



VINAYAKA MISSION'S
RESEARCH FOUNDATION
(Deemed to be University under section 3 of the UGC Act 1956)



AVMC
AARUPADAI VEEDU MEDICAL COLLEGE

Volume 2, Issue 4

July-Sept 2019



**Greetings from
the AVMC Newsletter Desk**

All suggestions to improve
AVMC - Newsletter are welcome.

Thought for the month

Optimism is the faith that leads to achievement.

Nothing can be done without hope and confidence

- Helen Keller



Graduation Reception Day

The Graduate Reception Day was held on 25.09.2019 (Wednesday) at college Auditorium, Aarupadai Veedu Medical College Campus, Pondicherry. 89 UG and 28 PG Students were presented Scrolls of Honour and University Degrees. Dr. A. S. Ganesan, Chancellor, VMRF presided over the function. Professor Dr. George Chandy, Former Director-CMC Vellore and CEO Director, Believers' Church Medical College, Thiruvalla was the Guest of Honor.

Dr. Anuradha Ganesan, Director, VMRF, Mr Suresh Samuel, Dr T.V Devarajan, Dr Kanchana – Members, Board of Management, VMRF were the other dignitaries present.

Dr. Ramachandra Reddy, Dean AVMCH, Dr. V.N. Mahalakshmi, Dean HPE, Dr. K.Jayasingh, Medical superintendent and Dr.T.Rajan, Vice principal were the other special luminaries on the stage at the graduate reception day.

Other guests present on the occasion were the STB members, officials from University and the HR department.

Dr. Deepa, Professor, OG Dept, Dr. Manju.M, Professor, Dept. of Biochemistry and Dr. Nikitha, PG Dept. of OG were the masters of the ceremony.

Dr. Anuradha Ganesan, along the dignitaries on the stage lit the lamp and watered the Holi "Tulsi plant" symbolizing a new beginning. Dr Jayasingh - Medical Superintendent welcomed the dignitaries, parents, graduates and Faculty members.

Dr. D. Ramachandra Reddy - Dean presented Annual Report. The report highlighted the achievements of the college in the areas of infrastructure, education, research, patient care, student and faculty development.

Dr. George Chandy presented the Scroll of Honour to the Graduates. 6 Postgraduates and 72 Undergraduates received their degrees. 19 Gold Medals for first rank holders at college level in the University Examination were awarded. 54 Certificates of merit for the Second & Third rank holders were presented by Dr. Anuradha Ganesan, Director, VMRF. The Best outgoing student was Ms Ashwini Guna S from 2014 - 15 batch.

Dr. A.S. Ganesan presented the academic scholarships (roll of honour) for faculties and students having academic excellence in various fields like research, publishing books etc as recognition, followed by his presidential address. AVMC scrolls of honour awards were initiated this year and were presented to 9 students and 10 faculty members.

Dr. V.N. Mahalakshmi, Dean – HPE administered the Hippocratic pledge to the Graduates.

Mr. Suresh Samuel introduced and felicitated Dr. George Chandy guest of Honour, following which Dr. George Chandy addressed the graduates with his wonderful speech. He inspired our graduates with his words and stressed on the significance and nobility of medical profession with a beautiful short story. The programme ended with Dr. T. Rajan delivering the vote of thanks, followed by national anthem.

The entire graduation day ceremony was conducted based on 'Green Earth' policy. The participants of the academic procession disowned the 'Traditional black robes' of the colonial past and cheerfully adopted 'Customised Khaki Stoles'. The dignitaries were presented with live Bamboo Shoots as memorabilia.

Foundation Course For First MBBS 2019-20 Batch Students"

Goal of the Foundation Course: To prepare a student to study medicine effectively.

The objectives were to:

- a. Orient the student to the medical profession and the physician's role in society, the MBBS programme, Medical ethics, attitudes and professionalism, Medical college and hospital and examination
- b. Enable the student to acquire enhanced skills in:
 - i) Language, ii) Interpersonal relationships, iii) Communication, iv) Learning including self-directed learning, v) Time management, vi) Stress management, vii) Use of information technology.

A full month foundation course was planned by Dean HPE, MEU and Curriculum committee members of our college. As per the MCI, the various modules such as orientation module, skill module, community module, Professionalism and ethics module, enhancement of language and computer skills module, and sports and extracurricular activities were successfully conducted for a month between 1st August 2019 and 31st August 2019.

Organising the foundation course for a continuous month was not at all an easy task. Dean of our esteemed institution, **Dr. Rammachandra Reddy** supported the sessions. Dean HPE **Dr. V.N. Mahalakshmi** was the guiding and driving force behind the whole process of the foundation course. Respectable Vice-Principal **Dr. T. Rajan** and Medical Superintendent **Dr. K. Jayasingh** provided all support needed throughout the program. The foundation course was successfully conducted by the Foundation course Co-ordinator, **Dr. Sasmita Mishra**, Professor & HOD, Department of Biochemistry along with the foundation course organizing team which included all the first MBBS faculties of AVMC & H.

On 31st of July a **course commencement ceremony** was conducted by the organizing team for the freshers and their parents. Students were shown the different blocks of the campus and were updated about the institutional rules and regulations to follow during their stay. The sessions were conducted consecutively as per the Foundation Course schedule from 1st August onwards.

The foundation course was concluded by the **WHITE COAT CEREMONY**. White coat is a symbol of authority and professionalism, caring and trust, which they must earn from patients. During this ceremony the white coat was conferred on new students by senior professors. All the students took academic oath. The ceremony signifies the beginning of students' journey to achieve the long white coat, when they are physicians

Course commencement Ceremony





Students taking academic oath

Students in BLS Training



VARK Educational Counselling by MEU



Students with external team from Chennai for team building



Zumba Class



Students after campus visit preparing the chart



Panel discussion on Mentoring & Career Advancement



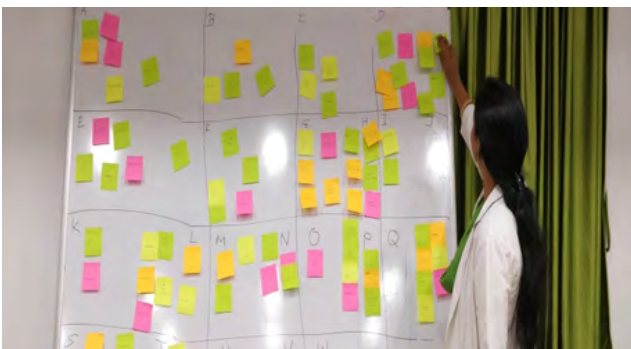
Yoga Training



Group work by 1st year students



Design thinking for the session on why I choose to become a doctor



Road Safety Measures



Hand Washing Techniques



Psychiatric team taking the communication skill



Transport facilities for AVMCians



Interactive session on Doctor patient relationship



Students taking oath in White coat ceremony



Team building activities by the students



White coat ceremony



Campus Walk



Tree Plantation



Certificate distribution to the organizing team



Academic Events at AVMCH

Hands- on training on Real- time PCR and its application in Molecular diagnosis

This Hands-on training on Real-time PCR was organized at Multi-Disciplinary Center for Biomedical Research, Aarupadai Veedu Medical College and Hospital in Association with Helini Biomolecules, Chennai on 3rd and 4th July 2019. There were total of 23 participants from various institution .This workshop focused on the quantitative PCR (qPCR) in early diagnosis of pathogens and Human Single Nucleotide Polymorphism detection.



Breast Feeding Week Celebration by Department of Paediatrics

Breast feeding week was celebrated in the first week of August 2019 (01-08-2019 to 07-08-2019). Various events and programs were organized for both antenatal and postnatal mothers, undergraduate and post graduate students, CRRI's and nursing staff.



On 1st August 2019 the breastfeeding week celebration began with an inaugural ceremony in the hospital outpatient area. Dr. A. Dharmalingam,





Dr. Nalini. A., and Dr. Nandhini, OG PG., gave a speech in the regional language of Tamil on the importance of breastfeeding and its benefits related to the theme of this year. Role play was done by nursing college students. On 2nd August 2019 Dr. A. Dharmalingam, and Dr. Nalini. A, gave awareness speech on breast feeding at Vinayaka Missions College of Nursing, AVMC Campus as resource person. On 3rd August 2019 forenoon, the faculties of Paediatrics organized an interactive session on

breast feeding with the antenatal and postnatal mothers. On 5th August 2019 afternoon Dr. A. Dharmalingam gave lecture on breast feeding to staff nurses and female employees of AVMC & H. On 6th August 2019 Poster presentation on breast feeding was conducted for Under Graduate and Post Graduates.

On 7th August 2019 an awareness speech to Dr. Ambedkar, Government Higher Secondary School



Students on the importance of breast feeding was conducted. The breastfeeding week celebrations ended with CME on Empower Parents and Enable Breast Feeding and valedictory function on 09-08-2019.

Workshop on “Basic Surgical skill and suturing Techniques” by Surgery Department

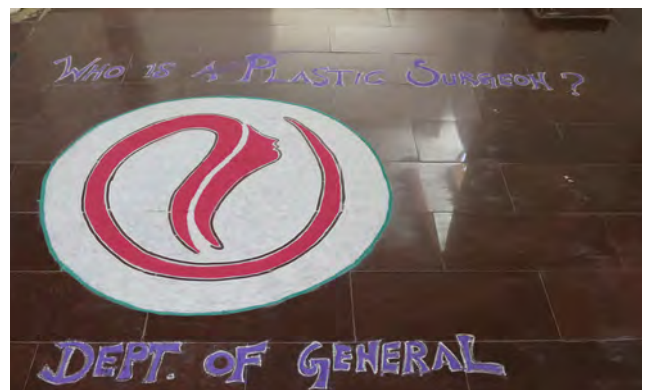
Department of General Surgery conducted a workshop on “VARIOUS SUTURING TECHNIQUES AND BASIC SURGICAL SKILLS” for all first year PGs of Surgery and Allied Departments on 14th Aug 2019. Dr. R. CHANDRASEKARAN, Professor & H.O.D.



Department of General surgery welcomed the gathering. Dr. RAMACHANDRA REDDY, DEAN gave the Presidential address and Dr. V.N.MAHALAKSHMI, DEAN-HPE felicitated the speaker. Lectures on various suturing techniques were given by 1.Dr.Annamalai, Assistant Professor, Department of General Surgery, 2. Mr.Ramakrishnan, Technical Head, Sutures India. Hands on training and workshop on sutures, knots and anastomosis were conducted during the session. Dr.Himanshu RajDNB., Gave the vote of thanks The programme ended with the National Anthem.

CME on “who is a plastic surgeon”

Department of Surgery and medicine jointly organized the CME on 29th August 2019.





Dr.V. Purushothaman, M.S., M.Ch. (Plastic Surgery), MNAMS Senior Consultant, Apollo Firstmed Hospital, Chennai and Padmashri Professor Dr. T.V. Devarajan MD, FRCP, DSc., FICP were the guest speakers.



CME on World Rabies Day by Microbiology Department

World Rabies Day CME Was Organized On 28-09-2019, at AVMC & H, Puducherry. Two eminent Guest Speakers were Dr. S. Dhanapaul, MD., Dip. Med.Vir, Prof. & HOD of Microbiology, K.A.P.V. Govt. Medical College, Trichy and Dr. D. Panneer, MVSc (Veterinary Microbiology), PhD (Clinical Immunology) Scientist 'B' ICMR – Vector Control Research Centre, Puducherry.




Awareness program on Working Together to Prevent Suicide by Psychiatric Department


Students awareness programme Working together to prevent suicide was conducted by Department of Psychiatry on World suicide prevention day 10th September ,2019. Students participated in skit competition.







AARUPADAI VEEDU MEDICAL COLLEGE & HOSPITAL
Vinayaka Mission's Research Foundation
 (Deemed to be University)
 Puducherry - 607 403.



Organized by
Department of Psychiatry

With the divine blessings of the Founder Chairman and with the benevolence of
 Honorable Chancellor, Madam Chancellor, Management, Dean,
 Faculty and Staff of AVMC

Cordially Invite you to the Guest Lecture
 by

Dr. Chandasekar DPM, MD.,
 Retired Prof & HOD, Department of Psychiatry, AVMC & H, Pondicherry.

on

“Working Together to Prevent Suicide”





Fit India Campaign, PM's Fitness Awareness Programme

Fit India Campaign was celebrated in AVMC on 29th August . Many students and faculty participated. The theme behind this was -A healthy Individual, a healthy family and a healthy society are the essentials to make New India a Fit India: As said by The Prime Minister Shri Narendra Modi . At AVMC & H, Puducherry the day began at 6.30 am with taking the initiative of walking 10,000 steps. 10 faculty members and 300 students from faculty of Medicine, Nursing, Allied health and Physiotherapy participated. Most of them walked around 6000 steps at a stretch. Dr R Maharaja, Former Dean was present to encourage the staff and students. All staff and students took pledge to keep themselves fit and work towards Fitter India, Healthier India and Younger India.

Various activities like Yoga, Aerobics, Zumba and Sports are integral to the curriculum of 1st year students of AVMC. With the launch of FIT INDIA MOVEMENT the facility was readily extended for students across all batches.



BLS training program (for PGs)

BLS training program was conducted for 1st year PG students as a part of orientation program on 9th, 10th and 12th september in batches . Dr. Vijayalakshmi Lal, Professor of Medicine and Skill lab co-ordinator was the trainer for all these sessions.

This event reflected the latest guidelines of American Heart Association for Basic Life Support .Participants got the opportunity to apply hands on training for emergency care that aims to maintain or re-establish the airway, breathing, and circulation in seriously ill or injured people.



Social awareness program "organ donation" conducted by Department of general surgery

Awareness program was conducted on 3rd September 2019. The speaker was Dr. Ashwyn Nelson, MS and he delivered the speech on "ORGAN DONATION " to the public on importance and need for volunteers and how it saves the life of the recipient .



Induction & Orientation Programme for Interns

This programme was structured for the Intern on 30th September by MEU. Objective was to orient the interns to new skills so that he/she may be able to function independently as a qualified IMG at the end of ONE year of internship and to follow ethics and professionalism in medical practice .



Guest lecture on communication skill lab organized by Scientifique Society

The Scientifique Society of AVMC&H organized a guest lecture on “Role and Relevance of Communication skill lab in a medical college” on 5. 7.19 at 2.00 pm in college block, AVMC&H. The programme started with welcome address by President Dr.P.Odea Coumar. Emeritus professor Dr.Vijayalakshmi Lal, skill lab coordinator, AVMC&H introduced the chief guest Prof. Dr Jayant Vagha,director, communication skill lab, JNMC, Wardha. The Dean, Prof. Dr D. Ramachandra Reddy felicitated the chief guest. The guest speaker, Prof.Jayanth Vagha enlightened the audience about the need for training the medical students on communication skills. He also elaborated in detail the infrastructure,plan and module of a communication skill lab in a medical college. Vote of thanks was given by Member Secretary, Dr.S.Deepa. The programme ended with national anthem.





AVMCH Participation in University Activities

1. **3 & 4 July 2019 – A Research Methodology Workshop** was conducted for all PhD scholars & their guides by the Research – IQAC. Dr. Ravikumar .S -Research Scientist, Mr Ravicumar –Social Worker & Dr. Sivaraj .R - Professor & HOD, Pharmacology from AVMC attended the workshop.
2. **7th July 2019 – 12th Convocation for VMRF University** was held at VMKV Medical College Auditorium, Salem. Dr Chidambaram Scientific Advisor to President of India was the Chief Guest on the occasion. PG Students and UG Students received Gold, Silver and bronze Medals at the Convocation for excellence in Academic Performance, Event was attended by Dr Ramachandra Reddy, Dean and Dr Mahalakshmi, Dean-HPE
3. **8th July 2019 –Academic Meeting** register University Plans for I MBBS CBME Curriculum & Foundation Course Dr Ramachan Dean Dr Mahalakshmi, Dean-HPE and Dr. Rajan, Vice Principal and Professor participated in the meeting.
4. **17th& 18th July 2019 – Discussions with expert group** & across all faculties of VMRF at Head office, Chennai. Dr Mahalakshmi, Dean-HPE participated and represented the faculty of medicine. The suggestions from the expert group were forwarded to the ministry of Human Resources, New Delhi.
5. **30th July 2019 – Strategic Planning Council Meeting at Chennai, Head office.** Dr Mahalakshmi, Dean-HPE attended the meeting chaired by Chancellor, Dr. A.S. Ganesan. Dr Kincha, Advisory VMRF was present in the meeting to discuss quality improvement plan for the university.
6. **08.08.2019 – BOS Meeting** for curriculum Health Science based review for the new proposed B.Tech Courses at AVIT, Kanchipuram. Dr Mahalakshmi, Dean-HPE attended the meeting as external expert.
7. **12.08.2019 & 13.08.2019 – Two days Workshop on preparedness for NAAC re-accreditation** held at Yercard. Dr Mahalakshmi, Dean-HPE & Dr. Rajan, Vice Principal and Professor attended the meeting on behalf of AVMC. Dr Mahalakshmi, Dean-HPE presented the AVMC preparedness data. At the end of the 2 days workshop, Dr Mahalakshmi, DEAN-HPE was nominated as Criteria 3 Champion & member of Strategic Committee, for NAAC reaccreditation for University level.
8. **09.09.2019 – Workshop on new NAAC HSM Manual for HODs of all colleges for Salem Institutions,** held at VM Dental College, Salem Institutions, held at VM Dental College, Salem. Dr Mahalakshmi, Dean-HPE presented regarding the key indicators & metrics for criteria 3.
9. **10.09.2019 – Meeting of NAAC Criteria Champions** with all the HODs, IQAC Coordinators, University officials, BOM Members, Professor Dr Kincha, Advisor and Chancellor. Dr Satish, IQAC Chief Coordinator & Dr Mahalakshmi attended the meeting. Dr Mahalakshmi made the presentation of 'Action Plan for Criteria 3'.
10. **17.09.2019,18.09.2019 – 'Para 10' substitute Salem Institutions with Chennai & Pondicherry Institutions at VM Karaikkal Medical College.**
11. **16.09.2019 – Interactions of Dr Sathyamurthy, Director – Engineering & Technology Research** with all faculty from AVMC an collaboration, multi disciplinary R&D proposals between AVMCH & AVIT.

Research Publications (July-September 2019)

1. Dr. Saurabh krishna misra Skin & STD Knowledge and attitude sexually transmitted infections among paramedical 1st year students in a tertiary care teaching institute in Pondicherry International Journal of Research in Dermatology ISSN2455 – 4529 JULY 2019.
2. Dr. R. R. Kumar Bio Chemistry, R Jawahar Clinical evaluation of Meternally inherited Type-2 Diabetes and Deafness in a Tertiary care Hospital at Puducherry International Journal of Contemporary medical research ISSN 2393-915X JULY 2019.
3. Dr. S.Narayanasamy Pharmacology “Synthesis, Characterization and biological evaluation of substituted thiazolidinone derivatives as antimicrobial agents “ Indian journal of Applied Research “Vol.9, ISSN No. 2249 - 555X” JULY 2019.
4. Dr. S. Deepa O&G. Role of diagnostic hystero-laparoscopy in the evaluation of female infertility. International Journal of Reproduction, Contraception, Obstetrics and Gynecology. August 2019.
5. Dr. S. Ravikumar, Central Research Laboratory Molecular mechanics and quantum chemical calculations unveil the combating effect of baicalein on human islet amyloid polypeptide aggregates. Molecular Simulation Print ISSN: 0892-7022 online ISSN 10329-0435.2019.
6. Dr. P. Deepa Kameswari Pharmacology Effects of soy isoflavone genistein on lipid profile and hepatic steatosis in high fat fed wistar rats “National journal of physiology, pharmacy and pharmacology” “Vol. 9, Issue 9 “ SEPTEMBER 2019.
7. “Mishra D. K. Rajenthira C, V. Vinod” Surgery. Double Scrotum? A rare ignored papaphimosis- case report. Urology Case Reports september 2019.

New Arrival

LAND WIND (LW E 60A Electrolyte Analyzer)

This instrument was installed in the central diagnostic laboratory. It is an automatic, touch screen, compact, high performance machine. Automatic sampling can be done and it has a large LCD display. It can be used to measure the electrolyte levels (Na, K, Cl) in serum and urine. It gives rapid results.



Reaching the Unreached

Camp and Outreach Activities

Aarupadai Veedu College and Hospital is providing free medical care to the rural and urban population through outreach medical camps and health centres. The main objective is to improve the health of the communities in Puducherry, Villupuram and Cuddalore districts. Over the past 20years AVMCH have conducted more than 700 medical camps in collaboration with local village leaders, Government and NGO's .

We have conducted 24 Multispecialty medical camps were treated 3349 patients at medical camps and 372 patients had been referred for



further treatment at AVMC hospital July-August-September in the area of Puducherry, Villupuram and Cuddalore districts. The preventive, education wellness and health awareness programs were also conducted through these medical camps.



To mention few preventive programs like immunization against various diseases and health education programs on hygiene practices, suicide prevention, breast feeding, nutrition, Diabetes, Hypertension, yoga, Antenatal care through our health centres and medical camps, health and awareness camp for schools, orphanages and old age homes.

Outreach activities

The Department of Community Medicine, AVMCH, conducting various outreach activities, through urban and rural health centres viz., Ariyankuppam and Chinnakanganankuppam respectively.

Awareness programs (July-August-September)
UHTC, Ariyankuppam

World Population Day

World Population day was celebrated on 15.7.19. Awareness talk was given by Crri's On population explosion and family planning at UHTC.



School health awareness program

Health Awareness program was conducted in Genie Kids School, Ariyankuppam on 25.07.19. Awareness talk given by CRRI's on Personal hygiene, hand washing technique and food habits.



World breastfeeding week celebrations

The world breast feeding week was celebrated in UHTC, Ariyanpakam on 7/8/2019 and Anganwadi at Periakanganankuppam on 6/8/2019. Health talk regarding the benefits of exclusive breast feeding and IYCF practices were delivered for Antenatal, Post natal mothers through health talk and mime by V semester





National nutritional week celebration

The National Nutrition Week celebration was observed in Anganwadi centre at Ariyankuppam, on 05.09.19. Nutritional Awareness talk was given by 5th Semester MBBS student 'E' Batch and program concluded with interactive session with the participants.



MBBS Students. Various competitions like Healthy baby and Healthy recipe competition were conducted and the winners have been awarded with prizes.



Alumni Meet was organized on 25th September 2019 at 1.30 PM.

Dr. A. S. Ganesan, Chancellor, VMRF, Salem and Dr. Anuradha Ganesan, Director, VMRF, Salem were welcomed by Dr. Rammachandra Reddy, Dean. Dean also welcomed the Dignitaries on the dais – Dr. V. N. Mahalakshmi, Dean HPE, Dr. Jayasingh, Medical Superintendent, Dr. R. Maharaja, MCI Co-ordinator, Dr. T. Rajan, Vice-Principal, and Dr. Poongothai, Assistant Professor and Secretary, AVMC Alumni Association.

Dr. A. S. Ganesan, Chancellor, VMRF, Salem gave the presidential address. He shared the nostalgic memories about his Alumni Meet. He also emphasised the importance of Alumni meets as it provides a platform for academic exchange and excellence. He also emphasized to update their details from time to time in the website so that it

will be easy to keep in touch.

Dr. Anuradha Ganesan, Director, VMRF, Salem gave Chief Guest address. She also announced that next meet will be planned in a grand manner with

both academic and cultural program. Both

Dr. A. S. Ganesan and

Dr. Anuradha were very much excited to meet the alumni and their families.

Dr. Poongothai thanked the gathering.





From the Heart of an Alumni



Professor in AVMC in the year 2013, presently working as Professor and Head in Department of Pathology.

My fondest memories at AVMC, Pondicherry:

There is not just one particular memory. Every day, we were up to something or the other. A few to tell are overnight college day celebration of our batch (TORNADOES), morning breakfast with friends in canteen, cricket match with our juniors etc.

I am Dr. R. Jawahar, did my M.B.B.S from AVMC, Pondicherry in the year 2001, then completed my M.D Pathology from Pondicherry Institute of Medical Sciences in the year 2013. Started my career as Assistant

And best of all at AVMC would be the friends that I made there. I've built some life-long relationships and with these people the friendships and the bonds that I built there, still remain to be some of the cherished relationships of my life.

Future Plans and Goals:

Working to build up the department to next level in terms of accelerating the innovative research among faculties, students and provide the knowledge, technical skills and experience necessary for undergraduate students of AVMC to competently practice pathology, this includes developing knowledge of basic pathologic processes and skills needed to interpret laboratory data as well as make clinicopathologic correlations and making Department of Pathology a Patient centered care in the BEST way, at the BEST time, by the BEST team.

Spot Light

Department of Community Medicine

Our Mission:

To bring out highly competent community responsive primary care physicians with leadership qualities who meet the health care needs of the community and the country.

Our Vision:

To graduate a community-oriented doctor who is a:

- Health promoter and care provider
- Disease preventer
- Community and team leader
- Manager
- Researcher

Objective:

To train Medical Students with knowledge, attitude and skills required to become doctors with empathy, love, who can effectively function as healthcare providers, decision makers, communicators, community leaders and managers in rural and urban settings.

Courses:

- MBBS, B.Sc. Nursing & FAHS.

Patient Care Activities:

We provide services to the Community through the two centers owned by our college (Rural Health Training Center at Chinnakanganankuppam & Urban Health Training Center at Ariyankuppam) and 3 government PHC's (Abishekagapakkam, Ariyankuppam & Reddiyarpalayam). 20 Awareness Program has been conducted from our Health centers.

Research:

Totally 14 Articles/ Paper were Published and 8 ongoing projects.

Achievements:

- Dr.T.Prasad, Dr.J.ArunDaniel & Dr.R.Niranjan has done oral presentation in IAPSM National Conference at Shimla.

S.No	Name of the Faculty	Designation
1	Dr.D.Arunachalam	Professor &HOD
2	Dr.T.Prasad	Associate Professor
3	Dr.J.ArunDaniel	Associate Professor
4	Dr.R.Niranjan	Assistant Professor
5	Dr.N.Nishanthini	Assistant Professor, RHTC I/C
6	Dr.V.Sudha	Assistant Professor UHTC I/C
7	Dr.T.Vignesh	Assistant Professor
8	Dr.R.Anandbabu	Assistant Professor, EVS
9	Dr.G.Subash Chandra Bose	Lecture in Statistics
10	Dr.V.Nithya	Tutor (RHTC- MO)
11	Dr.G.Gomathi	Tutor (UHTC- MO)
12	Dr.A.Sridharani	Tutor



- Dr.AnandBabu & Dr.Subash Chandra Bose has done oral Presentation in NLSMMOR-2019.
- Dr.R.Niranjan has done oral presentation in at KOVAICON at PSG Institute of Medical Sciences and Research, Coimbatore.
- Dr.Vishnupriya, CRRI under the Dr.Niranjan has won oral presentation in MEDZANTICA-2019 at SLIMS, Puducherry.
- Have Successfully conducted World TB Day Quiz Competition & IAPSM World Health Day Quiz Competition .
- Our department has been awarded at Graduation Day -2019 for having maximum number of Research Work
- Faculties have attended various Faculty Development Programmes.
- Has actively participated in various governmental Programmes like Swachh Bharath, Unnat Bharath Abhiyan, etc.

Central Diagnostic Laboratory

Vision: Our Central Laboratory was created to increase the spectrum, coverage and overall efficiency of laboratory testing in the region.

Mission: To offer high quality, efficient and accurate testing with fast and reliable turnaround times.

The central Diagnostic Laboratory of Aarupadai Veedu Medical College and Hospital is situated in the hospital block, headed by Dr.Manju.M, Professor, Dept. of Biochemistry. The fully air conditioned and computerized laboratory is located in an area of about 2350 sq. feet and performs around 3000 diagnostic tests per day in areas of Biochemistry, Clinical Pathology, Haematology and Microbiology, completely free of cost. The lab services are available 24x7.

It has a spacious blood collection area and separate processing areas for Biochemistry, Pathology and Microbiology. The laboratory is equipped fully with automated analyzers like Horiba, Mindray, Chemwell etc. Qualified consultants from all the three departments take part in the diagnostics



and are aided by qualified and experienced technicians on a regular basis.

We maintain turnaround time of around 4 hours for regular samples and 1 hour or less in instances of emergency.

Reporting of the samples is done only after two levels of internal quality controls pass the quality checks. Reports are stored in database and issued in typed format.

All NABH recommended standards are followed and 8-10 quality indicators are maintained on a

Research: The Central Laboratory plays a major role in faculty research, Post graduate research and dissertations, STS projects and under graduate research.

We conduct practical training programs for Allied Health Sciences and Paramedical courses of our Institute and short term training programs for students from other institutions in branches of Bio technology, MLT and Biomedical Engineering.





News from university

Dr. G. Muthamilselvi, principal was participated in the two days workshop for HOI's on NAAC preparedness atyercaud on 12 and 13th August 2019

IQAC News

Internal Quality Assurance Cell of VMCON, Puducherry organized the Staff training on Student Induction Program on 26th August, 2019 - Dr. Ramanigopal, Professor, Dean of Management studies, Vinayaka Missions Kirupanandavariyar Engineering College, Salem



Student Induction Programme was started for first year students of Vinayaka Missions College of Nursing from 29/08/2019 to 05/09/2019



Department of Community Health Nursing along with IQAC organized the Value Added Programme -“BLS & ACLS“ on 23.08.2019 - 24.08.2019 for final year B.Sc (N) students.

Sports and extra activities

SNA Unit of VMCON organized **Farewell Day celebration** for outgoing students (M.Sc (N), B.Sc (N), P.B.B.S.C(N)and DGNM on 19.07.2019 at VMCON.



Vinayaka Missions College of Nursing, Puducherry celebrated the **Graduation Ceremony on 25.07.2019** in the presence of Dr. Suresh Samuel, Member - Board of management, Vinayaka Missions Research Foundation and the Chief Guest Dr.Rebecca Samson, Dean, College of Nursing, Pondicherry Institute of Medical Sciences, Puducherry for the graduates (B.sc(N) 2014 - 2018 & M.sc (N) 2016- 2018).



The **Gender Sensitization programme** on “Sexual Harassment at Work place” was organized by Internal Complaine Committee on 27.09.2019 and the speaker was Dr. VidyaRamkumar Chairperson and her team of District Local Level Complaints Committee, Sexual harassment at work place for women, Government of Puducherry.



Vinayaka Missions College of Nursing, Puducherry has celebrated sports day from 23.09.2019 to 25.09.2019.

Student news-Achievements &etc (5/8/2019)

Nursing students participated in elocution competition held on the theme of breast feeding week -2019, “Empower parents, Enable breastfeeding” at Sri Manakula Vinayagar Medical College.



VMCON, Puducherry has inaugurated the nursing programme for the academic year (19-20) with pooja.

Out reach & extension Activities :

Department of Child Health Nursing organized a rally on 31/07/2019 from Bharathidasan Thedal to Gandhi statue, Puducherry to create awareness on the importance of ORS during diarrhoeal episode, 53 nursing students and 4 faculties participated in the programme.



World Brest Feeding Week -2019 was celebrated from 01.08.2019 to 08.08.2019 with various programmes for the students, mother and public.



Vinayaka Missions College of nursing III YEAR B.Sc students have participated in international **suicidal prevention day rally** organized by IGGH & IGMC & RI, Puducherry on 10.09.2019.

Alumni news

Sixth alumni meet of Vinayaka Mission Nursing Alumni Association, Puducherry was held on 25.07.2019 at Annapoorni hall, AVMC campus. Mrs.Lazar AnjalinHemalatha M.SC (N), Deputy Nursing Superintendent cum Assistant Professor, Pondicherry Institute of Medical Science, Puducherry was the chief guest.



Vinayaka Missions College of Nursing, Puducherry in the unit of Youth Red Cross society, Puducherry participated in **Ayush Mega Medical Mela camp** on 04.09.2019 at Gandhi Statue, Puducherry by B.Sc (N) II year students.



Mr. Pradhap, Organ Transplant Coordinator, MGMC&RI, Puducherry an alumni of 2013-2017 batch of VMCON was awarded as “Alumni Doer- 2019” for his outstanding accomplishment in the Transplant coordination.



On behalf of Vinayaka Missions Nursing Alumni Association we have celebrated World Organ Donation Day on 13.08.2019. VMCON honored our chief guest Mr.Ruban Victor, Transplant Co-Ordinator, Global Hospital, Chennai.



Guest Lecture on ‘Functional Psychotic Disorder’ was organized by Vinayaka Mission Nursing of Nursing on 28.09.2019.Mrs. Suvitha, Assistant Professor, MTPGHS&RI, Puducherry

(Alumni of 2012-2014 batch) discussed about the “Functional Psychotic Disorder”.



Alumni recognition

- Mr. Hathirathan ACLS, BCLS Instructor & Occupational Health Nurse gave a Lecture on Value added education. On 03/09/2019
- Mr. AntoManuel was recognized as the chief guest for student induction programme

Department spotlight:

Department of child health nursing, vmcon celebrated the world breast feeding week 2019



from 01.08.2019 to 08.08.2019. Activities like rally, role play, breast feeding awareness for mothers and adolescent, quiz for the students, diet for lactating mothers were carried out.

Department of mental health nursing in collaboration with IQAC and Centre for Yogic sciences AVMC &H organized state level Seminar “Mental well- being through yoga among nursing professionals” on 10.7.2019.

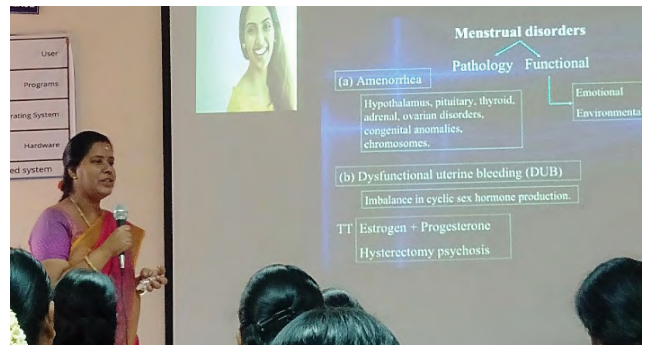


The faculty development programme was organized by department of Obstetrics and Gynaecological Nursing and Centre for Yogic Sciences in collaboration with Internal Quality Assurance Cell (IQAC) on Yoga for Women’s Health and Wellbeing - 18.09.2019 at 10 am to 3.30pm.

The guest speakers are **Dr. Madanmohan Trakrou**, Director, Centre for Yogic Sciences AVMC & H, Puducherry and **Dr. Deepa**, MD, Professor, Dept. of OBG, AVMC &H. **Dr. Balaji**, Assistant Professor, Centre for Yogic Sciences AVMC & H, Puducherry and **Atchoudane**, Yoga therapist, Centre for Yogic Sciences AVMC & H were participated in the programme.



The department of Obstetrics and Gynecological Nursing organized Faculty development programme on 07.08.2019 and the guest speaker was Mr. Arun Kumar. V, Computer Programmer, Aarupadai Veedu Medical College & Hospital, Puducherry.





Promotions :

Dr.V.Sasi, Professor has been promoted as Vice Principal.

Mrs.B.Sudha, has been promoted as Professor cum Head of The Department.

Mrs.A. Samundeeswari, Has been promoted as Professor-with effect from April 2019

Mrs. A. Rajarajeswari, has been promoted as Associate professor

Dr. R. Malathy has been promoted as Associate professor

Mrs. Sarojini. S has been promoted as Associate professor

Mrs. Gomathy. R has been promoted as Associate professor

Mrs.Sangeetha. K has been promoted as Associate professor

Mrs. Ayee. A has been promoted as Associate professor

Career guidance program

Carrier guidance program was carried out by Mrs. Amutha Kannan, Director, HR special from Chennai, briefed the selection & recruitment process for UAE & South East Asian countries for the alumni.



Placement cell of VMCON organized a campus interview conducted by Dr. Malathimanipal group of hospitals Bangalore on 30/8/19 in VMCON CAMPUS

On the occasion of first day Principal of VMCON Dr. G. Muthamilselvi welcomed the gatherings and invited Mrs. Anuradha and team from Manipal Groups of Hospital. & Nearly 50 students participated in the interview.

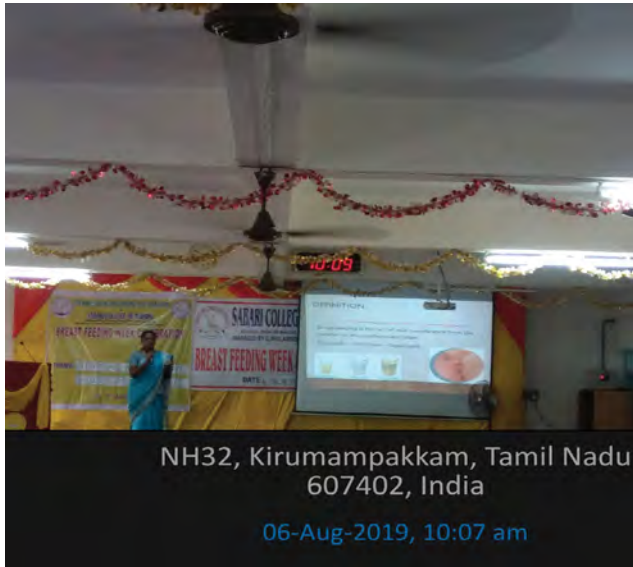


Faculty Achievements :

Dr.V.Sasi, Mrs.B.Sudha & Mrs.A.Samundeeswari, Participated in International Conference on Breastfeeding on the theme "Birth to Breastfeeding –Transforming challenges into sustainable solutions " on 14th July, 2019, at Chennai organised by Nectar Integrated Health Services Pvt.Ltd.

Dr.V.Sasi, has successfully completed the NABH assessor course by Quality council of India, Delhi.

Mrs.A.Samundeeswari,was the resource person in the seminar on 06/08/2019 the theme of breast feeding week -2019, “Empower parents, Enable breastfeeding” at Sabari College Of Nursing,Puducherry .



Dr. G. Muthamilselvi, Principal was invited as a inspector for OPR college of nursing, cuddalore on 23.07.2019



Dr. G. Muthamilselvi, Principal was delivered a chief guest and key note address at Sabari college of nursing, Puducherry on 27.09.2019



Green campus initiatives

Herbal garden was formed IN VMCON



SCHOOL OF ALLIED HEALTH SCIENCES

Academic

Our Academic Coordinator Dr.Suganthi, attended the two day IQAC workshop conducted by Vinayaka Mission's University, Salem on 28.06.2019 and 29.06.2019.



Time to relax

The department of Mental Health Nursing and IQAC in collaboration with Centre for Yogic Sciences, AVMC& Hospitals organized one day seminar on “Mental well-being through yoga among nursing professionals” on 10.07.2019 in Annapoorani Hall in our campus. 20 students participated in this seminar guided by Dr.Savitha.



The day started off with the introduction of their team followed by welcome address by our Vice-Principal Dr.Sethumadhavan. The interview was conducted in two rounds assessment of the practical skills as well as one to one assessment. 40 students took part in this campus interview. At the end 22 students were selected by the expert team .The various arrangements were carried out by our Academic coordinator Dr.Suganthi and Mrs.Anitha, Assistant Professor in Biochemistry, School of Allied Health Sciences.

Campus Interview

Under the leadership of our Dean Dr.Senthil and VIMS Hospital Director Dr.Meenakshi Sundaram,I2H Solutions the India's largest Home healthcare service provider conducted campus interview for the MLT Students in the FAHS CAMPUS at the auditorium on 04.07.2019.



Welcome Freshers

The inauguration of fresh batch was held in a grand manner at AVMC Auditorium on 16th September 2019. The event started off with the prayer song followed by lighting of kuthuvilakku and pooja. Dr.K.Meenakshi Sundaram, Head FAHS and Medical Director, VIMS Hospital, Salem delivered the welcome address and welcomed the gathering. Felicitation was delivered by Dr.A.Mahalakshmi, Academic Dean, AVMC and Dr.Jeyasingh, Medical Superintendent, AVMC.

Dr. Ramachandra Reddy, Dean, AVMC was the Chief Guest of the inaugural function.



Other Events

Dr.Mugilan and Dr.Kalaivani along with 25 students of SAHS participated in rally in the guidance of Mrs.Anitha, Dr.Kalaivani, Mr.Vengadesan and Ms.Renuka

Around 78 students of B.Sc. and Diploma MLT participated in conference MLTCON -2019, "An Update on Laboratory Medicine" held on October 10th at Sri Venkateswaraa College of Para medical Sciences, Ariyur, Puducherry. The students were guided by Ms.Anitha and Mr.Vinubalan, Assistant Professors.

The second National Conference on Cardiopulmonary Rehabilitation organized by Cardiac Wellness Institute in collaboration with The Tamilnadu Dr.MGR Medical University and Cardiological Society of India, Chennai chapter was held at Hotel Green Park in Chennai on 13th and 14th of July 2019. The conference was attended by students of B.Sc. Cardiac Technology.

FDP Program

September 14th- " Training the teachers on students induction " held at FAHS, Salem was attended by Mr. B. Vengadesan, Mr.Vinubalan, Ms.Vennila, Assistant Professors, Ms.Sowmiya, Lecturer and Dr.R.S.Hermes, Associate Professor.

October 3rd and 4th - "Pedagogy - Empowerment for teachers "held at MEU AVMC, was attended by Ms.Vennila, Assistant Professors, Ms.Sowmiya, Lecturer

October 5th and 6th- "Outcome based Education in Health Professions "held at AVMC, MEU was attended by Dr.Kanimozhli, Mr.B.Vengadesan, Assistant Professors, Mr.Abhijit Murali, Ms.Jomitta George, Lecturers and Dr.R.S.Hermes, Associate Professor. Dr.Gnanasoundar Academic Coordinator (Optometry), Mrs.Venilla, Mrs. Iyyamaa and Mrs.Sathyaprabha, Lectures from Optometry participated in this program.

Paper Publication

"Association of Matrix metalloproteinases with Essential Hypertension-A Case Control Study, Dr.R.S.Hermes, Dr.Santhi Silambanan, Dr.B.Sendilkumar, Associate Professor, Department of Biochemistry, FAHS, Aarupadai Veedu Medical College & Hospitals, Puducherry. JMSCR, Volume 07 Issue 10 October 2019, Pg 35-40.

Workshops Attended by Staff

"PCR Techniques and its application in molecular genetics" - attended by Mr.B.Vengadesan, Assistant Professor, Department of Anatomy, SAHS .

"Plagiarism check and use of bibliographic software -A comprehensive hands on training"- attended by Mr.B.Vengadesan, Assistant Professor, Department of Anatomy, SAHS .

Student's Corner

Many of our prefinal year students had participated in many academic activities with a lot of zeal and won prizes too

Ajai. P prefinal year student (2016 batch) participated and won 2nd place in poster presentation : Original Research at SIMSCON-July 2019 (Manakula Vinayakar medical college)



M. Bahuleya kameshwari Uvashri Ajai Participated and won 3rd prize in Fm poster presentation at MGMC, pondicherry



Dr.Vishnupriya currently doing internship has participated and won 1st in POSTER PRESENTATION at Mendzantica 2019 SLIMS



She presented about Mobile phone usage and willingness to receive health Care tips among patients attending NCD clinic in a tertiary care institution , Pondicherry

Our AVMCH students participated in the World Population Day Rally conducted by Dept. of Family welfare, Government of Puducherry on 11th July 2019. Our students created awareness about population explosion among public with students folk band, Cultural dance, face painting, Family planning models were also displayed and were well appreciated.



Achievements and Awards

We are happy to inform that our central animal house facility license has been renewed under license no 99/PO/Re/S/06/CPCSEA for the period of five years (05/07/2019 to 04/07/2024)

Vision: The proper use of animals in research is an essential contribution to the improvement of medical research and animal lives.

Mission: To perform the research, train the new generation regarding animal studies and to facilitate animals for use in research by strictly following the guidelines of Committee for the Purpose of Control and Supervision of Experiments on Animals (CPCSEA), Government of India.

Salient Features:

1. Well designed and established animal house approved by CPCSEA for the purpose of education and research 99/PO/Re/S/06/CPCSEA

2. We have an Institutional Animal Ethics Committee (IAEC) for the approval of research and project proposals which involves the use of the animal.

3. All activities of the Animal House Facility are carried out as per standard operating procedures (SOPs).

4. The animal house supports various research programs related to medical field and its allied subjects.



NABH

It is our extreme pride and pleasure to share the news that Aarupadai Veedu Medical College Hospital has got the NABH accreditation (ENTRY LEVEL) which is valid for 2 years (from Aug 26th 2019 to Aug 25th 2021)





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FAHS



...From the Editor's Desk

Dear Readers,

We are back with another issue. In this quarter we ushered the new batch of MBBS, Nursing, Paramedical and Post graduate students, celebrated the Institute graduation day, Institute Annual Day and Independence day with great enthusiasm. All the programmes were meticulously planned and organised. The issue will give a lot of interesting Campus news. I hope you will enjoy going through this issue and will also send us your valuable opinions and suggestions to improve it further. Newsletter team wishes to thank all the contributors for this issue and we specially thank Mr George Fernandez, Publication Division for designing .



Best Regards,

Dr. Sasmita Mishra,
HOD, Department of Biochemistry

REFLEXES AVAIRA 2019

The college annual Day was held on 25.09.2019 (Wednesday) at college Auditorium, Aarupadai Veedu Medical College Campus, Pondicherry. Ms. S. Marcella Sherin Student Advisor (Reflexes Avaira 2019) welcomed the dignitaries, Faculty members and students. Dr. A.S. Ganesan Chancellor, VMRF - DU had given the Chancellor Address. Dr. Anuradha Ganesan, Director, VMRF - DU Released of Magazine (Pegasus 2019) and Addressed to Students.

Distribution of Prizes to the winners of different cultural, sports and fine arts events was given by the Dr. A.S. Ganesan, Chancellor, VMRF -

DU. Dr. Anuradha Ganesan, Director, VMRF - DU. Mr. J. Suresh Samuel, Member, Board of Management, VMRF - DU. Dr. D. Ramachandra Reddy, Dean, AVMCH

Ms Nagurama and Mr Selvaganapathy compeered the program. Over 1000 member from AVMC, School of Allied Health Sciences, Nursing College, invited Guest and Staff attended the program. The program came to an end with vote of thanks proposed by Mr. B. Seran Student Secretary (Reflexes Avaira 2019) and rendering of the National Anthem.



