conference ISARCON 2018, under the auspices of Indian Society for Atherosclerosis Research, 11<sup>th</sup> -13<sup>th</sup> October at JIPMER, Puducherry.
6. Dr. Madanmohan, Director, Center for Yogic Sciences participated as chair person in the conference ISARCON 2018, under the auspices of Indian Society for Atherosclerosis Research, 11<sup>th</sup> -13<sup>th</sup> October at JIPMER, Puducherry.
7. Dr. Latha, Professor and Dr Kavita, Assistant Professor from the Department of Microbiology attended workshop on Clinical Audit conducted by NABH at Bengaluru.

## Cadaveric oath

All the Students of I year M.B.B.S (2018 – 19) batch took Cadaveric oath on 31.10.2018, which was organized by the Department of Anatomy.





## From the Editor's Desk...



Dear Readers,

I am very happy to bring out the 5<sup>th</sup> issue of AVMC Newsletter. I would also like to thank all the contributors for their support without which it is impossible to publish these newsletters.

Our congratulations are also due to all the award winners, researchers and faculty members attending various Workshops and Conferences as resource person. We are eager to hear more good news along these lines.

Best Wishes and thank you in advance for your contributions.

Wish you all a very happy and Joyous Deepavali and Merry Christmas.

Warm regards

Dr Lakshmi Jatiya

### Patrons

Dr. A. S. Ganesan, Chancellor  
(VMRF, Deemed to be University)

Dr. Anuradha Ganesan, Director  
(VMRF, Deemed to be University)

### Advisor

Dr. B. Kanchana, M.S.,FAIS.  
Dean, AVMC & H

### Editor

Dr. Lakshmi Jatiya, Professor  
Dept. of Physiology





57 students from VMCON participated in World mental health day rally on 10<sup>th</sup> October organized by Government of Puducherry at IGMC & RI, Puducherry. Mr. Gnanasekar, Assistant Professor led the rally. Students also gave awareness talk on mental health day theme “YOUTH & MENTAL HEALTH IN CHANGING WORLD”. Certificates were issued to all the students.



World Alzheimer’s Day was celebrated by the Department of Audiology & Speech - Language Pathology on 21<sup>st</sup> September. They conducted free Cognitive-Language Screening, Hearing Screening and also taught memory activities for the inmates of Help Age India’s Old Age Home at Cummiyampettai, Thirupapuliur.



Department of Dermatology, Venereology & Leprosy, Aarupadai Veedu Medical College & Hospital celebrated World Psoriasis Day by conducting awareness programme and poster competition for the second year nursing students and second year M.B.B.S students on 29<sup>th</sup> October. Dr. D. Preethi, Junior Resident, Department of DVL delivered the awareness speech.

This was followed by an interactive session conducted by Dr. P. Oudeacoumar, Head, Department of DVL and Dr. Preethi. 2 posters each from nursing and second year M.B.B.S. students were appreciated and given prizes.





## Awards & Achievements

Mr. Manikandan T, Assistant Professor cum SNA Advisor received PERASIRIYA RATHNA Award on 30<sup>th</sup> October at Namakkal for the Best Essay in State level essay competition on account of Teacher's Day. Award was sponsored by kaviyarasar kalai tamil sangam.



Ms. Leelavathy B.sc Nursing Final Year student bagged 2<sup>nd</sup> Prize with Rs.2000 cash voucher in University level poetry and slogan competition on the occasion of World Sight Day conducted by Faculty of Allied Health Sciences, Salem on 11<sup>th</sup> October.


Dr. Kirupa P, Associate Professor, Department of Mental Health Nursing was awarded Doctoral Degree in Nursing on 8<sup>th</sup> September by NITTE University, Mangalore. Her dissertation topic was "Bibliotherapy on Quality of Life, Distress and Depression among Chronic Leg and Foot Ulcer".



Mr. Balaganesh, III year M.B.B.S students from AVMC&H, Puducherry received the "MM COOPER MERIT" award for University Examination topper in Anatomy at Annual Conference of Association of Anatomists, Tamilnadu held on 13<sup>th</sup> & 14<sup>th</sup> October.

VMCON Students won 1<sup>st</sup> prize in Intercollegiate Mother Teresa Sports Meet in volley ball match organized by Pondicherry nursing staff welfare association on 26<sup>th</sup> September.





## Awards & Achievements

Dr. K. R. Srinivasan, Professor Emeritus, Department of Anatomy, AVMC&H, Puducherry was awarded the “Life Time Achiever” award at Annual Conference of Association of Anatomists, Tamilnadu, held on 13<sup>th</sup> & 14<sup>th</sup> October.



Dr. T. Rajan, Professor & HOD, Department of Anatomy, AVMC&H, Puducherry received the “MM COOPER ORATION” award for delivering “Role of Three Primary Colours in teaching third week of Embryo Development” at Annual Conference of Association of Anatomists, Tamilnadu, held on 13<sup>th</sup> & 14<sup>th</sup> October.

