



I MBBS course - Foundation Course timetable August 2019 time 9-5 pm with 1 hr break from 1 pm - 2 pm										
Date	Day	S No	Session 1	Session 2	Session 3	1PM-2PM	Session 4	Session 5		
01-08-2019	Thursday	1	9 am - 11 am Reception & welcome to AVMCH- Course commencement ceremony (2 hrs)	11 - 12 Noon An Overview of MBBS Course & What parents can do to help ( 1 hr)	12 - 1 NOON Students' Support & wellbeing @ AVMC & H including Anti – Ragging Measures ( 1 hr)	L U N C H	2 - 5 PM Admission / Hostel formalities & Settle in hostels			
			Dr Ramachandra Reddy, Dean	Dr Mahalakshmi Dean HPE	Dr Rajan Vice Principal + Mr Kumar student welfare officer		Admission team / Hostel Wardens			
02-08-2019	Friday	2	9 AM - 10 AM History of Medicine (1 hr)	10 AM - 11.30 AM Phase I of MBBS-an Overview (1.5 hrs)	11.30 AM - 1.00 PM Why did you choose to become doctor? - An interactive session (1.5 hr)	L U N C H	2 - 4 PM Visit to 1 year departments (intro to Faculty, students self intro, spaces, learning resources and book exhibitions)			4 - 5 PM Sports
				The dead teach the living – Anatomy			A	B	C	
			Body is a system - Physiology	Anatomy	Physiology					Biochemistry
03-08-2019	Saturday	3	9 AM - 11 AM Ice breaking - Pair / Share Get introduced to your classmates ( 2 hrs)	11 AM - 1 PM Phase II of MBBS-an Overview (2 hrs)		L U N C H	2 - 4 PM Visit to 1 year departments (intro to Faculty, students self intro, spaces, learning resources and book exhibitions)			4 - 5 PM Aerobics practice
				What went wrong – Pathology			B	C	A	
				The elixir of life - Blood Bank						
				The 'Bugs' are here; there; everywhere – Microbiology						
			The magic bullets- Pharmacology		Physical Director + Instructor					
1 year faculty		Dead tell tales - Forensic Medicine								
05-08-2019	Monday	4	9 AM - 10 AM Salutogenesis & well being of medical students (1 hr)	10 AM - 11 AM Health care system in the world symposium (1 hr)	11.00AM - 1.00 PM Phase III of MBBS-an Overview (2 hrs)	L U N C H	C	A	B	4 - 5 PM Zumba practice
					The doctor in the social context					
					– Community Medicine					
			Window to the World- Ophthalmology	Physical Director + Instructor						
Looking thru a tunnel - ENT		It's a mind game - Psychiatry								
06-08-2019	Tuesday	5	9 AM - 10 AM Participation in Sports and Co- extra activities; Campus life @AVMCH (1 hr)	10 AM - 11.30 AM Phase IV of MBBS-an Overview (1.5 hrs)	Comp skills 11.30 PM - 1.00 PM Visit to Library & eLibrary skills including referencing and effective use of textbooks (1.5 hr)	L U N C	2 - 4 PM Admission formalities (2 hrs) - White coat/ books/ ID cards photo/ Fill up Anti ragging online forms			4 - 5 PM Sports
				Life begins here - Obstetrics & Gynaecology						
			Everything is covered here - Medicine							

				Huddy Buddy – <b>Orthopaedics</b>		H				
				The joy of life - Paediatrics						
				Mr Kumar student welfare officer	we cut to cure _ surgery	Librarian & team		Mr Kumar student welfare officer	Physical Director	
07-08-2019	Wednesday	6	9 AM - 10.30 AM Yoga for holistic lifestyle (1.5 hr)	Comp skills 10.30 AM - 1 PM Campus walk, Mapping and Geotagging ( 2.5hrs)		L U N C H	2 PM - 4 PM Visit to College departments ( in 4 groups; include research lab and animal house)		4 - 5 PM Yoga practice	
			Team Yoga Center	Foundation team/ I year faculty			Dr Ravi, Scientist + Foundation team/ I year faculty		Dr Balaji & Team	
08-08-2019	Thursday	7	9 AM - 1 PM Team work in medical practice & Team Building activities			L U N C H	2-4 PM Stress & Time management skill for medical students - Exercises /Group activity		4 - 5 PM Sports	
			External Consultant group				External Consultant group		Physical Director	
09-08-2019	Friday	8	9 AM - 10 AM Hospital as a system (1 hr)	10 AM - 12 PM Humanistic Medicine (2 hrs)	Comp skills 12 PM - 1 PM Use of computers in students' projects (1 hr)	L U N C H	First Aid & BLS (Skills lab)	VARK/ Educational Counselling	lang program	4 - 5 PM Aerobics practice
			Dr Jaya singh medical superintendent	Dr Mahalakshmi Dean HPE	Foundation team/ I year faculty		A	B	C	Physical Director + Instructor
10-08-2019	Saturday	9	9 AM - 10 AM BLS-Saves lives (1 hr)	10 AM -1 PM Learning local language/ language skill for medical students + practice sessions (3 hrs)		L U N C H	B	C	A	4 - 5 PM Zumba practice
			Dr Vijayalakshmi Skill lab Coordinator	Team Tamil Mandram						Physical Director + Instructor
12-08-2019	Monday	10	9 AM - 10 AM Mentoring for Professional development (1 hr)	10 AM - 1 PM Humanism in medicine-Patch Adams movie (3 hrs)		L U N C H	C	A	B	4 - 5 PM Sports
			Dr Shrikanthan HOD Forens medicine	Team MEU						Physical Director
13-08-2019	Tuesday	11	9 AM - 10 AM National health priorities and policies (1 hr)	10 AM - 1 PM Introduction to communication skills & Group activity (3 hrs)		L U N C H	2 PM -3 PM Immunization requirements of Health care Professionals		3PM -4PM Importance of "Documentation " in Patient care	4 - 5 PM Yoga practice
			Team CM	Dr Parthiban & Team Psychiatry			Microbiology Dept		MRD	Dr Balaji & Team
14-08-2019	Wednesday	12	9 AM - 1 PM Community Visit - What does it mean to be a patient? Social needs (4 hrs)			L U N C	2 PM - 5 PM Tamil language - activity based learning			
			Team CM				SWO and club secretaries			
17-08-2019	Saturday	13	9 AM - 11 AM Disability Competencies	Comp skills - use of blogs and narratives 11 AM - 1 PM What does the society expect from the medical profession? - Students write a blog to share personal views, reflections on Community visit ( 2 hrs)		L U N C H	2 PM - 4 PM Mento - mentee Intro meeting			4 - 5 PM Sports
			Dr Sasmita & Team MEU	Team CM & MEU			All I year faculty			Physical Director

2 PM -3 PM Immunization requirements of Health care Professionals	3PM - 4PM Importance of "Documentation " in Patient care
Microbiology Dept	MRD

19-08-2019	Monday	14	<b>9 AM - 10 AM</b> Learn about the IMG - CBME core concepts-What the student should know (1 hr)	<b>Comp skills 10 AM - 1 PM</b> Introduction to EBM - Medical Literature search/ Hands on practice sessions (3 hrs)		L U N C H	<b>Comp skills 2 PM - 4 PM</b> Use of Data collection tools (epidata)	<b>4 - 5 PM</b> Aerobics practice
			<b>Dr Mahalakshmi</b> Dean HPE	Dr Prasad, Associate Prof, CM & Team CM			Foundation team/ I year faculty	Physical Director + Instructor
20-08-2019	Tuesday	15	<b>9 AM - 10 AM</b> Personal Grooming for Health Care responsibilities (1 hr)	<b>10 AM - 1 PM</b> Hospital visit - What does it mean to be a patient? Structured Interaction with patients to learn Patient needs (3 hrs)		L U N C H	<b>Comp skills 2 PM - 4 PM</b> Data Processing using excel	<b>4 - 5 PM</b> Zumba practice
			<b>Dr Rajan</b> Vice Principal	All clinical departments			Foundation team/ I year faculty	Physical Director + Instructor
21-08-2019	Wednesday	16	<b>9 AM -10 AM</b> Medical students as part of HC team (Team work) (1 hr)	<b>10 AM- 1 PM</b> Hospital visit - What does it mean to be a HC professional? (Shadow the nurse) (3 hrs)		L U N C H	<b>2 PM - 4 PM</b> What Does it mean to be a Doctor – Social Responsibility 'Living in emergency-stories of doctors without borders '	<b>4 - 5 PM</b> Sports
			Team Psychiatry	Team NABH			Team MEU	Physical Director
22-08-2019	Thursday	17	<b>9 AM - 11 AM</b> Bio safety & Infection control + Hand hygiene - dance (2 hrs)	<b>11 AM - 1 PM</b> What does it mean to be a doctor? - Sharing Stories Facilitated panel discussion (2 hrs)		L U N C H	<b>2 PM - 4 PM</b> students to share their reflections on both movies	<b>4 - 5 PM</b> Yoga practice
			<b>Dr Kavitha &amp; HICC team</b>	GM+GS+OG+Paed			Team MEU	Dr Balaji & Team
23-08-2019	Friday	18	<b>9 AM -10.30 AM</b> Learning skills for medical students & eLearning tools available (1.5 hrs)	<b>10.30 AM - 1 PM</b> Introduction to Professionalism & Group Activities (2.5 hrs)		L U N C H	<b>Comp skills 2 PM - 4 PM</b> Data Processing using excel	<b>4 - 5 PM</b> Sports
			Dr. Arun Daniel Assoc Prof, CM	<b>Dr Mahalakshmi</b> Dean HPE			Foundation team/ I year faculty	Physical Director
24-08-2019	Saturday	19	<b>9 AM -11 AM</b> Road Safety & Substance abuse (2 hrs)	<b>11 AM - 1 PM</b> fundamentals of the doctor- patient relationship (2 hrs)		L U N C H	<b>2 PM - 4 PM</b> Bio safety - Hands on exercises	<b>4 - 5 PM</b> Aerobics practice
			Police Officer	Team MEU			HICC team	Physical Director + Instructor
26-08-2019	Monday	20	<b>Comp skills 9 AM -10 AM</b> Responsible use of social media (1 hrs)	<b>10 AM - 1 PM</b> The cadaver as our first teacher & Cadaver Oath (3 hrs)		L U N C H	<b>Comp skills 2 PM - 4 PM</b> Presentation of Data using ppt	<b>4 - 5 PM</b> Zumba practice
			<b>Dr Gopinath</b> Physiology	Team Anatomy			Foundation team/ I year faculty	Physical Director + Instructor
27-08-2019	Tuesday	21	<b>9 AM - 10 AM</b> Innovative TL Methods for CBME (1 hr)	<b>10 AM - 11 AM</b> Career advancement in medicine - Symposium Panel (1 hr)	<b>11 AM - 1 PM</b> Plan your life one day at a time- Time management into practice (2 hrs)	L U N C H	<b>2 PM - 4 PM</b> Research skills for medical students	<b>4 - 5 PM</b> Sports
			Team MEU	Panel by Student welfare team	Dr Gopinath Physiology		Team IRC	Physical Director
28-08-2019	Wednesday	22	<b>9 AM - 10 AM</b> Academic Policies and etools for students (1 hr)	<b>10 AM - 1 PM</b> HC systems in the world - Sicko movie (3 hrs)		L U N C	<b>2 PM - 4 PM</b> Tamil language program	<b>4 - 5 PM</b> Yoga practice

			Dr Rajan Vice Principal year 1	Team CM	L U C H	Team Tamil Mandram	Dr Balaji & Team	
29-08-2019	Thursday	23	9 AM - 1 PM Community Visit (4 hrs)		L U C H	2 PM - 5 PM Clubs L&D activity		
			Team CM			SWO and club secretaries		
30-08-2019	Friday	24	9 AM - 10 AM (Gender sensitisation) - AVMCH; An Equal Opportunity Environment (1 hr)	10 AM - 12 PM Team building - Collaboration / Cooperation game (2 hrs)	L U N C H	2 PM - 4 PM Sharing Plans & ideas for Course of study by I year students	4 - 5 PM Sports	
			Dr Lakshmi Jatiya, Associate Prof, Physiology	Dr Uma, Associate Prof, Pathology & Team MEU			SWO	Foundation team/ I year faculty
31-08-2019	Saturday	25	9 AM - 10 AM White coat ceremony (1 hr)	10 AM - 1 PM Parents Teachers meeting (3 hrs)		L U N C H	2 PM - 4 PM Online Feedback to Feed forward - students to share their reflections on Foundation course	4 - 5 PM Aerobics practice
			MEU	Foundation team/ I year faculty			Foundation team/ I year faculty	Physical Director + Instructor
Hours calculated for Foundation Course								

Orientation	30 Hours	175 Hours
skills	35 Hours	
Prof development incl. ethics	40 Hours	
lang & comp skills	40 Hours	
sports and extra curricular	22 Hours	
field visit	8 Hours	