



VINAYAKA MISSION'S  
RESEARCH FOUNDATION  
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**AVMC**  
AARUPADAI VEEDU MEDICAL COLLEGE

# NEWS LETTER

Volume 3 . Issue 4 . Oct - Dec 2020



## Greetings from the AVMC Newsletter Desk

All suggestions to improve  
AVMC - Newsletter can be mailed to  
[avmcnewsletter@avmc.edu.in](mailto:avmcnewsletter@avmc.edu.in).

## Thought for the month

“Medicines cure diseases, but only doctors  
can cure patients.”

- Carl Jung

## First Annual Endowment Oration

The First Annual Endowment Oration of  
Aarupadai Veedu Medical College named  
after the Madam Founder Chancellor,  
Smt. Annapoosarani Shanmuga Sundaram was  
conducted on 23.12.2020 through CISCO -  
WEBEX Platform by the Scientific Society

[www.avmc.edu.in](http://www.avmc.edu.in)

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## ...From the Editor's Desk

Dear Readers,

Warm greetings, we are pleased to share the 4th issue of the newsletter of the year 2020. A News Letter is like a mirror which reflects the clear picture of all sorts of activities undertaken by an Institute. This issue will give highlight of various activities and events that have taken place in the second half of the last year. Due to the unprecedented situation arising after the outbreak of COVID-19 most of the events took place digitally. The College has made tremendous progress in all areas academic, non-academics, capacity building relevant to staff and students. I am confident that this issue will send a positive signal to the staff, students who are interested in the Technical education and Technology based activities.

I hope you will enjoy reading this issue. I thank all who contributed to this endeavour. Do send your comments/suggestions to [avmcnewsletter@avmc.edu.in](mailto:avmcnewsletter@avmc.edu.in).



Best Regards,  
**Dr. Sasmita Mishra**, Chief Editor,  
HOD, Department of Biochemistry



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## Academic Events

### 1. Curriculum Implementation Support Program –II was conducted by MEU on 10<sup>th</sup> & 11<sup>th</sup> Nov 2020

NMC (MCI) Observed CISP – II was conducted by online platform by the Medical Education Unit (MEU - AVMC) from 10th Nov 2020 to 11th Nov 2020. **Dr. Vikas Menon**, Additional Professor, Department of Psychiatry, JIPMER was the NMC (MCI) Observer from the Regional Center JIPMER, Pondicherry. One participant from Coimbatore Medical College & Hospital Dr. Usha Prof. of Medicine, participated for one day observer ship as a part of completion of ACME Course by the Nodal Center. Twenty Nine participants from various departments both form college & Hospital participated in the Workshop. Objectives of the program were to implement CBME – in phase II Curriculum and to improve Quality of medical teaching by training the teachers for the phase II MBBS – Students.

Resourse persons were **Dr. Prof., P.F. Kotur** Dean, Prof of Anaesthesia, **Dr. V.N. Mahalakshmi**, Dean-HPE, Prof of Paediatrics Surgery, **Dr. B. Vishnu Bhat** Director Medical Research, Prof of Paediatrics, **Dr. B.R. Asokan** Professor & HOD, Pharmacology, **Dr. Sasmita Mishra**, Professor & HOD, Department of Biochemistry, **Dr Pushpa Kotur**, Professor, O&G, **Dr. R. Latha** Professor & HOD, Microbiology, **Dr. M. Manju** Professor, Biochemistry, **Dr. Govardhan**, J Associate Professor, Dermatology, **Dr. S. Ilankathir**, Associate Professor, Anatomy, **Dr. M. Gopinath**, Associate. Professor, Physiology and **Dr. J. James Rajesh** Assoc. Prof., Forensic Medicine. The entire program of CISP - II Workshop was organized, well thought out, planned and implemented as per NMC (MCI) guidelines communicated through the Regional Centre JIPMER. All the two days from 10.11.20 to 11.11.20 relevant topics were presented and vigorous discussion was encouraged and many concerns were raised by the faculty and the issues were addressed. All the topics were well presented and delivered and the group activity that followed each session for all the two days displayed good team work and a fair amount of brain storming. The faculty remained very enthusiastic till the end despite long hours in online mode.



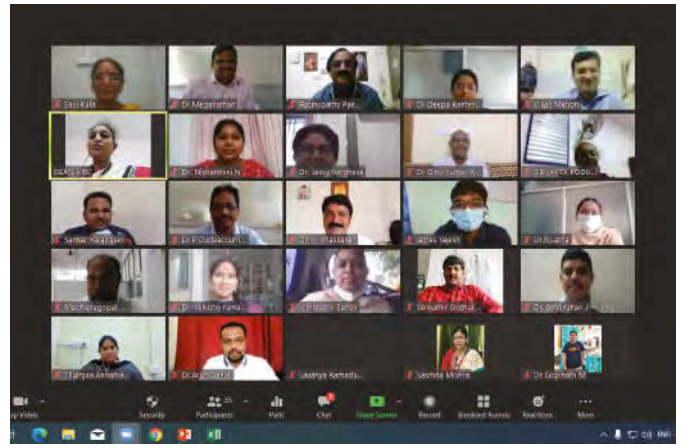
Dr. B.R. Asokan, MEU Co-ordinator,  
Welcoming the participants



10<sup>th</sup> Nov - Morning Session



Dr. Arthy, AP, Forensic Medicine hosting the programme



10<sup>th</sup> Nov - Afternoon Session



Dr. S. Ilankathir, taking a session ECE

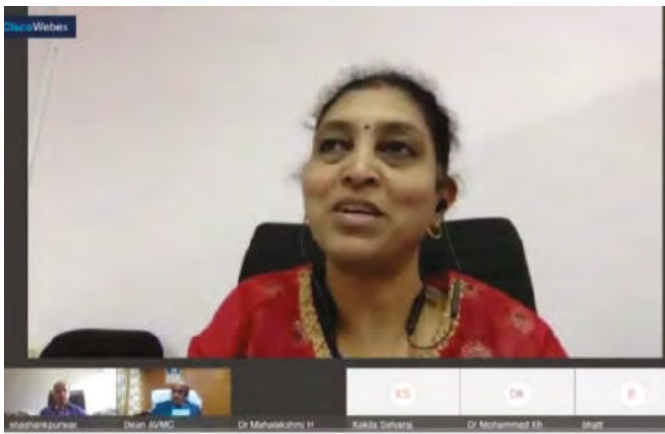


11<sup>th</sup> Nov - Morning Session

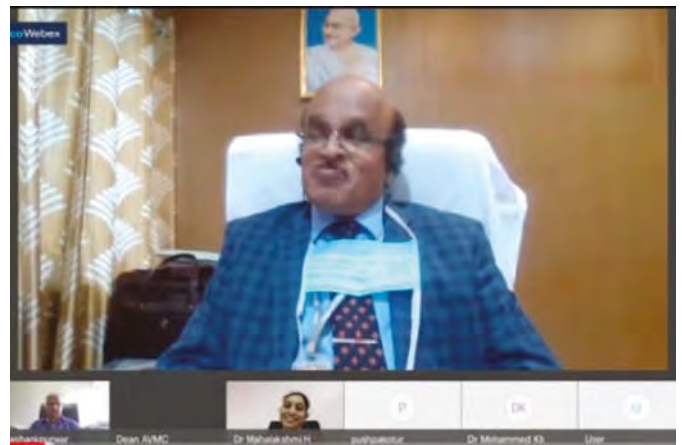
The NMC (MCI) Observer, Dr. Vikas Menon was very attentive and helpful and his closing speech was quite generous with his praise for the contents of the programme, the presentations and the enthusiastic faculty participation. Feedback was taken at the end of each day and a program evaluation feedback was also taken for the two days programme. At the end was the valedictory function in which Dr. V. N. Mahalakshmi DEAN –HPE summed up the proceedings and participants shared their views. Vote of thanks was given by **Dr. B.R. Asokan**, the MEU Coordinator.

## 2. FFF Webinar organized by the Scientifique Society of Aarupadai Veedu Medical College & Hospital Continued....

The webinar series launched by ‘The Scientifique Society’ of Aarupadai Veedu Medical College & Hospital continued in the months of October, November and December on Friday - Afternoon 3-4.30 pm also through Cisco webex meeting platform Pro version medium. The webinars were chaired by Dr.P.F Kotur, Dean, AVMCH and hosted by- Dr. V. N. Mahalakshim., Dean-Health Professions Education, AVMCH. Registration link was shared through social medias of our institute like WhatsApp groups, Twitter, Instagram, LinkedIn, Facebook.



**Dr. V.N Mahalakshmi, Dean HPE AVMC  
hosting the webinar series**

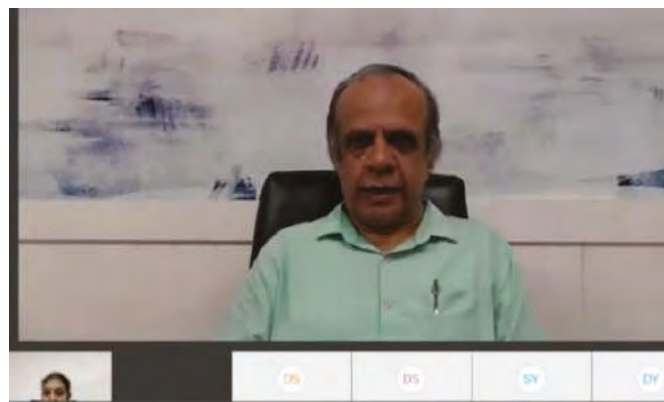


**Dr. P.F Kotur, Dean AVMC chairing  
the webinar series**

This webinar series was started in the month of May. In the last months various prominent personalities from India and outside India spoke about many important topics covering all aspects of medical ground like Professional practice, novel diagnostics & therapeutics, education & training of the professionals mainly related to COVID pandemic.

During these three months almost 9 FFF webinars were conducted. The main objective is how can we come back to normal and overcome this COVID-19 Pandemic crisis.

Series 5 of FFF webinars started in the month of October. Theme of this series was population based approach to health. 3 webinars were conducted in Oct. On 9th October **Dr. Siva Prasad Gowda**, Director, KLE Research Foundation, Bangalore, gave a talk on **Evidence based interventions for improving maternal and newborn outcomes**.

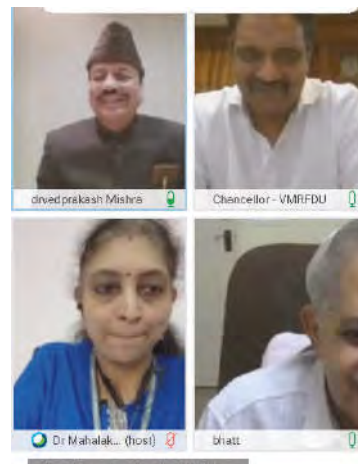


**Dr. Siva Prasad Gowda, Director, KLE Research Foundation,  
Bangalore, giving a talk on Evidence based interventions for  
improving maternal and newborn outcomes.**

16<sup>th</sup> October was the silver jubilee episode of FFF webinar series. On this occasion **Dr. Vedprakash Mishra**, BC. Roy National Awardee Prof of Excellence, Eminence and Emeritus National Head of Indian Academic Program UNESCO Chair in Bio-Ethics Haifa Member, International Committee for Bioethics for Asia Pacific Region Former Chairman of Academic Council & Postgraduate Education Committee, Medical Council of India gave an excellent talk on **Impact of National Education Policy, 2020, on Medical Education**.



Hon'ble Chancellor, **Dr A S Ganesan**, Director, **Dr Anuradha Ganesan**, congratulated the organizing team and addressed the participants on this occasion. Dr.Vedprakash Mishra also inaugurated the library and museum of MEU,AVMC.



On 23rd October **Dr. Gitanjali Batmanabane**, Director, All India Institute Of Medical Science, Bhuvaneshwar, gave a talk on **Medical Leadership in Academic Institutions in India during the COVID Crisis**. She explained what were the crisis in healthcare, medical education and the entire field of medicine they went through and how they overcome those during COVID pandemic.

**Dr. Vedprakash Mishra, BC. Roy National Awardee** gave an excellent talk on **Impact of National Education Policy, 2020, on Medical Education**. On the silver jubilee episode also inaugurated the library and museum of MEU,AVMC.



**Dr. Gitanjali Batmanabane, Director, All India Institute Of Medical Science, Bhuvaneshwar, giving a talk on Medical Leadership in Academic Institutions in India during the COVID Crisis**

Series 6 started on 6th November. Theme of this series was new concepts and advances in medical education. Three webinars were conducted during the month of November. **Prof. Ashok Deorari**, Prof & Head, Department of Pediatrics, President, NNF India 2020 All India Institute of Medical Sciences, New Delhi took a session on **Harnessing Digital Technology for Education**. He informed how medical education and health care can be conducted digitally through different apps.

On 20th November **Prof. N. Anantha Krishnan**, Dean of Faculty and Professor of Eminence in Surgery and Health Professions Education, SBV Former Director-Professor and Head, Department of Surgery, JIPMER, Pondicherry delivered a speech on **Teaching and Assessing Residents' Competencies**. He spoke about the challenges faced to teach and also to assess the residents during this pandemic and how we can overcome that by adapting different new methods.



**Ashok Deorari, Prof & Head, Department of Pediatrics, President, NNF India 2020 All India Institute of Medical Sciences, New Delhi taking a session on Harnessing Digital Technology for Education**



**Prof. N. Anantha Krishnan, Dean of Faculty and Professor of Eminence in Surgery and Health Professions Education, SBV, delivering a speech on Teaching and Assessing Residents' Competencies**



**Dr. Avinash Supe, Dr. B C Roy National Awardee Founder Director, GSMC FAIMER regional Institute President, Indian Association of Surgical Gastroenterology giving a talk on Clinical skills teaching in COVID era.**

On 27th November **Dr. Avinash Supe**, Dr. B C Roy National Awardee Founder Director, GSMC FAIMER regional Institute President, Indian Association of Surgical Gastroenterology gave a talk on **Clinical skills teaching in COVID era**. He informed in detail about the various methods of teaching clinical skills digitally.

On 4th December there was a –Panel discussion on **Teaching clinical reasoning**, The moderator was **Dr. Nachiket Shankar**, Professor in the department Anatomy, St. John's Medical College, Bangalore.

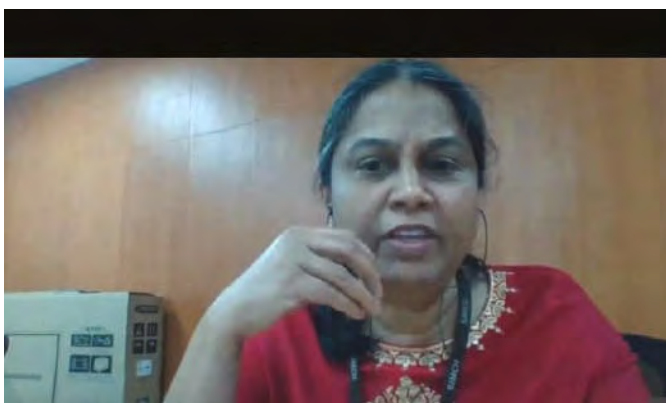
### **Panel discussion on teaching clinical reasoning- The St John's Experience**



**Dr. Nachiket Shankar, Professor in department Anatomy, Moderator**



**Dr. John Stephen, Professor of Dermatology and HOD of MEU, Penalist**



**Dr. Suneetha Nityanandam, Prof and Head of Ophthalmology and member of MEU, Penalist**

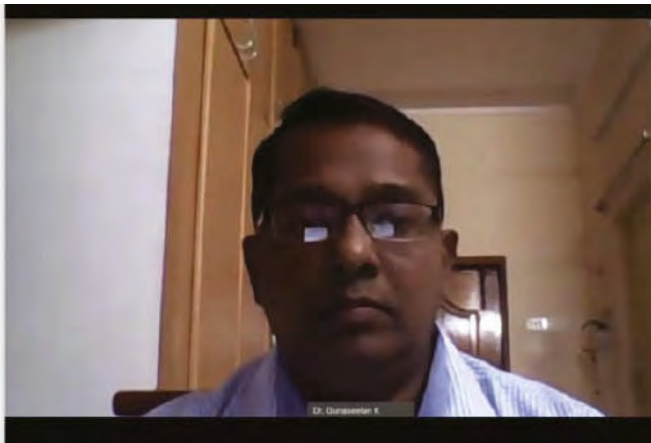


**Dr. Sanjiv Lewin, Cheif of Medical Services, Professor of Paediatrics, Clinical Ethics & Medical Education, Penalist**



The Penalist were **Dr. Sanjiv Lewin**, Cheif of Medical Services, Professor of Paediatrics, Clinical Ethics & Medical Education, **Dr. John Stephen**, Professor of Dermatology and HOD of MEU and **Dr. Suneetha Nityanandam**, Prof and Head of Ophthalmology and member of MEU St. John's Medical College Hospital, Bangalore. They discussed what clinical reasoning, why it is important, what are the steps involved in clinical reasoning and how and when to conduct clinical reasoning in detail.

The series 7 started with the new concepts in oncology and advancement in the treatment of cancer and also the impact of COVID on cancer. **Dr. Gunaseelan. K**, Addl Professor & Head, Department of Radiation Oncology, Regional Cancer Centre, JIPMER, Pondicherry took a session on **Radiation Oncology – What is new?** On 11th December.



**Dr. Gunaseelan. K**, Addl Professor & Head, Department of Radiation Oncology, JIPMER, Pondicherry taking a session on Radiation Oncology – What is new?



**Dr. Prathamesh S. Pai**, Prof. Dept. of Head & Neck Surgical Oncology, Tata Memorial Centre (TMC), Mumbai delivering a speech on Impact of Covid on Head Neck Cancer

**Dr. Prathamesh S. Pai**, Prof. Dept. of Head & Neck Surgical Oncology, Tata Memorial Centre (TMC), Mumbai delivered a speech on **Impact of Covid on Head Neck Cancer** on 18th December. Many participants from our institute and outside our institute were benefited.

### 3. First Annual Endowment Internal Oration

The First Annual Endowment Oration of Aarupadai Veedu Medical College named after the Madam Founder Chancellor, **Smt. Annapooarani Shanmuga Sundaram** was conducted at Aarupadai Veedu Medical College on 23.12.2020 through CISCO –WEBEX Platform.

The Oration was delivered by **Prof. B. Vishnu Bhat**, Director-Medical Research, Professor of Paediatrics and Neonatology, AVMCH and Former Director, JIPMER. The orator enlightened the audience on the following aspects: Phases of Perinatal Asphyxia, Pathogenesis, Organ Dysfunction, with detailed emphasis on his Research Work on Prediction of the Severity and Outcome of Perinatal Asphyxia with nucleated red blood cells, Biochemical levels of various parameters and its relation with oxidative stress.

**Prof. P. Oudeacoumar**, President, Scientifique welcomed the gathering. **Prof. P. F. Kotur**, Dean, AVMCH addressed the audience. **Prof. V.N. Mahalakshmi** Dean-Health Professions Education introduced the Orator. Heads of other Medical Colleges and Heads of Institutions of VMRF, Faculties and Students, totally



numbering more than 300 attended the Oration Programme. Chancellor's Message was delivered by Prof. K. Jayasingh, Medical Superintendent. The program ended with vote of thanks proposed by Prof.S.Deepa, Member Secretary, Scientifique.



**Prof. P.F. Kotur, Dean  
addressing the audience**



**Prof. P. OudeaCoumar, President of Scientifique  
welcoming the gathering**



**Prof. B. Vishnu Bhat,  
Director - Medical Research, delivering the Oration**



**Prof. V.N. Mahalakshmi, Dean-HPE  
introducing the orator**



**Proud moment, Dr. B. Vishnu Bhat,  
receiving the award**



## 4. World Mental Health Day 2020 was Celebrated by Psychiatry Dept

On commemoration of world mental health day 2020, Department of psychiatry in collaboration with IQAC conducted a webinar on 10.10.2020 in Cisco webex platform. The programme started at 10.15 am with the welcome address by **Dr.V.Sujaritha**, Associate Professor of Psychiatry, AVMC and it was followed by the presidential address by the Dean **Prof.Dr.Kotur**. External speakers were introduced for the session.



Dr. V. Sujaritha, Welcoming the audience



Dr. Vikas Menon delivery the speech

The first session was by **Dr.Vikas Menon**, Additional Professor of psychiatry, JIPMER on topic “**Preserving Mental Health of Medical Teachers and Students in the wake of the Covid-19**”. It included the challenges faced by medical teachers and students during Covid-19 and tips to handle the stress. The second session was by **Dr.Vimal Doshi**, Senior Assistant Professor of Psychiatry, ICH Egmore, Chennai on topic “**Preserving Mental health of children and elderly during Covid-19 Pandemic**”. This was followed by an interactive Q&A session. The programme ended with Vote of Thanks by **Dr.V.Vishnupriya**, Senior resident, Department of Psychiatry, AVMC. 100+ participants participated in this programme and were benefitted.

## 5. Special Tamil Debate for World Mental Health Day, 2020

Psychiatry department conducted a Tamil debate in Cisco Webex Platform, a first of its kind in AVMC&H On 07.10.2020 as a special programme for World Mental Health day 2020. Faculties from 8 different department participated as speakers and medical superintendent **Dr.Jaya singh** was the judge of the debate. The topic of the debate was “**Did lockdown Strengthened relationships? Or broke relationships?**” It was a fun filled and thought provoking debate. Mementos were given in person to all speakers and judge to honour their active participation.

<b>மனநல மருத்துவத்துறை நடத்தும்</b>	
<b>உலக மனநல தின இணையழி சிறப்பு பட்டிமன்றம்</b>	
<b>சிறப்பு விருந்தினர்கள்</b>	
Prof. Dr. P.F. கோட்டுர் Dean, A.V.M.C & H	Dr. V.N. மகிஷாசுமி Dean- HPE, A.V.M.C & H
<b>தலைப்பு</b>	
<b>ஊரடங்கால் உறவுகள்</b>	
<b>உடைந்ததா? உயர்ந்ததா?</b>	
<b>நடுவர்</b>	
Prof. Dr. K. ஜெய சிங் Medical Superintendent, A.V.M.C & H	
<b>உடைத்தறி:</b>	<b>உயர்ந்தறி:</b>
1) Dr. B.R. அனாதாசாமி (Pharmacology) 2) Dr. P. சம்பா (O&G) 3) Dr. M. பாத்தியாணி (Psychiatry) 4) Mrs. A. அழகி (M&H Nursing)	1) Dr. ரமேஷ் வரதராஜன் (ENT) 2) Dr. E. சைமுசுவாமிநி (Anaesthesia) 3) Dr. R. ஹரிஷ் குமார் (Gen. Med) 4) Dr. ஆர்ஜி (Forensic Medicine)
<b>நிகழ்ச்சியில் இணைய இந்த விழைக கிளிக் செய்யவும்:</b>	
நாள்: புதன் (07.10.2020) நேரம்: பிற்பகல் 02.00 மணி முதல் 04.00 மணி வரை செயல்: CISCO WEBEX	Join Cisco Meeting : https://wbt.gy/uz2e2j ID: 178 122 4113 Password: DpPsv4545
<b>ஆறுமடை வீடு மருத்துவக்கல்லூரி &amp; மருத்துவமனை, மனநல மருத்துவத்துறை தங்களை அன்புடன் வரவேற்கிறது. நன்றி.</b>	

## 6. CME on “Cardiac, Renal and Ocular Complications of Diabetes”

A CME was conducted on “Cardiac, Renal and Ocular Complications of Diabetes” by the Departments of General Medicine & Ophthalmology on 17th December 2020 from 9.00 am to 1.00 pm through Cisco online platform.

**Prof. Dr. S. Vithiavathi**, HOD, General Medicine, Welcomed the participants with a note on the impact of the COVID-19 pandemic on Diabetes. **Prof. P.F.Kotur**, Dean, AVMC gave the presidential address emphasizing the importance of Glycemic control in the Post-Operative period. **Prof. K. Jayasingh**, Medical Superintendent gave an overview of Diabetic complications and burden of diabetes.

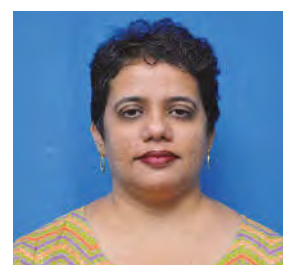
**Prof. K. Sankar** introduced the first guest speaker **Dr. A. Sathish Kumar**, Interventional Cardiologist, SRM Medical College, Trichy who highlighted on the higher risk of CV mortality in India due to DM. He also stressed on the various screening modalities in the prevention of such complications.



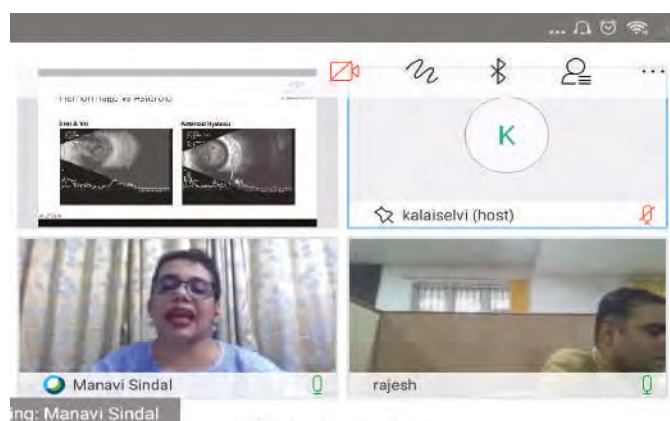
**Dr. Sechassayana**, Associate Professor of Medicine introduced the guest speaker. Dr. J. Rajesh, Consultant, Nephrologist and Associate Professor of Medicine, Dhanalakshmi Srinivasan Medical College, Perambalur. Prevention of Diabetic, Nephropathy was his main concern. The importance of Good glycemic and HTN control salt restriction and body weight reduction were stressed.



**Dr. G. Kalaiselvi**, Associate Professor of Ophthalmology introduced the Guest Speaker **Dr. Manavi.D.Sindal**, Head, Clinical Retina and Training, Aravind Eye Hospital and Postgraduate Institute of Ophthalmology, Pondicherry gave an elaborate talk on **Ocular Complications of Diabetes**. Dr. Manavi emphasized on the impact of **Diabetic Retinopathy as a cause of blindness** in India. Recent advances in the management of Diabetic Retinopathy were also highlighted.



**Dr. S. Sadiqha Banu**, Senior Resident, Department of Ophthalmology proposed the vote of thanks. Interaction sessions and questions marked the competition. Around 200 delegates and students attended the CME .





## 7. Research Methodology Workshop

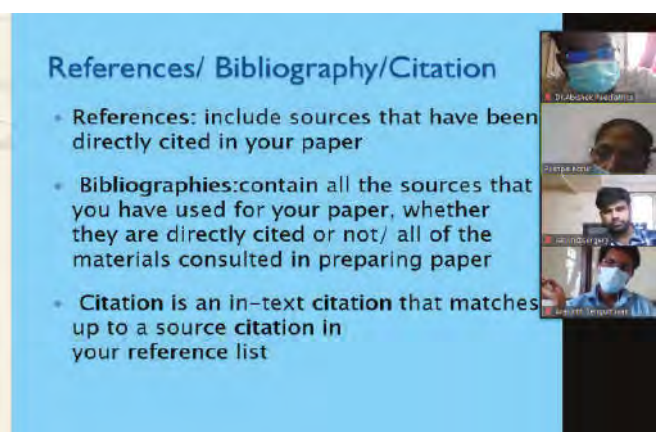
The Research Methodology Workshop for the First Year Post Graduate batch of 2020 was conducted from 20 to 22 of October 2020 Via Zoom Platform . The workshop was organized by the IRC (Institutional Research Committee). The Workshop began on 20-11-2020 at 10.00 am with Lecture on “Overview of Workshop” and Introduction to Research by **Prof. Dr. P.F.kotur**, Dean, AVMC&H followed by Lecture on “Research Question and Hypothesis” and Framing Aims and Objectives by **Prof. Dr. Vishnu Bhat**, Director Research. Morning session ended with “Research question and hypothesis” Program ended on day 1 by a session on “Literature search” by **Prof. Dr. Pushpa Kotur**, Department of OBG.

On Day 2 the workshop began at 10.00 am by **Prof. Dr. S. Vithiavathi**, PG Coordinator and & HOD of General Medicine on the topic “Ethics in Research” followed by “Hands on Ethics - case studies” by **Prof. Dr. V.N.Mahalakshmi**, Dean HPE, AVMC&H followed by “Study Design, descriptive, analytical and experimental” by **Assoc. Prof. Dr. Arun Daniel**. Department of Community Medicine.

Last day of workshop began with session on “Bio statistics sampling, sample size, study variable, test of significance” by **Dr. Ravikumar**, Senior Scientist, Centre for Biomedical Research and **Dr. Subash**, Statistician . The session on “Evidence Based Medicine” the first of its kind by **Prof. Dr. P.F.kotur**, Dean, AVMC&H was very informative. The afternoon session started with “Protocol writing” by **Prof. Dr. Oudeacoumar**, HOD of DVL.

Each session followed by hands on activity which was facilitated by **Professors, Dr. Vishnu Bhat, Dr. Sethumathavan, Dr. Sasmita Mishra, Dr. Deepa, Dr. Arunachalam, Dr. Jawahar, Dr. Manju, Assoc. Prof. Dr. Thanmuja, Asst. Professors Dr. Vignesh, Dr. Hareesh, Dr. Sudha, Dr. Nishanthini**.





The three days' workshop was hosted by **Dr. Ravikumar**, Senior Scientist, Centre for Biomedical Research and was concluded by Vote of thanks by **Prof Dr. S. Vithiavathi**. The three days' workshop was conducted in a well-organized manner and it was very informative and all PG students actively participated in the workshop. Feedback for the whole workshop was obtained from all the attendees and e-certificates were issued to all.

## 8. CME on "Approach To Hairloss"

Department of Dermatology, Venereology & Leprosy conducted an online CME webinar on "**Approach to hairloss**" through cisco webex platform on 11th December 2020. **Dr. P. Oudeacoumar**, Professor and Head, Dept of DVL delivered the Introduction and welcome address. The Presidential address was given by Prof. Dr. P.F. Kotur, Dean.

The Guest lectures were given by; **Dr. Shashank Bansod**, Consultant Dermatologist, Hi-Tech Skin, Cosmetology and Hair Transplant Centre, Nagpur he spoke on "**General Approach to Hair loss**"

**Dr. Sukesh M.S.**, Director, Chief Dermato – Trichologist and Hair Transplant Surgeon, Skin & Hair Sciences, spoke on "**Trichoscopy as a diagnostic tool in hair loss**"

**Dr. Sheela Kuruvila**, Professor & Head, Department of Dermatology, Venereology and Leprosy, PIMS, Puducherry spoke on "**Medical Management of Hair loss**".



**Dr. Amit Shivaji Kerure**, Consultant Dermatologist and Hair Transplant Surgeon, Vashi, Navi Mumbai spoke on “**Surgical Management of Hair loss – Follicular Unit Extraction**”

**Dr. Kumaresan**, Consultant Dermatologist and Hair Transplant Surgeon, Cutis Skin clinic & Hair Transplant Centre, Coimbatore spoke on “**Hair Cosmetics**”.

This was followed by panel discussion. **Dr. J. Govardhan**, Associate professor of DVL, AVMC & Hospital, Puducherry delivered the vote of thanks bringing the program to a conclusion. 77 participants from all over India attend the CME program.

## **9. Introduction to Medical Education Technology workshop was conducted by MEU**

A workshop on Introduction to Medical Education Technology was conducted by MEU from 12th to 15th Oct 2020 in ONLINE MODE. Objectives of the programme were To understand education as a system, To Learn **Taxonomy & available domains**, To Learn the different **TL Methods** available, To Learn **micro teaching Skills and Implement** it in their respective department, To Learn the usage of available TL medias, To follow the **Principles of Assessment**.

Resource persons were **Dr. Prof., P.F. Kotur**, Dean, **Dr. V.N. Mahalakshmi**, Dean-HPE, **Dr. B. Vishnu Bhat**, Director Medical Research, **Dr. B.R. Asokan** Professor & HOD, Pharmacology, **Dr. Sasmita Mishra**, Professor & HOD, Department of Biochemistry, **Dr. Pushpa Kotur**, Professor, O&G, **Dr. R. Latha**, Professor & HOD, Microbiology, **Dr. M. Manju** Professor, Biochemistry, **Dr. Govardhan, J**, Associate Professor, Dermatology, **Dr. Gopinath**, Associate Professor, Physiology, **Dr. J. James Rajesh**, Assoc. Prof., Forensic Medicine., **Dr. T. Rajan** Professor & HOD, Department of Anatomy, **Dr. A. Tumja**, Professor Department of Paediatrics, **Dr. Suresh Rajkumar M**, Professor Department of Anesthesia, **Dr. Umadevi .K.P.**, Asso. Professor, Pathology, **Dr. R. Jawahar**, Professor & HOD., Pathology, **Dr. Suryapriya .R.**, Asst. Professor, Biochemistry 31 participants attended the workshop.

## Publications July-Sept 2020

1. Dr .K Siva, Dr R Jawahar, Dr R Varadharajaperumal and Dr J Jeya Shambavi published an original research article titled “Comparison of cytomorphology and frozen section of endometrial aspiration with histopathology in abnormal uterine bleeding” in International Journal of Clinical and Diagnostic Pathology 2020
2. Dr. Revathy published an original research article titled “Association of secretors and non-secretors in ABO blood group with incidence of rheumatic fever in south Indian population: An observational study” in International Journal of Clinical and Diagnostic Pathology 2020.
3. Dr Asokan B.R, HOD, Dept of Pharmacology has published article on Anti-hyperlipidemic Activity of *Lansea coramandelica* Leaf extract against experimentally induced Hyperlipidemia in Rats in International journal of research in Pharmaceutical sciences, Oct 2020.
4. Dr Sivaraj R, Dept of Pharmacology has Co-authored a “Textbook of modern pharmacology for MBBS students”- 3rd edition by CBS Publishers, Chennai.
5. Dr Velvizhy R. Dept of Pharmacology has published article on A prospective observational study on prescribing pattern of antimicrobial agents in the post-operative general surgery ward of a tertiary care teaching hospital in International Journal of Basic & Clinical Pharmacology, Oct 2020.
6. Dr Velvizhy R. Dept of Pharmacology has published article on Association of secretors and non-secretors in ABO blood group with incidence of rheumatic fever in south Indian population: An observational study in International Journal of Clinical and Diagnostic Pathology, Dec 2020.
7. Shiyam V, Nishanthini N, Niranjjan R, Lokeshmaran A published a paper on Comparative study on bowel habits among the rural and urban school going adolescents of puducherry. International Journal of Community Medicine and Public Health , 2020 Nov;7(11);4597-4603.
8. Shiyam V, Nishanthini N, Niranjjan R, Lokeshmaran A published a paper on comparative study on Dietary pattern and their Associated factors among the rural and urban school going adolescents, Annals of Community Health, Oct- Dec 2020/ Vol18/Issue 04.



## Conference attended by Faculties, PGS

1. Dr Asokan B.R ,HOD, Pharmacology attended the FDPs by MEU as a resource person - PG -Orientation Program-Part-II held from 5th to 7th October,Medical education technology for faculty held from 12th to 16th October 2020, CISP-II held on 10th and 11th November 2020
2. Dr Asokan B.R, HOD, Pharmacology has attended the online course on biostatistics conducted by Bengal Forum of Clinical Pharmacology and Therapeutics on 17, 18 Oct 2020
3. Dr Asokan B.R, HOD, Pharmacology has attended the workshop on effective medical thesis writing conducted by ICMR on 1st to 3rd oct 2020
4. Dr Asokan B.R,HOD has attended the Advanced Workshop on Bioavailability/ Bioequivalence Studies by SMVMCH on 3rd, 4th Dec 2020
5. Dr Sivaraj,Dr Meganathan has attended conference Virtual International Conference on “Bounce Back in 2020 – To new normal with Covid-19 and Post Covid Pandemic” Organized by Sri Ramachandra Institute of Higher Education & Research on 03.10.2020
6. Dr Sivaraj has attended FDP on Outcome Based Education Organized by Swami Vivekanand Subharti University, Meerut, Pune from 08.10.2020 to 10.10.2020
7. Dr Sivaraj has attended FDP on “Problem Based Learning in Medical Education” by NTTTC JIPMER on 15.10.2020
8. Dr Asokan B.R, HOD of Pharmacology Dr Sivaraj, Dr Deepa kameswari has attended FDP on “Mentoring in Medical Educationby NTTTC JIPMER on 22.10.2020
9. Dr Meganathan has attended Annual Conference on DIACARE on 26th,27th Dec 2020
10. Dr Meganathan has attended Annual Conference of endocrine society Trendo 2020 from 4th to 6th Dec 2020
11. Dr Madhanagopal,Dr Deepa kameswari has attended FDP on Are we competent to assess competence? By MEU, SVMCH, Pondicherry on 18.11.2020
12. Dr Narayanasamy has attended workshop on GCP by PGIMER,Chandigarh from 18th to 20th Dec 2020
13. Dr Deepa kameswari has attended FDP on Zebra fish in clinical research, Sri Sathya Sai medical college on 13.10.2020
14. Dr Deepa kameswari has attended International conference on Clinical updates in diabetesAmerican diabetes association from 2.10.20 to 4.10.2020



15. Dr.K.P. Umadevi, Associate professor in Pathology was the Resource Person in Flipped class room FDP conducted on 12th& 13th October 2020 at AVMC&H
16. Dr J. Jeyashambavi, Associate professor in pathology participated in MCI – MEU – Workshop:- CISP conducted on 10th& 11th November 2020 at AVMC&H
17. Dr R.Varadharajaperumal, Associate professor in pathology participated in MCI – MEU – Workshop:- CISP conducted on 10th& 11th November 2020 at AVMC&H
18. Dr. A. Pradeep, Assistant professor in Pathology attended “the FDP: Module – 1” conducted on 7th to 10th December 2020 at AVMC&H
19. Dr. S. Revathy, Assistant professor in Pathology participated in “Workshop on: - Medical Laboratory system and Internal audit as per ISO 15189-2012”, conducted on 10th & 11th December 2020 by Virtual platform organised by Training and capacity building cell, Quality council of India.
20. Dr K.P.Umadevi, Associate professor in Pathology moderated “the FDP: Module – 2 curriculum Design, OBE”, conducted on 14th to 16th December 2020 at AVMC&H
21. Dr A. Pradeep, Assistant professor in Pathology attended “the FDP: Module – 2” conducted on 14th to 16th December 2020 at AVMC&H.
22. KAMLSCON 2020 - 28th Annual State Conference of Karnataka Medico Legal Society, attended by Dr.J.James Rajesh, Dr.A.Arthy and Dr.A.Janani on 06.11.2020 to 08.11.2020.
23. Annual snakebite conference 2020, attended by Dr.J.James Rajesh, Dr.A.Arthy and Dr.A.Janani on 21.11.2020, 24.11.2020 and 24.11.2020.
24. Point of Care Quality Improvement, attended by Dr.A.Arthy on 06.11.2020.
25. Dr.J.James Rajesh and Dr.A.Arthy as Resource person in Introduction to Medical Education Technology conducted on 13.10.2020 to 15.10.2020.
26. Introduction to Medical Education Technology attended by Dr.A.Janani on 13.10.2020 to 15.10.2020.
27. “Problem Based Learning in Medical Education” attended Dr.J.James Rajesh and Dr.A.Arthy on 15.10.2020.
28. “Mentoring in Medical Education” attended Dr.J.James Rajesh and Dr.A.Arthy on 22.10.2020.
29. Dr.J.James Rajesh as Resource person in CISP II, conducted at AVMC on 10.11.2020 to 11.11.2020
30. Panel Discussion on Teaching Clinical Reasoning – The St.Johns Experience attended by Dr.J.James Rajesh, Dr.A.Arthy and Dr.A.Janani on 04.12.2020.



31. AMRITA International Public Health e- Conference 2020 (AMRITACON-2020) participated by, Dr.H.Vineesh, Dr.H.Deepana, Dr.R.Karthick Kannan, I year PG.
32. Dr Sasmita Mishra, Professor and Head and Dr Manju M Professor, Dept of Biochemistry participated as resource persons in CISP – 2 workshop (under the supervision of MCI/NMC regional center JIPMER) conducted on 10th and 11th November 2020

### **Awarded Ph.D (Doctor of Philosophy)**



We heartily congratulate Dr R.R.Kumar who has been conferred Ph.D (Doctor of Philosophy) by Vinayaka Missions Research Foundation for study titled “Maternal Inheritance of Mitochondrial DNA in Diabetes Mellitus”. Ph.D Viva held on : 27.11.2020.

### **Intramural Funding Projects**

Our institution has received 9 intramural funding grants from VMRF-DU. At this blissful moment, we would like to congratulate all the Principal investigators and Co-Principal Investigators who made this possible.

1. Dr. K. Kavitha, Associate Professor, Department of Microbiology.
2. Dr. Kalaiselvi, Associate Professor, Department of Ophthalmology
3. Dr. M. Rajesh, Assistant Professor, Department of General Medicine
4. Dr. M.Gopinath Associate Professor, Department of Physiology
5. Dr.R.Varadharajaperumal, Assistant Professor, Department of Pathology
6. Dr.J.Govardhan, Associate Professor, Department of Dermatology
7. Mr. S. Artchoudane, Yoga Therapist, Centre for Yogic Sciences
8. Mr. Mohan, Assistant Professor, Department of Biochemistry
9. Dr. S. Deepa, Professor, Department of O & G

# Infrastructure

## Virology Laboratory Inaugurated On 7<sup>th</sup> October 2020



## Urology Inpatient Ward Inaugurated on 2<sup>nd</sup> December 2020



## Spotlight

### Department of Physiology

#### Our Mission:

- ❖ To be recognized as India's foremost educational department in Physiology.
- ❖ Preparing undergraduate students to take their places as leaders in the Medical and Allied Health professions.
- ❖ To be an intellectual home for a rich diversity of academic talent.

#### Our Vision:

- ❖ To provide excellence in education to a wide spectrum of academic disciplines
- ❖ To promote Physiology through the creation and application of knowledge and the stimulation of critical and independent thinking.
- ❖ To carry out world-class scientific research and evidence-based teaching, through expanding of innovation and excellence in both research and teaching.
- ❖ To create an intellectually stimulating and pleasant environment in which students, faculty and staff can flourish.

#### Objective:

- ❖ Integration of classroom knowledge and skills with on-the-job roles, responsibilities, and activities.
- ❖ Provide an active learning process which will allow students to progress as professionals.
- ❖ Promote supervised skill acquisition, problem solving and critical thinking under the supervision of qualified professionals.
- ❖ To conduct seminars, guest lectures and to impart the inter-disciplinary nature of Physiology.

#### Faculty

S.No	Name of the Faculty	Designation
1	Dr. Lakshmi Jatiya	Professor &HOD
2	Dr.Gopinath M	Associate Professor
3	Dr. Jothi Marie Feula A	Assistant Professor
4	Dr. Susmita Mahapatra	Assistant Professor
5	Mrs. Hemalatha M	Assistant Professor
6	Dr. Naresh D	Tutor
7	Dr. Nirmal Kumar	Tutor
8	Dr. Arun Kumar	Tutor





## Courses:

MBBS, BSc Nursing, BSc optometry, DGNM nursing, Bachelor of audiometry and speech language

## Patient Care Activities:

Our clinical physiology lab provides research and patient care services with respect to electrophysiological diagnostic studies, Pulmonary and autonomic function testing.

## Research:

Totally 28 Articles / Paper were Published.

## Achievements:

- Dr. Lakshmi Jatiya , Professor and Head was awarded “Institutional Excellence award” in recognition of exemplary service towards institutional building.
- Dr.Arunkumar.B, Assistant Professor Physiology was awarded the International Best Researcher Award for his paper publication on “Differences in sympathetic activity in normotensives, prehypertensives and hypertensive individuals” conducted by the RULA (Research under Literal Access) International Awards organisation.
- Dr. Lakshmi Jatiya, Professor and Head along with her mentor Dr Madammohan Trakroo wrote a book “ Handbook of Practical Physiology (OSPI)” by Paras Publishers. Dr H Palaniswamy, Ex HOD, Dr M Gopinath, Associate Professor, Dr Susmita Mahapatra also contributed.
- International e-conference on “Emerging Trends in Research-Emphasis on Basic Medical Sciences” was organized by the Departments of Anatomy, Biochemistry, **Physiology** and Centre for Biomedical research of Aarupadai Veedu Medical College, Pondicherry from 17th -19th September 2020.
- The Department regularly conducts CMEs and workshops. The last one in the series was “Workshop on Electrophysiological studies on nerve & muscle”.
- Department also provides Value added course in Clinical Physiology.
- “Creating educational videos on clinical skills” is one of our best practices in teaching and learning.



## Department of Obstetrics & Gynaecology

### Vision

To provide comprehensive women's health care at affordable costs that improves the quality of life and promote preventive care. Develop and maintain our department as a centre for excellence and innovation in the field of obstetrics and gynecology which includes skill based competency development involving undergraduate and post graduate students.

### Mission

- Dedication to the advancement of highest standards of quality of women's health through constant improvisation and evidence based medicine.
- Promotion of professional excellence by implementing modern and innovative methods in continued medical education and research activities.
- To achieve total quality training of students to excel in their fields
- To integrate with governmental and non governmental organizations to complimentarily participate in both health awareness programmes and implementation program.
- To constantly review the health care needs of women, in the field of obstetrics and gynaecology, improvise and formulate need based programmes for the future.
- To explore and innovate strategies in the field of medical education and professional leadership attributes.

### Objectives

- To have commitment to women's health with empathetic attitude and delivering excellent quality of care with high ethical standards.
- Produce UG&PG who are competent professionals who will be an asset to the society.

Name	Designation
Dr. R. Sasikala	Prof. & Head of the Department
Dr. Pushpa Kotur	Professor
Dr. S. Deepa	Professor & DMS
Dr. Jessy Varghese	Associate Professor
Dr. Shabnam Khan	Assistant Professor
Dr. R. Lavanya Alwal	Assistant Professor
Dr.P.Ramya	Assistant Professor
Dr.Srividya Tadru	Assistant Professor
Dr.M.Devi	Senior Resident
Dr.S.Suganya	Senior Resident



## Courses:

MBBS

MS (OG)

## Patient Care Activities

- Established infertility center with Hystero Laparoscopy and well equipped Andrology lab with Intrauterine Insemination facilities present.
- Well equipped Operation theatre with facilities to do endoscopic surgeries.
- Labour Room with ultrasound machine and continuous CTG Facilities.

## Research

- Totally 23 Publications and 18 ongoing Projects
- Ongoing projects:
  - Intramural Funded Project** on Infertile PCOS Patients with abnormal Follicular growth and an Ovulation.
  - SERM funded project** on Gut Microbiome in Polycystic Ovary Syndrome in Indian Population.

## Achievements

- Dr.R.Sasikala, Prof & HOD participated as a Speaker in Tamilnadu Pledges “Independence from Cervical Cancer” held on 15th Aug 2020.
- Dr.Pushpa Kotur professor has archived PhD Degree Traditional Medicine in Reproductive Health, Undergone Advanced Course in Medical Education. Is a Member of Curriculum Committee, Medical Education Unit (MEU), Institutional Research Committee (IRC), President of Women Empowerment Cell (WEC) of AVMCH. She was a Resource Person for Various Faculty Development Program (FDP) conducted by MEU viz, CISP I& II, Orientation Programs
- Dr.S.Deepa, Professor as Resource Person in Student Induction Program “Pandemic Praxis and New Normal” organized by VMCON and they have present Safe Behaviors in ‘New Normal’ - What is expected from Students? In Value Added Program conducted by AVMCH.

Dr.S.Deepa has participant Awareness programme on Health and Prevention of Corona Virus organized by PSBB(Millennium School) for school children’s, Cancer Screening Camp for Police Personnel in collaboration with FOGSI – women’s Day celebration - 08.03.2020 and Social Baby Shower’s Function for all Antenatal Mothers – 12.03.2020





Awareness programme on Health and Prevention of Corona Virus



Cancer Screening Camp for Police Personnel in collaboration with FOGSI



Social Baby Shower's Function for all Antenatal Mothers



**வணக்கம்**  
All societies of Tamil Nadu invite you for a Webinar on  
**Movement towards Cervical Cancer Mukht Bharat**

15<sup>th</sup> August 2020 Saturday Time: 3:00 pm to 5:00 pm

**Tamil Nadu Pledges "Independence from Cervical Cancer"**

**Special Guest:**  
Dr. Asha Rani  
The Hon'ble Minister, Health & Family Welfare, Government of Tamil Nadu

**Leaders:**  
Dr. Ramesh Devi  
Vice President, FOGSI 2020  
Dr. Sampathkumar  
CCO, Government Cancer Institute, Secy, Secy, IMA Chennai Branch  
Prof. Dr. Vignesh Ravi  
President, State Soc. & Sp. Society  
Dr. Radha Madhavan  
President, Program, Transcultural Obs. & Sp. Society

**Chairpersons:**  
Dr. R. Sasikala  
MD, National Public Health Center, Puducherry  
Dr. Vanitha  
Assistant Professor, & Sp. Society  
Dr. M. Emayal  
Secretary, IMA, Chennai

**Panel Discussion: Cervical Cancer Vaccination - Myths & Misconception demystified**

**Moderator:**  
Dr. Priya Sankar Kumar  
Head, IMA, FOGSI Chennai, South District

**Panelists:**  
Dr. Nisha Pothukottu  
Professor, Sree Siddharta & Sri. Society  
Dr. Mary Joseph  
Professor, IMA, Secy, Transcultural Obs. & Sp. Society  
Dr. Suresh  
Professor, IMA, Secy, Transcultural Obs. & Sp. Society  
Dr. S. Suresh Kumar  
Head, IMA, Secy, Transcultural Obs. & Sp. Society  
Dr. S. Suresh Kumar  
Head, IMA, Secy, Transcultural Obs. & Sp. Society

Venue: **zoom**  
Meeting ID: 843 2233 5027  
Password: **PROLUTON**

Academic partners: **Dr. Reddy's**, **Zyclus**, **Nature's**, **Naturogest**, **Proluton Depot**, **Primolut-N**, **Folsafe**

Tamil Nadu Pledges "Independence from Cervical Cancer"

## Students Corner

### COVID –19: Preparing for Success: During & After the Pandemic–A Digital Conclave

UGC has given a clarion call for “Jan Andolan: People’s movement against COVID: 19” to enable us to conquer this disease. In this context, a 2 days digital conclave was organised on 6<sup>th</sup> and 7<sup>th</sup> November 2020 for students and faculty of VMRF in association with Sri Vishnu Mohan Foundation – a non-profit NGO, through Cisco webex platform.

A core team under the stewardship of **Dr. Anuradha Ganesan**, Director, Vinayaka Mission’s Research Foundation (VMRF) and **Shri Shri Hariprasad Swamiji of Sri Vishnu Mohan Foundation** got together in early October to translate this vision into practice for students. The faculty members from Aarupadai Veedu Institute of Technology (AVIT), Paiyanoor, consisting of **Dr. Sangeetha**, Vice Principal-Academics, **Dr. Giri Rengasamy** - Dean CSR, VMRF collaborated with **Dr. VN Mahalakshmi**, Dean-Health Professions Education, **Dr. Lakshmi Jatiya**, Prof & Head, Department of Physiology and **Dr. Deepa**, DMS from Aarupadai Veedu Medical College (AVMC) to enable this transition. This team was ably supported and aided by the team from Sri Vishnu Mohan Foundation represented by **Sri Srikumar**, Trustee and **Mr Sibil**, Tech support.

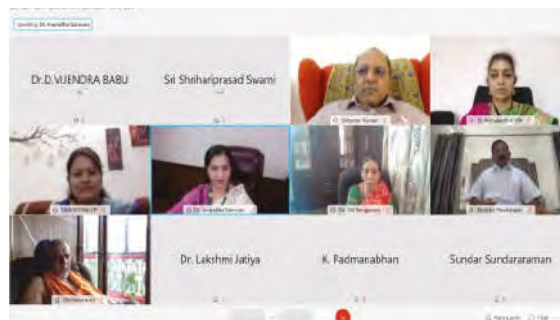
The aim of the program was to capacity build the youth, predominantly students, to fight the pandemic, in terms of developing coping mechanisms and mental powers to overcome the ill effects of ‘Pandemic Praxis’.

The program, envisaged as a digital conclave for students, faculty and other stakeholders boasted of various activities like interactive lectures and webinars, panel discussion featuring the students and a highly enjoyable experience sharing session by students on their attempt to overcome and overturn ‘Inactivity to Creativity’.

6<sup>th</sup> November 2020 saw the inauguration followed by passionate and eloquent speeches by various luminaries. The event was anchored by **Dr. Sangeetha**, VP-Academics, AVIT and **Dr. VN Mahalakshmi**, Dean-HPE, AVMC.

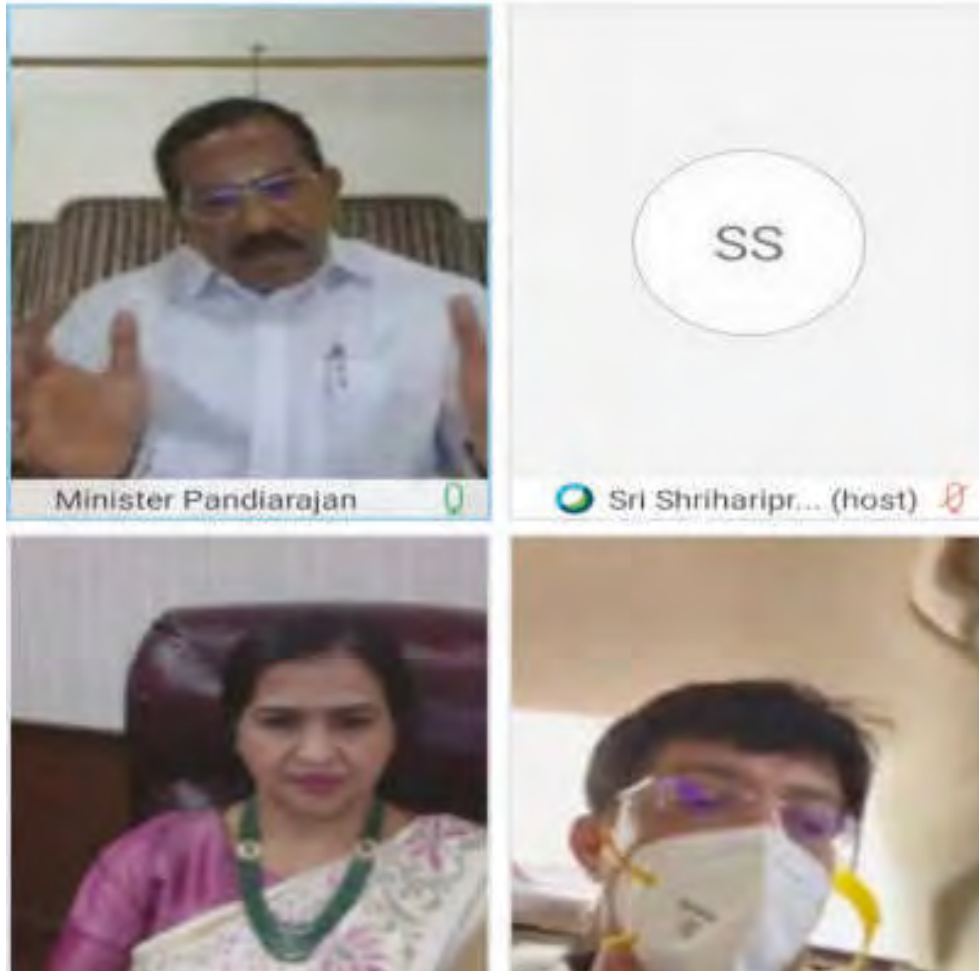
**Mr Srikumar Raman**, Trustee, Sri Vishnu Mohan Foundation welcomed the gathering and introduced the conference theme. He said that our youth are experiencing heightened concerns due to this pandemic that needs to be recognized and addressed not only by the government but also by responsible institutions and organizations. This webinar being jointly organised by Sri Vishnu Mohan Foundation and VMRF is yet another testimony of the commitment of these two organizations working with a common goal of a better, more harmonious, more positive future, with special focus on the young.”

**Dr. Anuradha Ganesan**, Director and Madam Chancellor, VMRF delivered the inaugural address. She spoke on the value of 3 important assets for students– Discipline, Hard work and Perseverance.



**Dr. Anuradha Ganesan, Director and Madam Chancellor, VMRF delivering the inaugural address.**

This was followed by address by the Chief Guest, **Thiru. K. Pandiarajan, Honourable Minister** for Tamil Official Language, Tamil Culture and Archaeology, Government of Tamil Nadu. He spoke on the importance of indigenous healthcare system in India and robust measures taken by the government to combat COVID. He aptly put forth the similarities between opportunities created the pandemic and that of Y2K boom.



**Thiru. K. Pandiarajan, Honourable Minister for Tamil Official Language, Tamil Culture and Archaeology, Government of Tamil Nadu addressing the attendees.**

Guest of Honor, Dr.Radhakrishnan, IAS, Health Secretary, Government of Tamil Nadu walked us through the journey undertaken by TN and how effectively the entire system sprung into action with lightening speed to deal with the deadly corona virus. He drew from his vast experience of dealing with various natural calamities and how interdisciplinary teams came together in this fight.



**Guest of Honor, Dr.Radhakrishnan, IAS, Health Secretary, Government of Tamil Nadu addressing the participants.**

Dr.Sundaraman, Public health Consultant gave the key note address. He compared and contrasted COVID-19 with the HIV pandemic.



Swamiji Shri Shrihariprasad, Managing trustee, Sri Vishnu Mohan Foundation gave the benedictory address. His Holiness advised us to make God part of our lives, who will help us sail us through our rough and tough times.

Dr. G Srinivas, Additional Secretary, UGC shared his thoughts on COVID and its impact on education, health and economic systems of nations and effective usage of technology for Teaching, Learning and Assessment. He emphasized on imparting quality education to our youth not only to make them job ready but good human beings.

Mr. Srikumar Raman, Trustee, Sri Vishnu Mohan Foundation explained the challenges posed by COVID, uncertainty factor and importance and techniques to build resilience.

Dr. Sreepriya Menon, Mental health social worker gave an insight into effective handling of emotional turmoil caused due to COVID. Team from AVMC also shared their experience on student counselling services provided through the Wabi-Sabi (Wabi-Sabi means finding beauty in every aspect of imperfection in nature) program.

The last talk of the day was a video message by Mr K N Ramaswamy, Director, Sri Bhartiya Vidya Bhavan. He spoke on the role of arts and culture in building inner strength and resilience.

Day 2 i.e. 7<sup>th</sup> November 2020 started with recap of Day 1 by the MC's for the day - Dr. Lakshmi Jatiya and Dr. Deepa from AVMC. This was followed by a talk by Dr. K P Suresh Kumar, Head, Cardiology department, Kavery Hospital, Chennai. He spoke on "Successfully coping with stress arising from the COVID-19 pandemic". He eluded the role of Acceptance, Adaptation and Accommodation to deal with stress.

Prof. Uma Maheshwari Shanker, Principal & Head, Department of Philosophy, SIES College of Arts, Science and Commerce, Mumbai spoke on "Coping with the present and future scenario by young professionals". She shared interesting anecdotes from history of Indian culture to emphasise her views.

Dr. P F Kotur, Dean, AVMC & Hospital, spoke passionately on "Emerging role of medicos in the fight against COVID-19."

Dr. Giri Rengasamy, Dean, CSR, VMRF gave an overview on "CSR activities by VMRF during the pandemic" and Dr. K Jaya Singh, Medical Superintendent, AVMC & H spoke on the "Hospital and Community based services undertaken by AVMC & Hospital during COVID -19."

Dr. K Meenakshi Sundaram, Medical Director, Vinayaka Mission's Speciality Hospital gave an overview of the role of private hospitals in combating this pandemic.

Dr. Mahalakshmi, Dean - Health Professions education, AVMC and Hospital moderated a panel discussion on "Covid -19: Impact on students and learning". The panellists were Students - Mr Abhijeet Singh Rathore, Ist MBBS student from AVMC & H, Ms Aishwarya, IIndYr-BTech student, Ms Maheshwari, IIndYr-Management studies student from AVIT. Other panellists from AVMC & H were Dr. Dhaval, postgraduate student from the Department of Obs and Gynae, Dr. Navin, Tutor, Biochemistry department, Mrs Rama,

Student's Councillor and Dr. Lakshmi Jatiya, Prof & Head, Department of Physiology as parent of child undergoing higher education. Issues related to the impact of COVID on learning, social life, new normal and contribution as an individual and families to help tackle this pandemic. Some interesting stories and life lessons learnt from the pandemic were also shared by the students.

Digital conclave also featured an event namely: "nEgativity to crEativity" - a students and faculty activity on both days that was put together by Dr. Jothi Marie Feula, AP, Department of Physiology, Dr. Arun Daniel, Associate Professor, Department of CM and Dr. Lakshmi Jatiya. This event featured portrayal of various activities of students and staff like dance, painting, photography, poetry, artwork during COVID times. 2 videos were also presented - a video prepared by Dr. Deepa, DMS on 'AVMC and its support to government agencies in tackling COVID' and 'Frontline warriors' by Dr. Mahalakshmi.

Finally, Sri Padmanaban, AGM (retd.), State Bank of India expressed gratitude and appreciation for Chief Guest, Guest of Honour, Resource faculty and participants.

Two days digital conclave successfully came to an end with soulful rendition of National Anthem.

## PANDEMIC PRAXIS AND NEW NORMAL

### Value Added Program

A value added program entitled "Pandemic Praxis and new normal" was organised on 23<sup>rd</sup> November 2020 for all the batches of MBBS students and faculty of VMRF through Cisco Webex platform.

A core team under the stewardship of Dr. V N Mahalakshmi, Dean-Health Professions Education got together to translate this vision into practice for students.

The aim of the program was to enable the students to adjust to the 'New Normal behaviours' of campus life once the institutions reopen.

The Master of Ceremony of the event were Dr Gopinath M, Associate Professor, Department of Physiology and Dr Jothi Marie Feula A, Assistant Professor, Department of Physiology. The program started with a welcome address and briefing of the event by Dr Gopinath M. This was followed by eloquent lectures by the faculty members of AVMC.

The scientific session started with a key note address followed by a session on "Exploring the theme COVID-19, disease magnitude and impact on society and education" by Dr. P.F.Kotur, Dean - AVMC. It was an elaborate session illustrating various measures adopted by the institute in prevention and management of COVID-19 and also elaborated the impact on COVID 19 on education perspective.





The next lecture on Defining: Outbreak/Epidemic/Pandemic was by Dr. Vignesh, Assistant Professor, Department of Community medicine. He gave a clear timeline of COVID-19 since outbreak to pandemic.

Dr. Sudha, Assistant Professor of Community medicine gave an exploring lecture on the history of epidemic & pandemics. The talk was really an exploring one briefing various pandemics in the human history.



Dr. Hareesh, Assistant Professor of community medicine, emphasised on emerging and re-emerging infections. He also emphasised on financial burden and economic impact of this pandemic.

The next session was on Standard precautions for infection control by Dr. Mahendiran, tutor, Microbiology and Member secretary of HICC. He shared his expertise views on all the preventive measures to be followed by the students to ease through this new normal pandemic era.

Dr. Anusheela, Assistant Professor of Microbiology, spoke on Airborne/ contact precautions. She shared her expertise views on transmission based precautions, period of infectivity and patient handling.

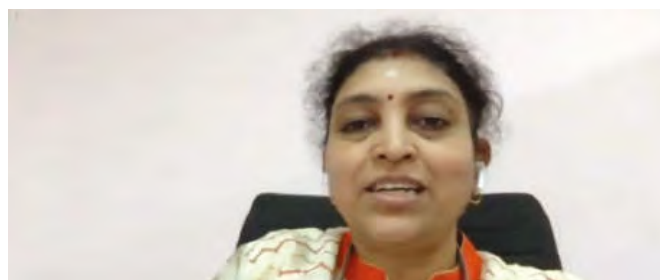
This was followed by the session on Early identification and control of COVID-19 by Dr Shankar, Professor of General medicine. He gave a clear view on clinical presentation and patient management. And he emphasised on following 'Forgotten normal' rather than 'New normal'.

Dr. Nishanthini, Assistant Professor, Department of Community Medicine & Nodal Officer -COVID-19 spoke on 'Outbreak management, quarantine, isolation and contact tracing'. She gave her insights on the need of quarantine and isolation and she had also shared her experience on how contact tracing helps in breaking the chain of transmission.

Dr Anand Babu, Assistant Professor, EVS, spoke on 'Environmental health and sanitation'. He gave a detailed and informative outlook on the measures to be followed by all frontline workers to overcome the existing challenge.

Dr Deepa, Professor of OG & Deputy Medical superintendent, gave a very insightful lecture on 'Safe behaviours in new normal - What is expected from students'. She elaborately listed out all the Dos and Don'ts to be strictly adhered by the students to safeguard themselves and the community.

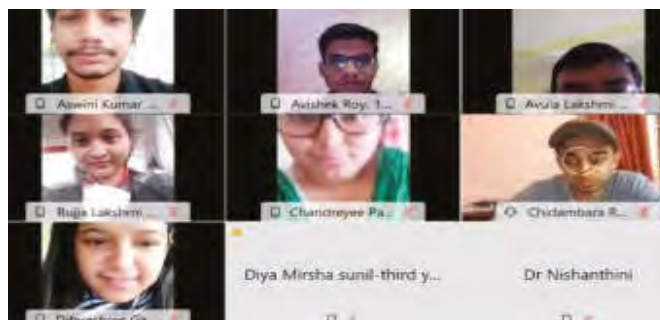
Dr Mahalakshmi, Dean HPE, addressed the student on Standard operating procedures for reopening. She emphasised on the various norms to be strictly followed by the students inside the campus. It was an informative session enlightening students on their roles and responsibilities.



This was followed by a Question & Answer session. Students got their queries clarified by Dr. Mahalakshmi, Dean HPE and other speakers of the session.

And the scientific sessions ended with a wonderful end note with online Quiz conducted by Dr. Mahalakshmi, Dean, HPE and Dr. Navin Kumar, JR/Tutor, Biochemistry through Mentimeter.com. The students joined the program in good number and their active participation was appreciated. The Quiz session was most enjoyable and students were extremely enthusiastic in answering. The students were assured and awarded with the prize money. The winners were awarded with gift vouchers (I place – Rs. 1500, II place – Rs. 1000 and III place – Rs. 500).

Finally, Dr. Arunachalam, HOD - Community Medicine and Vice Principal, Student affairs expressed the gratitude and appreciation for the resource faculty and participants and the value added program ended with a successful note.



## The International Day of Non-Violence

The International Day of Non-Violence is observed on 2<sup>nd</sup> October every year to commemorate the birthday anniversary of our Nation, Mahatma Gandhi, leader of the Indian independence movement and pioneer of the philosophy and strategy of non-violence. Aarupadai Veedu Medical College & Hospital it was celebrated through Zoom platform. The celebration started with the Tree plantation followed by Swachh Bharat Abhiyan on 01-10-2020. Trees are the foremost source for producing the oxygen in environment. They help to reduce the level of CO<sub>2</sub>. As we all know that the whole world is facing the problem of global warming and to recover from such problem planting trees is become one of the most important aspects today. By considering the importance, tree plantation was done in AVMC&H on 01-10-2020. We had our respected Dean Dr.P.F.Kottur, Dean-HPE Dr.V.N.Mahalakshmi, Vice Principal Dr.T.Rajan took part in the event and planted trees.



**Tree Plantation by the Dignitaries**



Swachh Bharat Abhiyan is a campaign run by the government of India as a massive mass movement to initiate the theme of cleanliness all through the India. This campaign was officially launched by the Prime Minister, Narendra Modi on 145<sup>th</sup> birth anniversary of the Mahatma Gandhi on 2<sup>nd</sup> of October in 2014 at Rajghat, New Delhi. The father of Nation, Mahatma Gandhi was dreamed to make India a clean India and always put his hard efforts towards swachhta in India. To fulfill his dream Swachh Bharat Abhiyan, cleaning the campus was conducted in AVMC&H on 01-10-2020. Respected Dean Dr.P.F.Kottur, Dean – HPE, Dr.V.N.Mahalakshmi, Vice Principal Dr.T.Rajan and Dr.Lakshmi Jatiya, Professor and Head, Dept. of Physiology, Mr.L.Perumal, Deputy Registrar and Mr.R.R.Kumar, NSS Programme Officer took part in the programme.



**Swachh Bharat Abhiyan – Campus cleaning by the dignitaries**

National Service Scheme of AVMC&H conducted essay competition amongst the students on the topic “Bapu and Quit India”. The students actively participated in the competition. The prizes were given to the students

On 02-10-2020, the celebration started with the Invocation song through Zoom platform. Dr.Lakshmi Jatiya, Professor & HOD, Department of Physiology delivered the welcome address. Then students gave a speech about Gandhian Principles and excerpts from Gita, Quran & Bible followed by the Video Clippings on Mahatma Gandhi-Non Violence Speech. Respected Dean Dr.P.F.Kottur delivered the address and mentioned the importance of celebration. Dr.Jayasingh, Medical Superintendent announced the Prize winners of Essay writing competition. The Prize winners are,



1. Ms.Sayari Datta (I MBBS) – First prize
2. Mr.E.Vignesh (III MBBS) – Second Prize
3. Ms.Supreethi (II MBBS) and Bujja Lakshmi (I MBBS) – Third prize

Dr.Vishnu Bhat, Director – Research delivered the address on non violence. Dr.T.Rajan, Vice Principal was instrumental in making this programme a grand success. Mr.R.R.Kumar, NSS Programme Officer made arrangements for the programme. Dr.Arunachalam, Vice Principal – Student Affairs proposed the vote of thanks. The celebration came to an end with National Anthem.



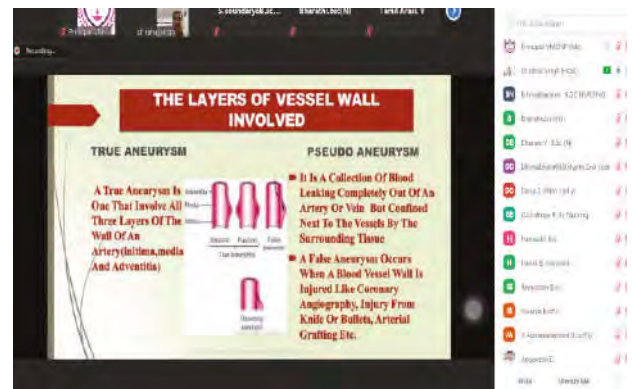




## Academic Events

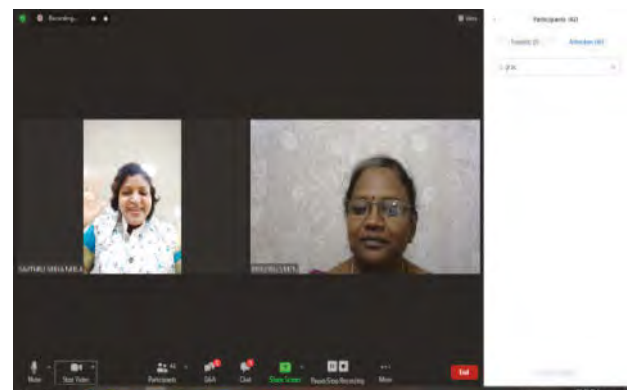
### 1. Guest Lecture on Aortic aneurysm was organized by Department of Medical Surgical Nursing, Vinayaka Mission's college of Nursing on 06.10.2020

The programme started at 11.00 am Mrs. Maheswari. S, Lecturer, Department of Medical Surgical Nursing, VMCON, and Puducherry welcomed the gathering and introduced the resource person, Dr. Rahul Singh, PG - Senior Resident, Department of General Medicine, AVMC&H, and Puducherry. The resource person explained broadly on classification, etiology and pathogenesis, potential biomarkers and its management. Around 75 students & 10 faculties took part in the program. The session was informative and doubts of the Participants were clarified at the end of the session by the speaker. The program ended with vote of thanks by Mrs. Maheswari. S. online feedbacks from all the participants were obtained.



### 2. International girl child day was organized by Department of Pediatrics on 7/10/2020 at 2.00pm.

The programme started with welcome address by Mrs.A.Samundeeswari, Professor, Department of Child Health Nursing, followed with key note address by Dr.G.Muthamilselvi, Principal, VMCON. After the Inaugural session, video clippings of girl children were projected to the audience. At 2.30 pm Guest speaker was introduced by Dr.B.Sudha, HOD, Department of Child Health Nursing and session started by 2.45 pm. Mrs. P. Neela , Principal , Pachamuthu College of Nursing ,Dharmapuri highlighted on the purposes of celebrating girl child day and she focused on the model of life and how to lead the life happily.. The programme came to an end by 4.00pm. Total number participants was 63 M.sc & B.sc students.



### 3. Guest Lecture on Peripheral Vascular disease was organized by Department of Medical Surgical Nursing, Vinayaka Mission's college of Nursing on 08.10.2020.

The programme started at 11.00 am Mrs. Maheswari. S, Lecturer, Department of Medical Surgical Nursing, VMCON, and Puducherry welcomed the gathering and introduced the resource person, Dr. Priyatham Bhargav, PG - Senior Resident, Department of General Medicine, AVMC&H, Puducherry. The resource person explained broadly on peripheral vascular disease, its risk factors and collaborative management.

Around 78 participants took part in the program, which includes teaching faculties and B.Sc., (N) and DGNM II year students. The session was informative and doubts of the Participants were clarified at the end of the session by the speaker. session ended by 12.00 pm.

**4. Online guest lecture was organized by department of Obstetrics and Gynecological Nursing, Vinayaka Mission College of Nursing on 17.10.2020 through Zoom platform.**

The Session was started by **Dr. Lavanya, Associate professor, AVMCH, Puducherry** at 11.00 am on **“Invasive and Non-Invasive Diagnosis Modalities during Pregnancy”**. She explained about the different techniques of various invasive and non-invasive procedures during pregnancy and clarified students’ doubts. Totally 5 faculties and 89 students were participated in the guest lecturer and finally the programme ended at 1.00 pm.



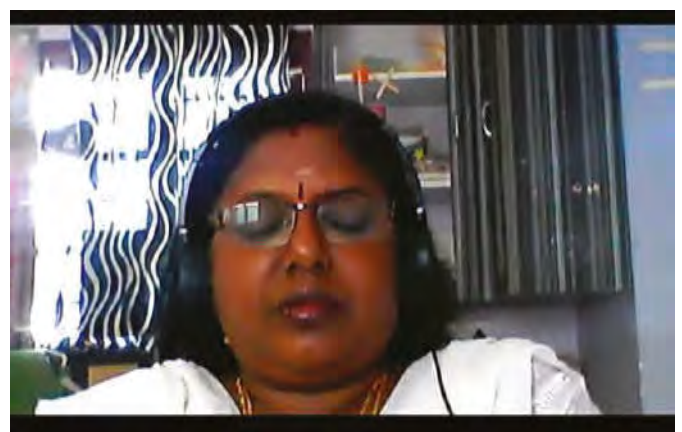
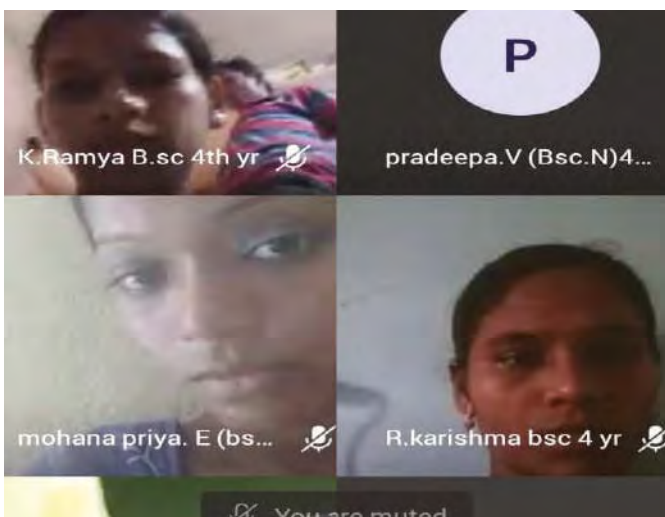
Dr. Lavanya, Associate professor, AVMCH

**5. Vinayaka Mission’s College of Nursing Puducherry on 13.10.2020 as a part of NSS awareness Programme organized self-pledge Jan Andolan.**

Purpose of the programme was to create awareness regarding COVID-19. Stop spreading the infection and protection from others to contact persons. By this programme 145 people were benefitted. Faculties and Students from B.Sc. (N)II and III year students of Vinayaka Missions College of Nursing were participated and benefitted in this programme. The programme ended at 4.00 pm with refreshment.



**6. Online guest lecture was organized by department of Obstetrics and Gynecological Nursing, Vinayaka Mission College of Nursing on 31.10.2020 through Zoom platform.**



Mrs.S.Sarojini, Associate Professor, Dept of OBG, VMCON

The session started at 11.00 am with welcome address by **Mrs.S.Sarojini, Associate Professor**, Dept of OBG, VMCON, and Puducherry. The Session on **“Newborn Resuscitation”** was started by **Dr. Devi, Associate professor**, AVMCH, Puducherry. The session was very interactive and students participated enthusiastically. Department of OBG faculties (5nos), 40B.Sc Nursing IV year students, 33 DGNM III year students and oneM.Sc Nursing II year student attended the programme. Totally 5 faculties and 74 students participated in the guest lecturer and finally the programme ended at 1.00 pm.

### **7. The Vinayaka Mission’s College of Nursing, Puducherry, Department of Mental Health Nursing, has moved forward by organizing a CME on “Interpersonal Relationship & Organizational Effectiveness” on 30.10.2020.**

The CME started at 2.00PM with the Welcome address by Mrs. A. Ayee, Associate Professor Cum Head of Mental Health Nursing Department, and VMCON. Dr. K. Mahalakshmi, Dean, CIII Center for Industry Institute Interactions, KIT Kalaingarunanidhi Institute of Technology, Coimbatore. The session lasted for two hours. The total number of participants was around 100 Nos. The session came to the end at 4.00 PM.

### **8. The Vinayaka Mission’s College of Nursing, Puducherry, Department of Mental Health Nursing, has moved forward by organizing a Webinar on “Mental Health For All Greater Investment – Greater Access Everyone, Everywhere” on 12.10.2020.**

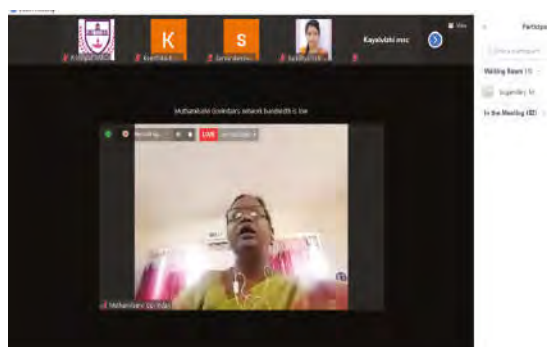
The webinar started at 2.00PM. Dr. G. Muthamilselvi Principal, Vinayaka Mission College of Nursing introduced the Resource Person **Dr. V. Sujaritha**, Associate Professor, Department of Psychiatric ,AVMC&H and the another Resource Person Dr. K. Sathyamoorthy, District Psychiatrist, District Mental Health Programme, Cuddalore. The session lasted for two hours. At the end, Dr. G. Muthamilselvi gave the feedback about the session The total numbers of participants were around 58 Nos. The session came to an end at 4.00 PM.



Dr. V. Sujaritha, Associate Professor, Department of Psychiatric

### **9. Newborn week celebration organized by Department of Child Health Nursing on 20/11/2020**

The programme started with welcome address by Mrs. A. Samundeeswari, Professor, Department of Child Health Nursing, followed with key note address by Dr. G. Muthamilselvi, Principal, and VMCON. Dr. V. Sasi, Vice Principal, VMCON, Puducherry, presented on Infant of diabetic mother. The next session started at 12.00pm by Mrs. A. Gothainayagi, Lecturer & Chief dietitian, VMCON, Puducherry, presented on Nutritionally needs of critically ill newborn. The programme came to an end at 1.00pm. Number of people participants from Kerala, Tamilnadu, Puducherry, Karnataka, Total number participants were 95.nos.



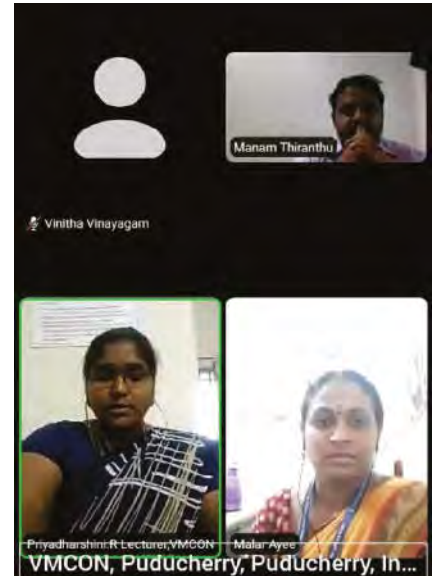


### 10. Vinayaka Missions College of Nursing organized the International English Language Testing System (IELTS) Orientation webinar on 30.11.2020

B.Sc fourth year students (2017 to 2021 batch). The session started at 3 pm with welcome speech by Ms.M.Sugandary, Lecturer, Dept of OBG, VMCON,Puducherry. Mrs. Lavanya Alagarsamy, British Council, Chennai gave a lecture on IELTS and at end of session students’ doubts were clarified and feedback link shared to students. One faculty and 46 students participated in the webinar and finally the programme ended with the vote of thanks by Ms.M.Sugandary, Lecturer.

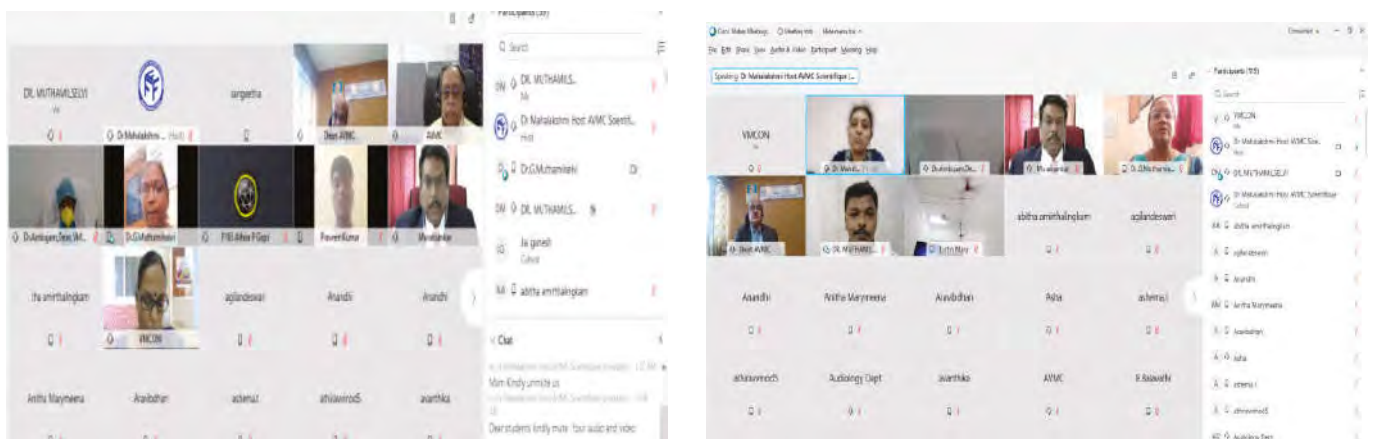
### 11. Department of Mental Health Nursing, Vinayaka Mission’s College of Nursing, organized a Guest Lecture regarding “Crisis Intervention” on 16.12.2020. through Zoom platform.

The programme was started at 2.00 pm.. The Guest Speaker Dr. S.Avudaiappan, Associate Professor of Psychiatry, Mahatma Gandhi Medical College and Research Institute, Puducherry, dealt about Crisis Intervention. In which, he elaborated the types of crisis intervention, different models, steps & techniques involved. He also overviewed the need of crisis intervention under specific situations. The students were actively involved and got clarified with their doubts during the session. Nearly 66 students and faculties of VMCON got benefited through this online guest lecture. The programme came to an end by 3.30 pm.



### 12. Vinayaka Missions College of Nursing, Puducherry organized the 1st day of Student Induction Programme on 07.12.2020.

The programme started at 9.15 am inaugurated by Prof. P.F. Kotur, Dean, AVMC&H. Dr.Mahalakshmi, Dean HPF, AVMC and Dr.B.Senthilkumar, Dean, School of Allied Health Sciences, Salem were felicitated . Vote of thanks was given by Dr.R.S.Hermes, Associate Professor, SAHS, and Puducherry. The Inaugural programme ended at 10am with National Anthem. The first session was started by Dr.Umadevi, Associate Professor of pathology, AVMC at 10 am on “Learning skills”. In this session, different kinds of learners & how to improve their learning skills and the art of learning were explained in detail. Total 65 students participated in this programme. The programme of day 1 ended at 1.00 pm.



## CELEBRATIONS

Vinayaka Mission's College of Nursing and Youth Red Cross Society have conducted drawing, painting, and slogan and speech competition on behalf of Gandhi Jayanthi on 02.10.2020. Students actively participated in the competition and proved their skill. Around 25 members showed their talents in various competitions. Our principal Prof. Dr. G. Muthamilselvi was the judge and selected the winners by this programme 100 people were benefitted. Students from B.Sc. (N) II, III & IV year students of Vinayaka Missions College of Nursing were participated and benefitted in this programme.



**VMCON, Puducherry SNA unit celebrated Christmas Eve on 24.12.2020 at 3.30 pm in the open ground of VMCON.** Christmas Kudil and Christmas tree was set. Ms. Nalini. P, B.Sc (N) III year welcomed the gathering and the Santaclaus distributed the sweet to all students and faculties. The programme came to an end at 4.00 pm.

Around 250 students and 30 faculties participated in the celebration with social distancing.





## Dept. of ASLP bagged first prize in All India Quiz competition

An All India inter-college Quiz competition was organized by ISHA (Indian Speech and Hearing Association) in coordination with Sri Guru Ram Das University of Health Sciences, Amritsar from 8th December, 2020 to 11th December, 2020 in commemoration of Speech and Hearing week. Twenty Speech and Hearing colleges all over India participated in the event including premier institutions like All India Institute of Speech and Hearing, Mysore ; Kasthurba Medical College, Manipal; AYJNIHH, Mumbai etc.

Mr.Gokulakannan , Mr. Kritharth, and Ms. Loksha , 1st year BASLP students participated and represented Department of Audiology and Speech Language Pathology, Vinayaka Missions Research Foundation, Aarupadai Veedu Medical college and Hospital, Puducherry with great enthusiasm. Mrs. Radhika Mohan, Assistant professor and Ms. Jisna Laxman, Lecturer, represented AVMC&H, VMRF, and Puducherry as Quiz masters.

### Winners



Mr. Gokulakannan



Ms. Loksha



Mr. Kritharth

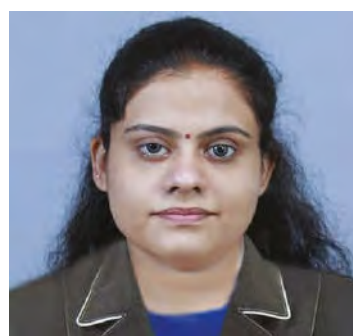


Vinayaka Missions Research Foundation, Puducherry and National Institute of Speech and Hearing, Kerala won the battle of the All India Quiz competition. Both the colleges were declared as joint winners of the event. The winners were awarded cash prizes and certificates. The event was a grand success.

## Quiz Masters



**Mrs. Radhika Mohan**  
Asst. Professor  
AVMC&H, VMRF, Puducherry



**Ms. Jisna Laxman**  
Lecturer, Student Council Incharge,  
AVMC&H, VMRF, Puducherry

## Academic Events

Department of Audiology and Speech Language Pathology organized a webinar on “Insight in to Learning Disability” on 19th October, 2020 as a part of Learning Disability Awareness Month. Mrs. Uma Soman, from USA was the International Speaker . Mrs. Amoolya of Bangalore was the National Speaker. During the program a quiz competition was conducted. The webinar was attended by many training institutes and professional in Speech and Hearing across the country.

## Paper presentation :

Mrs. Dhivya.P, Assistant Professor, Department of Clinical Psychology, SAHS presented a paper titled Psychological Distress & Well- Being during COVID-19 Pandemic in google meet in 7th International and 9th Indian Psychological Science Conference on 28.11.2020



## Resource Persons

The Student Induction Programme was conducted for the first year students online from 7.12.2020-28.12.2020.

The following faculties were the resource persons.

## Department of Audiology and Speech Language Pathology

- Prof.N.D.Rajan for “Library rules ,resources available, procedures” on 8.12.2020
- Prof.N.D.Rajan for “SOP for reopening” on 19.12.2020
- Mrs.Athirra P.Gopi ,Assistant Professor, BASLP for “Language Skills –English (Written ) on 22.12.2020
- School of Allied Health Sciences
- Dr.R.S.Hermes , Associate Professor, SAHS for “ Role of Fine arts and culture in overall development ” on 10/12/2020
- Dr.R.S.Hermes , Associate Professor, SAHS for “ Literary Activity” on 16.12.2020

## Facilities recognised as PhD Guides:

Dr.S.Kanimozhi , Assistant Professor, Director in charge , is recognized as eligible Ph D Research supervisor by Vinayaka Mission’s Research Foundation granting permission to guide 4 students from this academic year.

Dr.R.S.Hermes , M.Sc.,M.Phil, MBA(HM) , PhD (FAHS) ,Associate Professor, is recognized as eligible Ph D Research supervisor by Vinayaka Mission’s Research Foundation granting permission to guide 6 students from this academic year.

## Webinars attended By Faculties and Students

1. On 9th Oct Cisco webex meet on Evidence based intervention for improving maternal & newborn outcomes was attended by 8 faculties.
2. On 10th Oct - Cisco webex meet on Physician Assistant week celebration was attended by 7 faculties
3. Webinar on Telemedicine in your practice by optomUKti Vora was attended by 3 faculties .
4. On 11th Oct one faculty attended the webinar on Self Contact Lens Care – Vital for Lens Success by Optom Pushpendra Singh





5. 17.10.2020 -webinar was attended by one faculty on Bynocs Gameplay for management of Amblyopia by optom jinal shah
6. 18.10.2020- Application of AS – OCT in diagnosing ocular conditions by optom swetha Ravichandran webinar was attended by one faculty
7. 28.10.2020 – Webinar on Digestive Health in COVID – 19 era was attended by 2 faculties
8. 30.10.2020 -7 faculties attended the webinar on World Sight Day.
9. 17.10.2020 –Mrs.Athira P.Gopi, Assistant Professor ,BASLP attended webinar on 10 steps technical guide for fluency therapy Based on Experience & Client/Caregiver Interaction
10. 19.10.2020 - Mrs.Athira P.Gopi, Assistant Professor ,BASLP attended webinar on Insight into learning disability
11. 22.10.2020- Mrs.Athira P.Gopi, Assistant Professor ,BASLP attended webinar on Launch of ISHA SIG Private Clinical Practice – SLP.
12. 27.10.2020 - Ms.P.Malathy ,Occupational Therapist participated in the webinar on “Art of drawing for children with special needs ”
13. 02.11.2020 – Webinar on Anti-Corruption and Human Rights was attended by 6 faculties and 11 students
14. 06.11.2020 – 07.11.2020- COVID-19 Preparing for Success: During & After the Pandemic was the topic on which webinar was attended by 21 faculties and 403 students.
15. 19.11.2020 – Workshop on Problem Solving and Ideation was attended by 3 faculties
16. 20.11.2020 - Forefront of Future Frontiers organized a webinar on Teaching and Assessing Residents Competencies in which 3 faculties participated
17. 27.11.2020 – 28.11.2020 – 2 faculties and 12 students attended webinar on National Conference on Artificial Intelligence & Workshop on Basic Radiographic Positioning
18. 11.2020- Webinar on Individualized developmental plan for gifted kids was attended by Ms.P.Malathy, Occupational Therapist.
19. 8. 11.2020- Webinar on Dental care for children with special needs was attended by Ms.P.Malathy, Occupational Therapist.
20. 20.11.2020 - Mrs.Athira P.Gopi, Assistant Professor ,BASLP attended webinar on SIG\_PP in Audiology webinar on Success Mantra in Private Practice



21. - Mrs.Athira P.Gopi, Assistant Professor ,BASLP attended webinar on SIG\_PP in Audiology webinar on “Contribution Of Technology in the field of Speech Language Pathology”.
22. 10.12.2020 - Webinar on “Entrepreneurship and Innovation as Career Opportunity was attended by 3 faculties.
23. 19.12.2020- Webinar on Motivational Session on Successful Entrepreneurship.
24. 24.12.2020 –Webinar on Bureau of Indian Standards (BIS) Touches your Lives.5 faculties participated in the programme
25. 30.12.2020-3 faculties participated in the e- programme on National Symposium for Health Sciences A Multidisciplinary Approach
26. 3.12.2020- Mrs.Radhika Mohan participated in Webinar on “Tamilnadu Government schemes and Acts for Differently Abled Persons ” on International Day of People with Disability.
27. 11.12.2020 - Mrs.Athira P.Gopi, Assistant Professor ,BASLP attended webinar on Global Perspectives on Universal Newborn Hearing Screening.
28. 25.12.2020 - Mrs.Athira P.Gopi, Assistant Professor, BASLP attended webinar on CI Programming Considerations During Social Distancing

### Faculty Induction Programme

- 07.12.2020 – 10.12.2020 - 7 faculties participated in Faculty Induction Programme on Higher Education and its Ecosystem
- 14.12.2020 – 16.12.2020 - 7 faculties participated in Faculty Induction Programme on Curriculum Design, OBE, CBCS

### Jingle Bells

Christmas celebrations were held in Department of Audiology and Speech Language Pathology on 24.12.2020. Prof N.D.Rajan, Deputy Director, BASLP cut the cake along with the children and various Christmas gifts were exchanged.

### Yoga Sciences

#### Conference Presentation

1. Dr. R. Balaji Assistant Professor, CYS presented his poster ‘Role of Yoga as an Adjuvant Therapy in Modifying Diabetic Profile in Patients with Metabolic Syndrome: A Pilot RCT’ during YANTRA2020, International E-Conference on 9 & 16 October 2020.



2. Dr. R. Balaji Assistant Professor, CYS presented his abstract in Podium Presentation 'Modifying renal profile in patients with metabolic syndrome with adjuvant yoga therapy: a pilot RCT' during SBVResearchDays2020 on 30.12.2020.
3. S. Artchoudane, Yoga Therapist, CYS presented abstract 'Effect of Yoga Therapy on Neuromuscular Function and Reduction of Autism Severity in Children With Autism Spectrum Disorder' during YANTRA2020, International E- Conference on 9 & 16 October 2020.
4. S. Artchoudane, Yoga Therapist, CYS, presented poster 'An Adjuvant Tele-Yoga Therapy on Pain and Social Function in Patient with Headache during COVID19 Lockdown: A Case Report' during SBVResearchDays2020 on 30.12.2020.

### **Publication:**

1. Dr. R. Balaji. Nephroprotective Impact of Adjuvant Yoga Therapy on Diabetes-A Randomised Controlled Trial, Journal of Clinical and Diagnostic Research. 2020 Dec, Vol-14(12): KC01-KC04. (SCOPUS INDEX)
2. Souvenir (abstract publication): Yantra2020 organized by NIMHANS Integrated Centre for Yoga, Bengaluru.

### **Awards:**

S. Artchoudane, Yoga Therapist, CYS honored 'Yuva Bharathi' award during International Achiever Awards 2020, Patanjali College of Yoga & Research Centre, 22.11.2020.

### **Student activities:**

1. Yoga practices for Stress management organized by student counselor, AVMC, Oct-Nov 2020.
2. Yoga for Stress management during induction program for the students of VMCON, SAHS and School of Physiotherapy, Dec 2020.

## International e-Conference 2020 (17<sup>th</sup> - 19<sup>th</sup> September 2020)

