

## **SOUL FREE INSPIRE CENTER IS AN INTEGRATED SPINAL REHABILITATION CENTRE**



“Soul free” is a charitable organization born out of a dream to provide holistic treatment program for persons with spinal cord injury.

This charitable Centre focuses on providing holistic therapy to quadriplegics and paraplegics especially women, children and people living below the poverty line.

Its founder, Mrs. Preethi Srinivasan, herself a quadriplegic after personally experiencing, and also hearing about the stories of many paraplegic and quadriplegic was moved to start Soul free centre with the aim of setting soul free, at Thiruvannamalai.

Aarupadai Veedu medical college Madam Chairman inspired by the work of Mrs. Preethi Srinivasan, has decide to extend a helping hand by providing medical services to the Centre, on the request of Mrs. Preethi Srinivasan.

Medical Superintendent Prof.Jayasingh has constituted a team of medical experts from Orthopedics, Urology, Surgery, Medicine, Physiotherapy, Psychiatry, and Clinical Psychology to provide a holistic therapy for the paraplegic and quadriplegic patients.

Orthopedic surgeon detects the spinal structural stability and the neurological status of patients.

The postural contractures in limbs managed by the Physiotherapist passively correcting and maintain with orthotic splints.

Urologist examines the patient for bladder dysfunction with uroynamometer and ultra sound imaging, and gives bladder training.

Clinical psychologists counsel each patient and their near and dear to relieve the mental stress.

Psychiatrist examine each patient and prescribe medicine, if required.

Dental surgeon examines and take care of the oral hygiene of patients.

A team of consultants from medicine, surgery, orthopaedics and urology do master health check up for patient once during the stay of the patients in the centre.

Junior residents from surgery, ortho and medicine departments are posted to take care of day to day management of patients.

Nursing supervisor, housekeeping manager and administrators deputed from AVMC to assist in managing the centre.

Post graduates are posted to the centre for one month and get trained for management of quadriplegic / paraplegic patients, through weekly clinical discussions done by consultants of Orthopaedics, General medicine, General surgery.