
PANDEMIC PRAXIS AND NEW NORMAL

Value Added Program

Department of higher education, Tamilnadu and Puducherry has put on several meeting with all the HOIs of many of the educational institutions to reopen the colleges by adopting the new normal precautions and moreover UGC has planned to conduct university exams with actual schedule. MCI has put-forth a pandemic management module to be operated during this new normal situations. WHO has given strict guidelines regarding environmental health and sanitation

In this context, a value added program entitled “Pandemic Praxis and new normal” was organised on 23rd November 2020 for all the batches of MBBS students and faculty of VMRF through Cisco Webex platform.

A core team under the stewardship of Dr. V N Mahalakshmi, Dean-Health Professions Education got together to translate this vision into practice for students.

The aim of the program was to enable the students to adjust to the ‘New Normal behaviours’ of campus life once the institutions reopen.

The Master of Ceremony of the event were Dr Gopinath M, Associate Professor, Department of Physiology and Dr Jothi Marie Feula A, Assistant Professor, Department of Physiology. The program started with a welcome address and briefing of the event by Dr Gopinath M. This was followed by eloquent lectures by the faculty members of AVMC.



The scientific session started with a key note address followed by a session on “**Exploring the theme COVID-19, disease magnitude and impact on society and education**”

by **Dr. P.F.Kotur**, Dean - AVMC. It was an elaborate session illustrating various measures adopted by the institute in prevention and management of COVID-19 and also elaborated the impact on COVID 19 on education perspective.

The next lecture on Defining: **Outbreak/Epidemic/Pandemic** was by **Dr. Vignesh**, Assistant Professor, Department of Community medicine. He gave a clear timeline of COVID-19 since outbreak to pandemic.



Dr. Sudha, Assistant Professor of Community medicine gave an exploring lecture on the **history of epidemic & pandemics**. The talk was really an exploring one briefing various pandemics in the human history.

Dr. Hareesh, Assistant Professor of community medicine, emphasised on emerging and re-emerging infections. He also emphasised on financial burden and economic impact of this pandemic.

The next session was on **Standard precautions for infection control** by **Dr. Mahendiran**, tutor, Microbiology and Member secretary of HICC. He shared his expertise views on all the preventive measures to be followed by the students to ease through this new normal pandemic era.

Dr. Anusheela, Assistant Professor of Microbiology, spoke on **Airborne/contact** precautions. She shared her expertise views on transmission based precautions, period of infectivity and patient handling.

This was followed by the session on **Early identification and control of COVID-19** by **Dr Shankar**, Professor of General medicine. He gave a clear view on clinical presentation and patient management. And he emphasised on following 'Forgotten normal' rather than 'New normal'.

Dr.Nishanthini, Assistant Professor, Department of Community Medicine & Nodal Officer -COVID-19 spoke on '**Outbreak management, quarantine, isolation and contact tracing**'. She gave her insights on the need of quarantine and isolation and she had also shared her experience on how contact tracing helps in breaking the chain of transmission.

Dr Anand Babu, Assistant Professor, EVS, spoke on '**Environmental health and sanitation**'. He gave a detailed and informative outlook on the measures to be followed by all frontline workers to overcome the existing challenge.

Dr Deepa, Professor of OG & Deputy Medical superintendent, gave a very insightful lecture on '**Safe behaviours in new normal - What is expected from students**'. She elaborately listed out all the Dos and Don'ts to be strictly adhered by the students to safeguard themselves and the community.

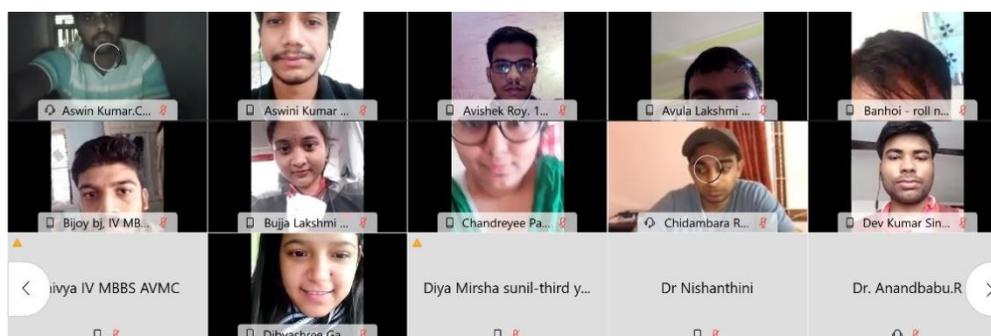
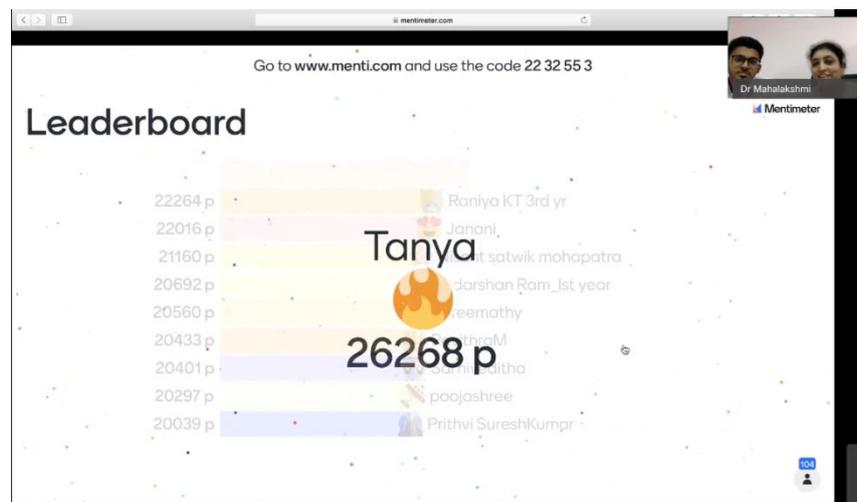


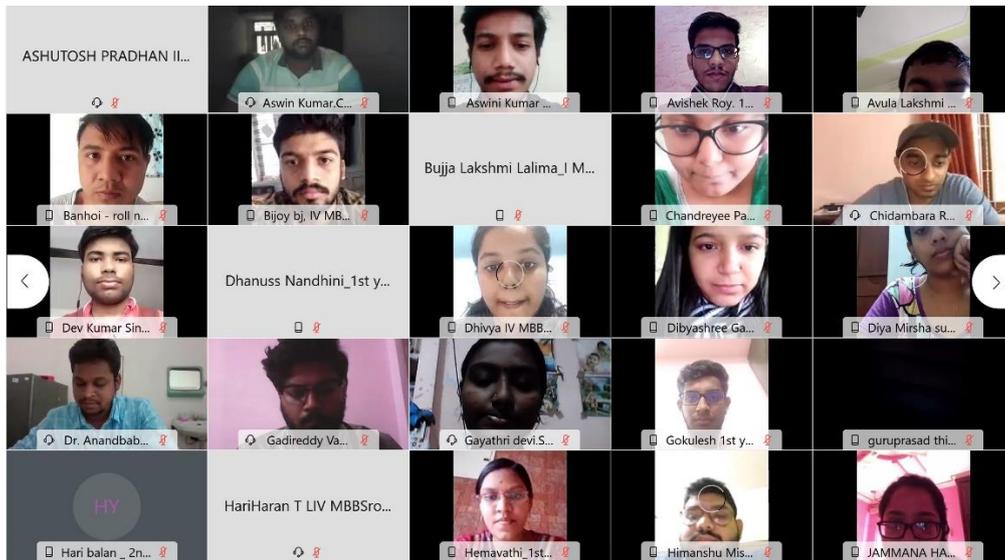
Dr Mahalakshmi, Dean HPE, addressed the student on **Standard operating procedures for reopening**. She emphasised on the various norms to be strictly followed by the students

inside the campus. It was an informative session enlightening students on their roles and responsibilities.

This was followed by a Question & Answer session. Students got their queries clarified by **Dr. Mahalakshmi**, Dean HPE and other speakers of the session.

And the scientific sessions ended with a wonderful end note with online **Quiz** conducted by **Dr. Mahalakshmi**, Dean, HPE and **Dr. Navin Kumar**, JR/Tutor, Biochemistry through Mentimeter.com. The students joined the program in good number and their active participation was appreciated. The Quiz session was most enjoyable and students were extremely enthusiastic in answering. The students were assured and awarded with the prize money. The winners were awarded with gift vouchers (I place – Rs. 1500, II place – Rs. 1000 and III place - Rs. 500).





Finally, **Dr. Arunachalam**, HOD - Community Medicine and Vice Principal, Student affairs expressed the gratitude and appreciation for the resource faculty and participants and the value added program ended with a successful note.