



AARUPADAI VEEDU MEDICAL COLLEGE & HOSPITAL

(Vinayaka Mission's Research Foundation - Deemed to be University)

Cuddalore Main Road, Kirumampakkam, Puducherry - 607 403.



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AVMC - Newsletter

Dr Rao Chitra Lekhya, PG student of Dermatology
Department received University gold medal during
the convocation held on 7th July 2018.



**Greetings from
the AVMC Newsletter Desk**

All suggestions to improve
AVMC - Newsletter are welcome.

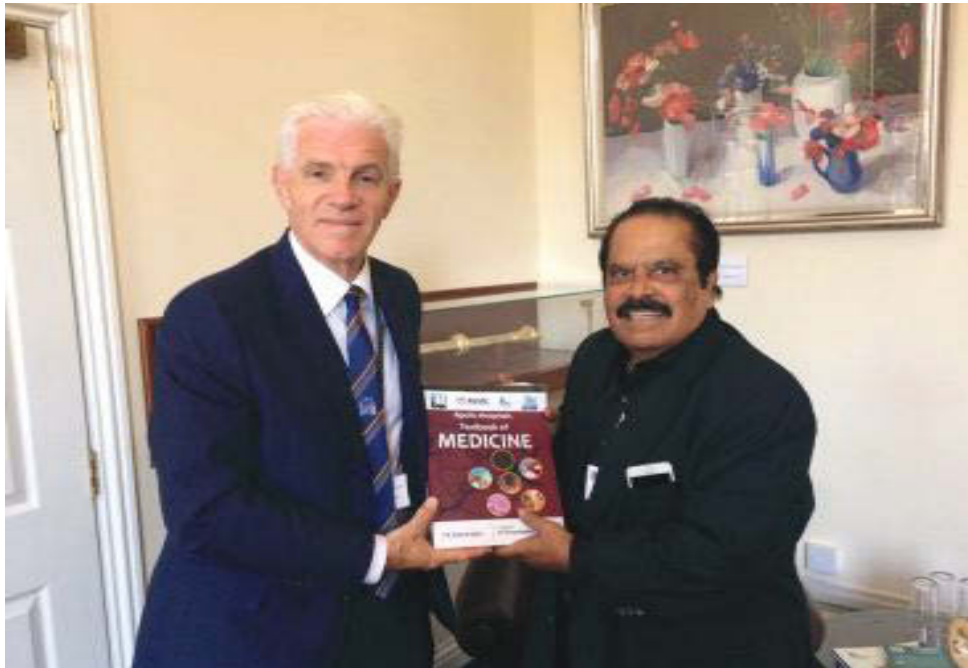
Thought for the month

The pessimist sees difficulty in every opportunity.
The optimist sees the opportunity in every
difficulty.
-WINSTON CHURCHILL



Apollo Hospitals “Text Book of Medicine” edited by our Emeritus Professor Dr. T. V. Devarajan MD.,FRCP.,DSc.,FICP; Dr. B C Roy Awardee, Padmashri Awardee has been recommended by Professor David Galloway, President, Royal College of Physicians and Surgeons of Glasgow. Few chapters are also contributed by Dr. Vithiavathi, Prof & HOD, Department of Medicine.

Professor David Galloway quoted “This textbook of medicine is impressive in its scope and clarity. It will be an invaluable and comprehensive addition to the library of any medical student or clinician. Up to date, insightful and detailed – a labour of love and testimony to the committed and skilled effort of an impressive team under an experienced editor. Strongly recommended.”



Apollo Hospitals Chairman Prathap C Reddy releasing the book titled “Apollo Hospitals textbook of medicine. Dr. A.S. Ganesan, Chancellor, Vinayaka Mission’s Research Foundation (VMRF) Deemed to be University released CD of the book.



Workshops & Trainings

Department of General Surgery conducted workshop on “VARIOUS SUTURING TECHNIQUES AND BASIC SURGICAL SKILLS” for first year PGs and CRRIs on 18th July.

Dr. R. Chandrasekaran, Professor & H.O.D. Department of General Surgery welcomed the participants. Dr. B. Kanchana, Dean gave the Presidential address, Dr. P. Chellapillai, Medical Superintendent felicitated the speaker. Dr. N. Parthiban spoke on “SUTURE MATERIALS”; Dr. Senthilnathan, Plastic surgeon, AVMC gave a lecture on “SUTURE TECHNIQUES” and Dr. N. Prabakaran deliberated on “ANASTAMOSIS TECHNIQUES”. IInd year PGs presented a seminar on basic surgical skill. Hands on training and workshop on sutures, knots, anastomosis was also conducted.





Workshop for Postgraduates on “Clinical Documentation - The Good The Bad and the Ugly” was organized on 28th & 29th July by the Department of O&G.

Clinical Documentation - Virtues and Vices, Documentation Standards - Do’s & Don’ts was taken by Prof. Vijaya Koothan, HOD, O&G; Comprehensive Inpatient & Outpatient Clinical Documentation was dealt by Prof. Vithiavathi S, HOD, General Medicine; Prof. Arunmozhimaran Vijayababu, HOD, Orthopaedics spoke on Comprehensive Documentation in Trauma Care and Medical Records / Certificate and lastly Prof. G. Shrikanthan, HOD, Forensic Medicine delivered a lecture on “Documentation – A Legal perspective.”



The workshop on Teaching Learning Methods was conducted by MEU on 1st & 2nd Aug 2018. The workshop was designed and executed by Faculty of MEU. Groups were given scenarios and asked to choose a TL method and to execute the same before other groups and MEU faculty. The activities were critically appraised by other groups.



Department of General Surgery made arrangements for telecasting the teleconference on MIS-JIPMER telemedicine session between JIPMER and AUCKLAND, NEWZEALAND on topic “Advanced GI Surgery” on 6th August.





CMEs Organized at AVMC

CME on “DRUG INDUCED LIVER INJURY” was organized by Department of Pharmacology on 18th July. Guest Speaker Dr. Kannane Tirou, MRCP(UK), MRCP(UK) GASTROENTEROLOGY, CCT(UK) Gastroenterology & General Medicine, Fellowship in Transplant Hepatology/Liver Transplantation in Leeds, Adjunct (Visiting) Professor, JIPMER, Liver Transplant team, delivered lecture on Drug Induced Liver Injury. Dr. B.Vinoth, MD, DM (Gastroenterology) AVMCH&RC, Consultant Gastroenterologist, Hepatologist & Interventional Endoscopist, delivered a Lecture on “Alcoholic liver disease”.



UG and PG Paediatrics Quiz Programme: The 12th PG quiz programme was conducted under the auspices of Indian Academy of Pediatrics on 18th July by the Department of Paediatrics. Dr. N.S. Raghupathy, Professor & HOD welcomed the gathering. Dr. A. Dharmalingam, Associate Professor, Department of Paediatrics was the coordinator of the quiz programme and also represented as local IAP representative and EB member of IAP, TNSC of Villupuram, Pondicherry chapter.

Dr. A. Agila, Senior Resident from the Department of Paediatrics was the quiz master.

Winners were Dr. Renuga Devi and Dr. Visharad, II and Ist year post graduates respectively. They were closely followed by Dr. Alpoor Tharun Tej and Dr. Katam Sharavan Kumar both II year postgraduates.

The Department of Paediatrics also organized the 31st Under Graduate quiz programme of Indian Academy of Paediatrics on 17th July.

Winners were Final year students S. Abinaya and P. Bhanu Priya & S. Ashwini Guna and A. Vishnu Priya were the Runners. Winners would be attending Divisional quiz program.



World breastfeeding week celebration with the theme “**BREASTFEEDING FOR HEALTHY CHILD AND HAPPY MOTHERS**” was organized by the Department of Paediatrics, in the first week of August (01-08-2018 to 07-08-2018).

Dr. A. Dharmalingam gave awareness speech on breast feeding at Vinayaka Mission’s College of Nursing and to the staff nurses and female employees of AVMC & H. Interactive session and poster competition on breast feeding for Under Graduates and Post Graduates was also organized.

CME and valedictory function was conducted on 21st August. Dr. A. Jagadeesh, Assistant Professor, Department of Pediatrics, MGMC & RI was the guest speaker. Dr. A. Dharmalingam spoke on “Neural development in relation to breast feeding” and Dr. N. S. Raghupathy spoke on “IMS Act”.





“Breast Feeding Week – 2018” was also celebrated by Department of Child Health Nursing, VMCON from 1st to 3rd August . Guest lecture on “Breast Feeding Foundation for Life” was organized on 1st August. Events like poster display and Role play on the theme were carried out. Students participated in the essay writing and slogan writing competition. Winners were given prizes. The department also extended its activities to promote breast feeding in Nallavadu Village. The activities included Role play, Poster display and health talks on “Awareness on exclusive breast feeding and promotion of timely complementary feeding” for the mothers and public.



Department of Community Medicine celebrated Breast Feeding Week at Chinnakanganankuppam Anganwadi Centre on 7th August by conducting events like Awareness about breast feeding & its benefits, Healthy Baby Competition, Healthy Recipe competition. The participants - V semester clinical posting students, ANM, Anganwadi worker, Dr.Shiyam, Dr.Vishnupriya, Dr. Uvashree worked under the able guidance of Dr. R.Niranjani & Dr.Nishanthini, Assistant Professors, Department of Community Medicine.





The participants at Chinnakanganankuppam Anganwadi Centre



Dr. Rachna Singh addressed the women doctors, Nurses, students and employees on “Women Empowerment”. Self defense techniques were also demonstrated. Students and staff immensely benefitted from the Lecture-cum-Demonstration held on 3rd August.





Faculty attending CME's and Workshops

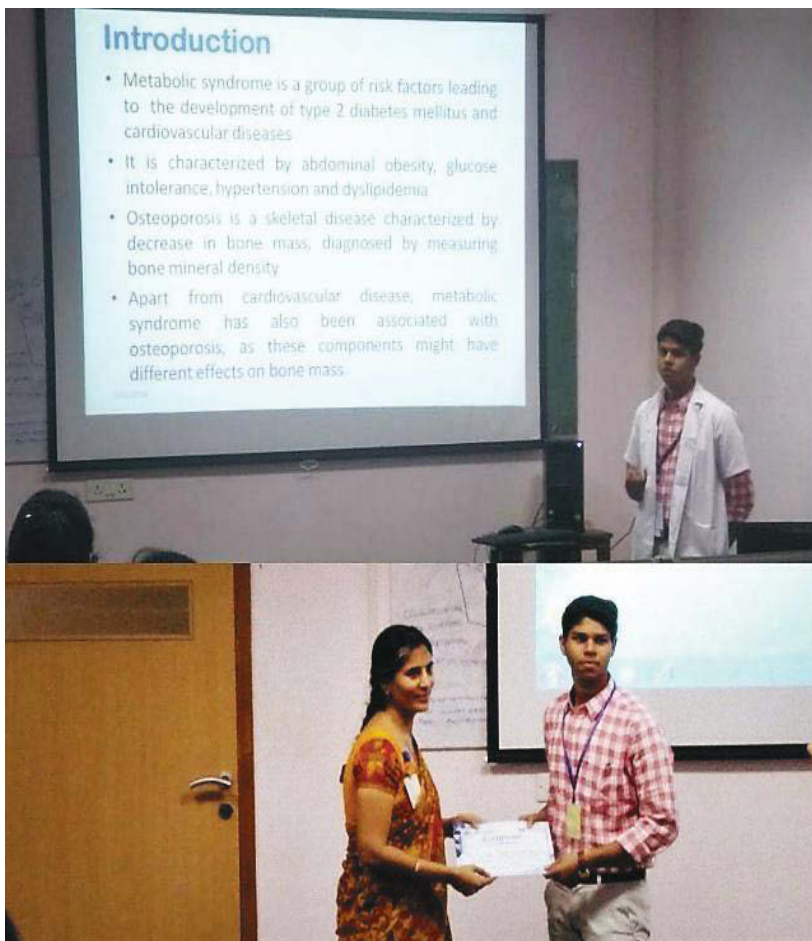
1. Dr. J. Arun Daniel, Dr. R. Niranjjan, Dr. N. Nishanthini, Assistant Professors & Mr. J. Ravicoumar, Medical Social Worker from Department of Community Medicine attended a workshop on "Efficient Quality Assured Data Capture Using a mobile Phone (Epicollect 5)" at JIPMER on 26 th July.
2. Dr. Manju M, Associate Professor and Dr. Suryapriya R, Assistant Professor from the Department of Biochemistry attended the faculty development programme workshop on 'Teaching Learning Methods in Medical Education', organized by Medical Education Unit, AVMCH on 1st and 2nd August 2018.
3. Dr. Lakshmi Jatiya, Professor, Dr. M. Gopinath, Assistant Professor and Dr. Susmita Bhattacharya, Lecturer from the Department of Physiology attended the faculty development programme workshop on 'Teaching Learning Methods in Medical Education', organized by Medical Education Unit, AVMCH on 1st and 2nd August 2018.
4. Dr. K. Sridhar, Assistant Professor, Department of Anatomy participated in faculty development programme workshop on 'Teaching Learning Methods in Medical Education', organized by Medical Education Unit, AVMCH on 1st and 2nd August 2018.
5. Dr. B. R. Asokan's received a certificate for the completion of online Course on Research Methodology by MEU India and National Institute of Continuing Professional Development.
6. Dr. T. Rajan, Professor and Head, Department of Anatomy participated in National symposium on Medical writing & clinical research, organized by Dharani hospital, Salem on 4th and 5th August.

Faculty attending CME's and Workshops as Resource person

1. Dr. Sasi Vaithilingan, Professor & HOD , Department of Child Health Nursing, VMCON, served as resource person for the seminar "Shape and generate the sample to develop data collection protocol" in State level seminar on 25th July at Adhiparasakthi College of Nursing, Melmaruvathur.
2. Dr. Sasi Vaithilingan, Professor & HOD, Mrs. Samundeeswari, Associate Professor and Mrs. Sudha, Associate Professor, Department of Child Health Nursing, VMCON, attended the International Conference on Breast Feeding on 28th July at Hotel Savera, Chennai.
3. Dr. Sasmita Mishra, Professor and Head, Department of Biochemistry, Dr. B. R. Asokan, Associate Professor, Pharmacology, Dr. G. Srikanthan, Professor & Head, Forensic Medicine, Dr. Latha, Professor, Microbiology, Dr. Umadevi, Associate Professor, Pathology, Dr. Ilankathir, Associate Professor, Anatomy, Dr. Govardhan, Associate Professor, Dermatology participated as resource faculty in faculty development programme workshop on 'Teaching Learning Methods in Medical Education', organized by Medical Education Unit, AVMCH on 1st and 2nd August.
4. Dr. G. Muthamilselvi, Principal, Vinayaka Mission's College of Nursing gave key note address in "Newborn young feeding Foundation" - First Regional conference on Breastfeeding foundation of life – Puducherry Chapter on 1st August.
5. Dr. R. Balaji, Assistant Professor, Center for Yogic Sciences, was a invited Jury for 8th South India Yogasana Championship- 2018, organised by Padam Yoga and Natural Living Development Trust, Chennai.

6. Dr. Sasi Vaithilingan , Professor & HOD, Department of Child Health Nursing, VMCON & Infant and Young Child Feeding Counselor, served as resource person in seminar on “Breast Feeding and its effect on development” at State level conference on 3rd August at Sabari College of Nursing, Puducherry organised by Newborn and Young Child Feeding Association- Puducherry.
7. Dr G. Muthamilselvi, Principal, VMCON, delivered key note address in State level conference on 3rd August at Sabari College of Nursing, Puducherry organised by Newborn and Young Child Feeding Association- Puducherry.
8. Dr. Sasi Vaithilingan, Professor & HOD, Department of Child Health Nursing, VMCON, attended the IQAC workshop on “Target 351” in VMRF, Salem on 6th and 7th August.
9. Dr. G. Shrikanthan (Assistant Dean, Para Clinical), Dr. M. Senthil Kumaran (Assistant Professor, Forensic Medicine), Dr. P. Deepa Kameswari (Assistant Professor, Pharmacology), Dr. Anusheela (Assistant Professor, Microbiology), Dr. R. Varadharajaperumal (Assistant Professor, Pathology), Dr. N. Nishanthini (Assistant Professor, Community Medicine), Dr. Bharath Kumar Reddy S.R (General Medicine) were the resource faculty for the integrated teaching on HIV which was conducted on 11th August.
10. Dr. N. Sindhu, postgraduate student from Department of OG, participated as panelist in “Endometriosis- management” a panel discussion at the OG SP meet held on 19th August at Accord, Pondicherry.
11. Dr. R Balaji, Assistant Professor, Center for Yogic Sciences (CYS) was invited as an external jury for yoga competition in Spandan-JIPMER 2018.

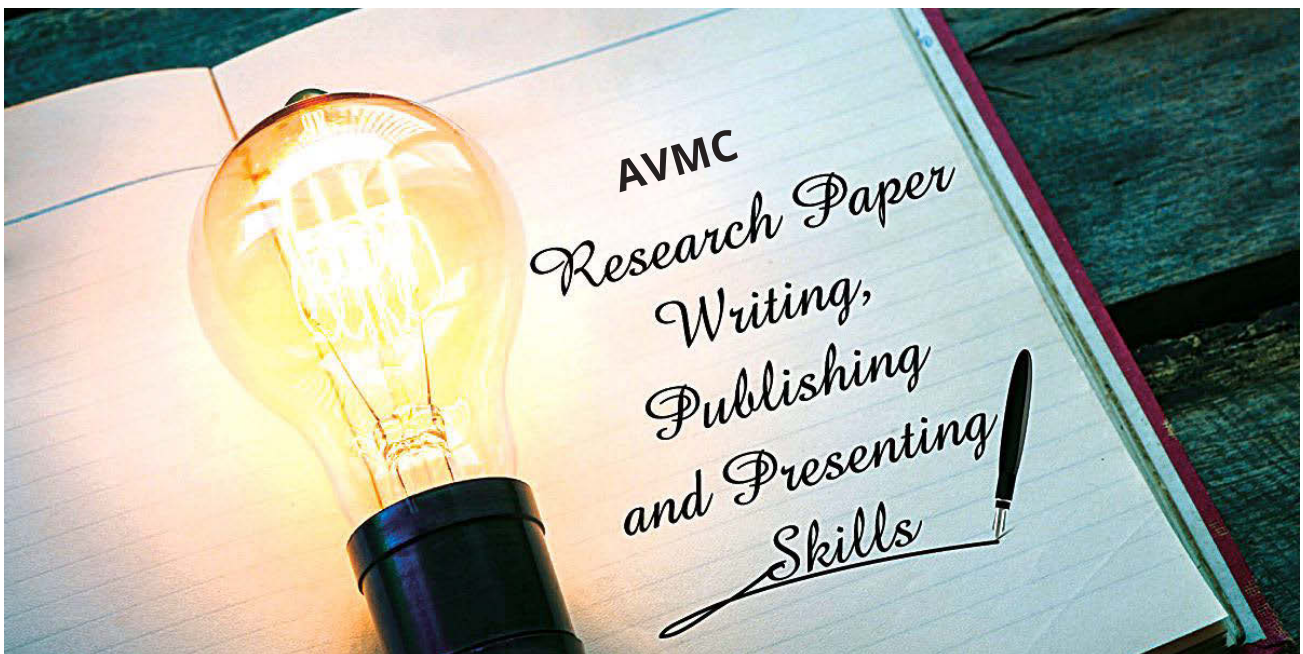
Student's Corner



Mr. Ajai P, Second year MBBS student, under the guidance of Dr. Suryapriya R, Assistant Professor, Dept of Biochemistry presented a paper titled “Association between metabolic syndrome and bone mineral density among adults at a tertiary care hospital” in SRMC OPTIMUS 2018, National Undergraduate medical students conference at Sri Ramachandra Medical College and Research Institute on 31.07.2018



Dhavanisha, IInd year BPT, participated and won consolation prize in the yogasana competition in Spandan-JIPMER 2018.



1. Dr. G. Muthamilselvi, Principal, Vinayaka Mission's College of Nursing published an original research article titled "Comparative study to assess the effectiveness of medicated and non medicated sitz bath on episiotomy wound health among the postnatal mothers" in International Journal of Current Research Vol 10, Issue, 07, pp.71821-71824, July, 2018.

From the Editor's Desk...



Dear Readers,

Welcome to our 5th issue of AVMC Newsletter. I profusely thank the contributors for their continuous support and encouragement which inspires us to further improve the over all quality of the Newsletter.

Congratulations to all the award winners and resource faculty involved in various Workshops and Conferences. We are eager to hear more good news along these lines.

I assure you of better quality and inclusion of all the contents. I sincerely apologies if I have left out any.

Best Wishes and thank you in advance for your contributions.

Warm regards

Dr Lakshmi Jatiya

Patrons

Dr. A. S. Ganesan, Chancellor
(VMRF, Deemed to be University)

Dr. Anuradha Ganesan, Director
(VMRF, Deemed to be University)

Advisor

Dr. M. R. Prakaash, CEO
AVMC and Associated Colleges

Editor

Dr. Lakshmi Jatiya, Professor
Dept. of Physiology



Second year MBBS Students and BASLP students actively participated in the World Population Day rally organized by the Ministry of Health and Family Welfare Services, Government of Puducherry on 11th July 2018.

The event was actively supported by AVMC& H and executed under the guidance of Dr. J. ArunDaniel, Assistant Professor, Department of Community Medicine and Mr. R. R. Kumar, Students Affairs Officer and co - ordinator of National Service Scheme.



International Center for Yoga Education and Research (ICYER) celebrated its Golden Jubilee function at Kamban Kalai Arangam on 5th August. On this occasion Center for Yogic Sciences conducted Yoga therapy camp.



Awards & Achievements

Dr. R. Balaji, Assistant Professor, Center for Yogic Sciences, received Best Yoga Master Award on 29th July by the Tirupur District Yogasana Association (TDYA), in recognition of his Yoga teachings, therapy and research activities.



Dr Kalaiselvy G won the Best paper award in the Pediatric Ophthalmology & Squint Category for the paper entitled “Burden of Visual Disability in Children with learning disabilities” in the 66th Annual Conference of Tamil Nadu Ophthalmic Association, “PUDHUVUE’18 which was held between August 10 to 12 at MGMC & RI, Puducherry. The co-authors are Dr Dinu Kumar Arthur and Dr K Veena.

Dr A Dharmalingam was awarded the Dr V Gopalaraju Active Pediatrician award by the Indian Academy of Pediatricians, Tamilnadu State Chapter during TRY PEDICON 2018, 43rd Annual conference of IAP, TNSC and 32nd South Zone Pedicon held at Trichy from 10-12 August.





On 5th August 2018 International Center for Yoga Education and Research (ICYER) celebrated its Golden Jubilee function at Kamban Kalai Arangam. On this occasion **Prof. Madanmohan** received Acharya Ratna Shironmani award.



Dr. G. Muthamilselvi, Principal, Vinayaka Mission's College of Nursing participated and was honoured in the National conference on "**Bridging the gap between digital Indians and Public Health Services**" at Sri Balaji Vidyapeeth University, Puducherry on 18th July.

