PageSpeed Insights

Copy Link Docs

# Report from Nov 17, 2026, 10:28:07 AM

https://www.theelderlywellness.com/

Analyze

Discover what your real users are experiencing

No Data

Mobile Desktop

| Performance | Accessibility | Best Practices | SEO | Agentic Browsing |
|---|---|---|---|---|
| 70 | 96 | 100 | 100 | 3/3 |




## Performance

Values are estimated and may vary. The performance score is calculated directly from these metrics. See calculator.

▲ 0–49 ■ 50–89 ● 90–100

PageSpeed Insights

Copy Link Docs




## METRICS

Expand view

| | |
|---|---|
| First Contentful Paint<br>1.0 s | Largest Contentful Paint<br>7.7 s |
| Total Blocking Time<br>220 ms | Cumulative Layout Shift<br>0 |
| Speed Index<br>3.8 s | |

Captured at Nov 17, 2026, 10:28 AM GMT+5:30

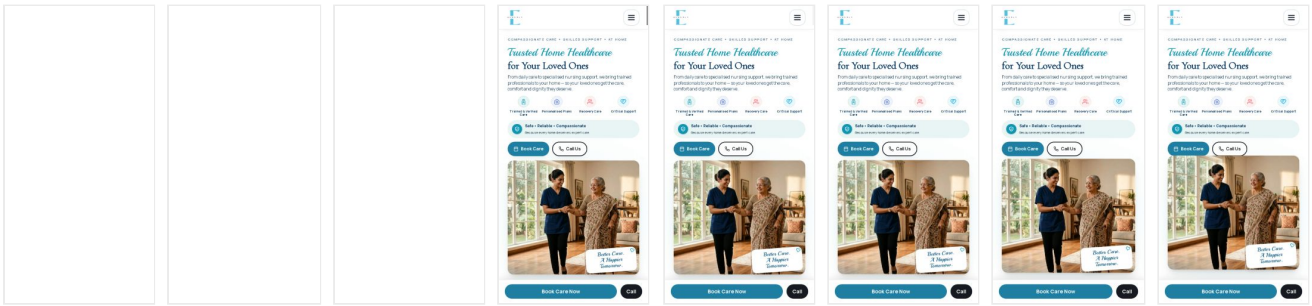
Initial page load

Emulated Moto G Power with Lighthouse 13.6.0

Slow 4G throttling

Single page session

Using HeadlessChromium 157.0.8103.38 with lr



Show audits relevant to: All FCP LCP TBT

## INSIGHTS

- Render-blocking requests — Est savings of 120 ms
- LCP request discovery

PageSpeed Insights Copy Link Docs

- Improve image delivery — Est savings of 1,792 KiB
- Legacy JavaScript — Est savings of 14 KiB
- Optimize DOM size
- LCP breakdown
- 3rd parties

These insights are also available in the Chrome DevTools Performance Panel - record a trace to view more detailed information.

## DIAGNOSTICS

- Reduce unused JavaScript — Est savings of 163 KiB
- Avoid enormous network payloads — Total size was 2,738 KiB
- Avoid long main-thread tasks — 4 long tasks found

More information about the performance of your application. These numbers don't directly affect the Performance score.

## PASSED AUDITS (15) Show




## Accessibility

These checks highlight opportunities to improve the accessibility of your web app. Automatic detection can only detect a subset of issues and does not guarantee the accessibility of your web app, so manual testing is also encouraged.

PageSpeed Insights Copy Link Docs

These are opportunities to improve the legibility of your content.

## BEST PRACTICES

- Identical links have the same purpose.

These items highlight common accessibility best practices.

## ADDITIONAL ITEMS TO MANUALLY CHECK (10) Show

These items address areas which an automated testing tool cannot cover. Learn more in our guide on conducting an accessibility review.

## PASSED AUDITS (25) Show

## NOT APPLICABLE (36) Show




**Best Practices**

## TRUST AND SAFETY

- Ensure CSP is effective against XSS attacks
- Use a strong HSTS policy

PageSpeed Insights Copy Link Docs

Mitigate DOM-based XSS with Trusted Types

BROWSER COMPATIBILITY

Baseline Features

PASSED AUDITS (13) Show

NOT APPLICABLE (2) Show

100

SEO

These checks ensure that your page is following basic search engine optimization advice. There are many additional factors Lighthouse does not score here that may affect your search ranking, including performance on Core Web Vitals. Learn more about Google Search Essentials.

ADDITIONAL ITEMS TO MANUALLY CHECK (1) Hide

Structured data is valid

Run these additional validators on your site to check additional SEO best practices.

PASSED AUDITS (10) Show

3/3

## Agentic Browsing

These checks ensure high-quality, browsable websites for AI agents and validate the correctness of WebMCP integrations. This category is still under development and subject to change.

PASSED AUDITS (3) Show

NOT APPLICABLE (4) Show



Terms and Privacy Policy

For details, see the Google Developers Site Policies.