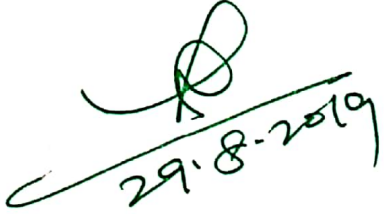


Sports Activities Program Schedule for Students and Staff

Aarupadai Veedu Medical College & Hospital, Pondicherry

Weekdays	3.00 to 4.00 P.M	4.00 to 6.00 P.M	6.00 to 8.00 P.M
Monday	FAHS Sports Activities	M.B.B.S/ Nursing Sports Activities	CRRI/PG'S/Faculties/ Campus Residents
Tuesday		M.B.B.S/Nursing Yoga Activities	CRRI/PG'S/Faculties/ Campus Residents
Wednesday	M.B.B.S Sports Activities	M.B.B.S Aerobic Exercises	CRRI/PG'S/Faculties/ Campus Residents
Thursday	Audiology Sports Activities	M.B.B.S Zumba Activities	CRRI/PG'S/Faculties/ Campus Residents
Friday	Physiotherapy Sports Activities	M.B.B.S/Nursing Sports Activities	CRRI/PG'S/Faculties/ Campus Residents

Forwarded to the
DEAN
G.M.
G. JAGANATHAN
Physical Director


29.8.2019
Dr. D. Ramachandra Reddy, M.D.(DVL),
Dean
Aarupadai Veedu Medical College & Hospital
Puducherry - 607 403