

AARUPADAI VEEDU MEDICAL COLLEGE AND HOSPITAL

Kirumampakkam, Puducherry-607 403.



AVMC - Newsletter



Greetings from the AVMC Newsletter Desk

All suggestions to improve AVMC - Newsletter are welcome.



Thought for the month
The future depends on
what we do in the present.

-Mahatma Gandhi



CMEs Organized at AVMC

"World No Tobacco Day Awareness Programme" was Organized by the Departments of General Surgery, General Medicine & Psychiatry on 30.05.18.

Welcome address was given by Dr. B. Kanchana, Prof & HOD, Department of General Surgery. Presidential address was given by Dr. R. Maharaja, DEAN. Felicitation was given by Dr. P. Chellapillai, Medical Superintendent.

Speech on "No Tobacco Awareness" was given by Dr. Sujaritha, HOD I/C, Dept of Psychiatry. Vote of thanks was by Dr.Vithiavathi, Prof & HOD, Department of General Medicine. Pamphlets regarding "No Tobacco Awareness" were given to all the patients.











ANTI TERRORISM DAY was observed at AVMC & Hospital and Vinayaka Mission's College of Nursing on 22nd May. Medical students and faculty were administered the oath by Dr B Kanchana, Prof & HOD, Department of Surgery. Students and faculty of VMCN were administered the oath against terrorism by Dr. G. Muthamilselvi, Principal, VMCON.





Vinayaka Mission's College of Nursing, Department of Medical Surgical Nursing organized a Guest Lecture on "Tobacco Free Society is Possible" on 09th June.

Mr. Tamilselvan, Assistant Professor, Department of Medical Surgical Nursing addressed the gathering. Dr. G. Muthamilselvi, Principal, Vinayaka Mission's College of Nursing spoke on the theme of Guest Lecture. Guest Lecture was delivered by Dr.Kalaivendhan, President, TFSM International, KNP Dental Hospital, Puducherry.





Make Every day World No Tobacco Day.



Department of Obstetrics and Gynecological Nursing organized the FDP on 23rd June on "ShakthiYogam". Welcome address was given by Mrs. S. Sarojini, Assistant Professor, Department of OBG. Dr .G. Muthamilselvi, Principal, VMCON organized the FDP with the organizing secretary Mrs. A. Rajarajeswari, Assistant Professor cum HOD, Department of OBG, VMCON. The Guest speaker Mr. Kumaresan MD(Acu), Shakthi Yoga Gurukulam, Madurai gave special speech and training regarding shakthiyogam. Mrs. BerttlePriya. D Assistant Professor, VMCON, Puducherry proposed vote of thanks. Faculty of VMCON and M.Sc.(N) I year paricipated.





World Vitiligo day was celebrated by the Department of Dermatology on 25th June 2018. This year awareness regarding vitilgo among second year M.B.B.S students was assessed in the form of poster competition and quiz competition. Prizes for poster & quiz competitions were given by Dean In-Charge, Dr P Chellapillai, Medical Superintendent and Dr. P. Oudeacoumar, HOD, Department of Dermatology. Consolation prizes were given to rest of the participants. Vote of thanks was given by Dr. Govardhan, Associate Professor, Department of Dermatology.



Department of Radiology organized a CME on "ONCO IMAGING" on 22nd June. Dr. M. K. Bora, HOD, Department of Radiology welcomed the gathering. Dr. Lakshmi Mani, Additional Medical Superintendent of AVMC presided the meeting.

Guest Speaker, Dr. Udaya Kumar, MD, FRCR, PDCC, a Consultant Interventional Radiologist at Udaya Scan Center spoke on "ROLE OF INTERVENTIONAL RADIOLOGY IN ONCOLOGY" Lectures were also given by Dr. Venu Gopal, MD, Assistant Professor, Dr. Sai Shankar, MD and Dr. Amarnath, MD, Senior residents of Department of Radiology at AVMC.

Vote of thanks was proposed by Dr. Padhmini, Associate Professor, Department of Radiology, AVMC.











Dr. Madanmohan, Emeritus Professor of Physiology and Director, Center for Yogic Sciences was invited as Chief Guest for International Day of Yoga celebration at Indira Gandhi Medical College and Research Institute. He delivered a talk titled "Yoga and its therapeutic potential" and gave certificates to students who participated in essay and painting competitions.



Dr R Balaji, Asst. Professor, Center for Yogic Sciences was a invited guest faculty for the "Individualized clinical yoga Therapy Training & Research Foundation (ICYTTRF) at Yercaud from 29^{th} June to 1^{st} July.







Dr.R.Vinoth Kumar M.S.,M.Ch Consultant Urologist was one among the five candidates selected for 'Training the Trainer' program from South India by SZUSI (South Zone Urology Society of India). Two days advanced training in RIRS (Retrograde Intra Renal Surgery) was given at Yashodha Hospital, Hyderabad by Dr SuryaPrakash.





Dr. T Rajan, Professor & HOD, Department of Anatomy presented a paper titled "Awareness on alternate animal model for research" in International Conference of Anatomy, organized by Sree Balaji Medical College and Hospital, Chennai on 22nd and 23rd June. This paper was adjudged as the Best oral paper.





Rajarajeswari. A of Vinayaka Mission's College of Nursing bagged the Best Oral Paper presentation award at National Conference on Recent Updates in the Management of Non Communicable Diseases. She presented a paper titled "Effectiveness of labour nursing strategies on maternal outcome among prime mothers" at Meenakshi Academy Of Higher Education & Research, Chennai on 12th May.



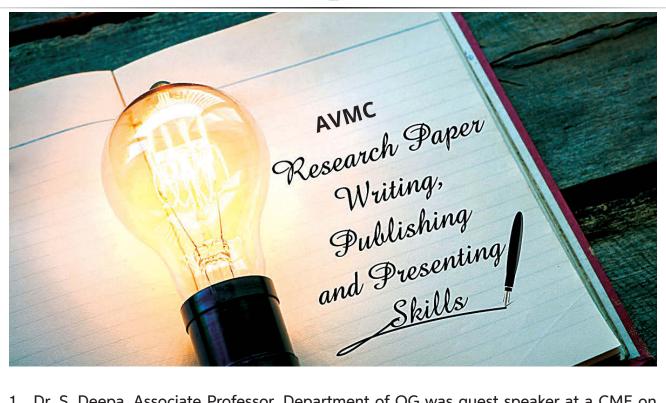


Dr. S. Deepa, Associate Professor, Department of OG was awarded for her academic excellence by Lister Metropolis, Chennai



Dr. Balaji R, Assistant Professor, Center for Yogic Sciences received Best Yoga Teacher award from past & present Directors of Tamilnadu Meteorological Department Mr. Ramanan & Mr. Balachander. The event was organised by Tamilnadu sports Yogasana Association on 23rd June at Chennai.





- 1. Dr. S. Deepa, Associate Professor, Department of OG was guest speaker at a CME on Infertility at Hotel Shenbaga, Pondicherry on 15th May.
- 2. Dr. D. Amudharaj, Associate Professor, Department of Physiology presented an e-poster titled "An observational study of postvalidation of MCQ's in physiology and their correlation with other tools of assessment in first year MBBS" at iCON2018, National Conference on Medical Education held at Mahatma Gandhi Medical College and Research Institute, Pondicherry on 30th June.
- 3. Dr. S. Deepa, Associate Professor, Department of OG delivered a guest lecture on "Current scenario in thyroid disease and pregnancy" at Vinayaka Mission's College of Nursing on 28th June.
- 4. Dr. Sasmita Misra, Professor and Head, Department of Biochemistry published a original research article titled 'Prevalence of microalbuminuria and dyslipidemia in polycystic ovarian disease patients' in Journal of Clinical and Diagnostic Research. 2018;12(6):BC01-BC04.
- 5. Dr. S. Deepa, Associate Professor, Department of OG published a research paper titled "Evaluation of tubal patency with saline infusion sonosalpingogram" in International J of Reproduction, Contraception, Obstetrics and Gynaecology 2018; 7(7): 2590-95.
- 6. Dr. Suryapriya R, Assistant Professor, Dept. of Biochemistry published original research article titled "Association between serum bilirubin and albuminuria in type 2 diabetes mellitus and diabetic nephropathy" in International Journal of Clinical Biochemistry and Research, 2018; 5(2):232-237.
- 7. Dr R. Balaji, Assistant Professor, Center for Yogic Sciences presented a research paper "Effectiveness of adjuvant Yoga therapy in Diabetic lung"- A randomized control trial in SAMANVAYA- 2018, National Conference on intergrative diabetology on 29th June in Sri Devaraj Urs Medical College at Kolar, Karnataka.



AVMC faculty Attending workshops/ CMEs / Conferences as Resourse Faculty/ Chairpersons

- 1. Dr. T Rajan, Professor & HOD, Department of Anatomy participated in workshop on plastination organized by Christian Medical College, Vellore on 9th June.
- 2. Dr. T Rajan, Professor & HOD, Department of Anatomy chaired a scientific session in International Conference of Anatomy, organized by Sree Balaji Medical College and Hospital, Chennai on 22nd and 23rd June.
- 3. Dr.Sasmita Misra, Professor and Head, Department of Biochemistry participated as resource faculty in EDP workshop on 'Mentorship', organized by Medical Education Unit, AVMCH on 18th and 19th June.
- 4. Mr.S.Mohan, Lecturer, Department of Biochemistry attended the faculty development workshop on 'Mentorship', organized by Medical Education Unit, AVMCH on 18th and 19th June.
- 5. Dr. M. Gopinath, Assistant Professor, Department of Physiology attended the faculty development workshop on 'Mentorship', organized by Medical Education Unit, AVMCH on 18th and 19th June.
- 6. Dr. V. Sasi, faculty from Vinayaka Mission's College of Nursing attended "National Faculty Training of Trainers of Facility Based Newborn Care" held at AIIMS, Rishikesh, Uttrakhand from 23rd June to 26th June.
- 7. Dr.R.Latha, Professor, Dr. K Kavitha, Asst Professor, Dr. G. Hemalatha, Asst Professor, Dr.Anusheela Howlader, Asst Professor from the Department of Microbiology and Dr Sasmita Misra, Prof & Head, Department of Biochemistry participated in 4th National Conference 'I con" on Authentic learning innovations for 21st century medicos sponsored by MCI and ICMR on 30th June at Mahatma Gandhi Medical College and Hospital, Pondicherry.

On the occasion of International Day for Yoga, Dr. Kaviraja udupa Additional Professor of Neurophysiology, NIMHANS gave Guest lecture on "Neuromodulation techniques to understand Neurophysiology". The guest lecture was organized by Center for Yogic Sciences at AVMC on 27th June.



Our students made us proud

AVMC students participated in Pondicherry State Regional level yogasana competition held at MGMC on 25 June 2018. In the female category, all the three prizes were won by AVMC students: 1st prize was won by Ms Dhavanisha, first year BPT, IInd prize by Ms Kamali, first year BPT and 3rd prize by Ms Sowbakya, first year Nursing students. In the male category, 3rd prize was won by Mr Muthukumar, II year BSc Nursing student.











Center for Yogic Sciences and 65 students from Audiology Speech Language Pathology, Physiotherapy and Nursing actively participated in International Day of Yoga function organized by the Department of Tourism & Education, Government of Puducherry on 21st June.



Dr. R. Balaji, Asst. Professor, Center for Yogic Sciences demonstrated common Yoga protocol along with Chief Minister and Lieutenant Governor of Puducherry in 4th International Yoga Day celebration on 21st June at Puducherry beach.







From the Editor's Desk...



Dear Readers,

Welcome to our 4th issue of AVMC Newsletter. Thanks to those of you who contributed to it as these contributions are essential to the success of this Newsletter.

Congratulations to all those who have received awards since the last issue of the newsletter. As members of AVMC family we all share in and benefit from your achievements, and we hope to hear more good news along these lines.

Sincere efforts have been put in to cover majority of events, I sincerely apologies if I have left out any.

Best Wishes and thank you in advance for your contributions.

Warm regards Dr Lakshmi Jatiya

Patrons

Dr. A. S. Ganesan, Chancellor (VMRF, Deemed to be University)

Dr. Anuradha Ganesan, Director (VMRF, Deemed to be University)

Advisor

Dr. M. R. Prakaash, CEO AVMC and Associated Colleges

Editor

Dr. Lakshmi Jatiya, Professor Dept. of Physiology





Keep up the Good work !!!

Department of Mental Health Nursing, Vinayaka Mission's College of Nursing & Bharath Matha Deaddiction Centre, Puducherry jointly organized a rally on International Day Against Drug Abuse & Illicit Trafficking on 26th June. Nearly 60 B.Sc (N) III year students and 2 faculties participated in the rally. The rally focused on ill effects of drugs and alcohol.

Student Nursing Association Unit of VMCON in collaboration with Department of yoga AVMC, Department of Tourism, School Education, Higher and Technical Education, Indian System of Medicine & Homeopathy, Puducherry pollution control committee -Government of Puducherry organized Yoga day celebration on 21st June at Pondicherry beach.

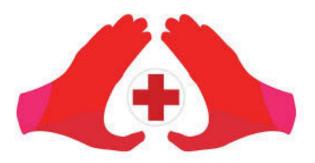




Indian Red Cross Society, Puducherry branch in collaboration with Vinayaka Mission's College of Nursing conducted First & Second Nipha Virus surveillance camp at Puducherry railway station on 26.05.2018, 28.05.2018 & 02.06.2018. Youth Red Cross Society volunteers from Vinayaka Mission's College of Nursing participated in the camp and received the certificates.









Dr B. Kanchana, Prof & HOD, Department of General Surgery took over as Dean of Aarupadai Veedu Medical College and Hospital on 20th June 2018.

The Editorial Board wishes her a successful tenure as Dean.

Dr A S Ganesan, Chancellor, Dr Anuradha Ganesan, Director, & Mr. J. Suresh Samuel, Member STB, VMRF, Salem unveiled the Food Court, Super Market, Indoor sports facility and Ladies Spa in AVMC Campus on 21st June.





